



# The Missouri 24



**FOR YOUTH DEVELOPMENT®**  
**FOR HEALTHY LIVING**  
**FOR SOCIAL RESPONSIBILITY**

There is no other Missouri nonprofit like the YMCA. That's because in more than 70 communities across the state we have the presence and partnerships to not just promise, but deliver, lasting personal and social change. We know that when we work as one, we can move people and communities forward. That's why we are committed to providing support to our neighbors and opportunities for kids, adults and families to learn, grow and thrive.



# DISCOVER

# The Missouri 24

**YOUTH DEVELOPMENT**

**HEALTHY LIVING**

**SOCIAL RESPONSIBILITY**

## FACT SHEET

**At the YMCA, we support youth development, healthy living, and social responsibility.**

### 24 YMCA ASSOCIATIONS IN OVER 71 COMMUNITIES

Missouri YMCAs are in 71 diverse communities around the state, and serve over 319,000 Missourians, both children and adults.

### IMPACTING OUR COMMUNITIES, ONE PERSON AT A TIME

Part of the Y mission is to give back to our communities, and help everyone, regardless of income, be a member of the YMCA family. We do this through volunteers who give their time, talent and energy to support our mission, and through the scholarships we give to families who cannot afford a membership. We strive to fulfill our responsibility to our communities every day.

<b>YMCA volunteers grow every year</b> .....	<b>4,894,999 hours</b>
<b>YMCA financial assistance given to low-income families</b> .....	<b>\$9,354,863</b>
<b>Indirect assistance</b> .....	<b>\$3,727,811</b>

The Y provides a supportive environment for families of all backgrounds, ages, and abilities where people can meet their health and well-being goals through exercise and nutrition and chronic disease programs.

<b>YMCA members</b> .....	<b>442,385</b>
<b>Number of Program Participants Served</b> .....	<b>164,899</b>
<b>Members under age 18</b> .....	<b>214,874</b>

YMCAs are the single largest provider of early childhood and school age programs in the state and the nation. Missouri YMCAs teach more kids how to swim than any other institution. All YMCA programs promote lessons in safety, healthy living, and self-confidence. YMCAs provide children under age six with safe, dependable places to grow before and after school. Our early childhood and after school programs are crucial supports for working parents and ensure that our children are classroom ready.

<b>Youth enrolled in childcare/after school programs</b> .....	<b>25,967</b>
<b>Total Number of YMCA Staff / Full- and Part-Time</b> .....	<b>10,024</b>
<b>Total Number of Community-wide Events in 2013</b> .....	<b>885</b>
<b>Total Number of Community-wide Participants in 2013</b> .....	<b>258,143</b>

# BOARD OF DIRECTORS:

**David Byrd, Chairperson**  
YMCA of Greater Kansas City

**Angela Prenger, Vice Chairperson**  
Long Branch Area YMCA

**Craig Lammers, Treasurer**  
Jefferson City Area YMCA

**Cookie Estrada, Secretary**  
Joplin Family YMCA

**Sarah Riffer**  
Adair County Family YMCA

**Matt Schneringer**  
Boonslick Heartland YMCA

**Sara McDaniel**  
Callaway County YMCA

**Mary Jo Eiberger**  
Cameron Regional YMCA

**Jonathan Roberts**  
Fair Acres Family YMCA

**Butch Christy and Justin Stewart**  
Tri State Family YMCA

**Matt Jones**  
Grand River Area Family YMCA

**Sherry Medley**  
Mexico Area Family YMCA

**Jeff Snyder**  
Osage Prairie YMCA

**Derek Chambers**  
Ozarks Family YMCA

**Steve Gimenez**  
Ozarks Regional YMCA

**Lee Boggess**  
Randolph Area YMCA

**Courtney Fry**  
Salt Fork YMCA

**Joann Rutherford**  
Tri-County YMCA of the Ozarks

**Marsha Garrison**  
Twin Pike Family YMCA

**Julia Alexander**  
University Y of the University of Missouri

**Pete Friesen**  
YMCA of Hannibal

**Jeffrey Partridge**  
YMCA of Southeast Missouri

**Mark Cartledge**  
YMCA of St. Joseph Missouri

**Tim Helm**  
Greater St. Louis YMCA



## YMCA MISSION

To put Christian principles into practice through programs that build a healthy spirit, mind and body for all.

## OUR PURPOSE

The Missouri Alliance of YMCA is a unification of all YMCAs in Missouri working toward a collective impact.

## OUR IMPACT

The Missouri YMCA Alliance strengthens Missouri YMCAs. We will educate and connect State and Federal officials to become committed supporters of the YMCA. We will foster a network of supportive and trusting relationships for Missouri YMCAs, staff and volunteers. We will use our strength to influence policy, work on significant issues, and take advantage of opportunities. The end result will be to collectively achieve a greater mission impact for Missouri than we can achieve alone.



# MISSOURI CORPORATE AND BRANCH YMCAS

**Adair County Family YMCA**, Kirksville (660-665-1922)  
**Armed Services YMCA of Missouri**, Fort Leonard Wood  
(800-597-1260)

**Boonslick Heartland YMCA**, Boonville (660-882-8500)

**Callaway County YMCA**, Fulton (573-642-1065)

**Cameron Regional YMCA**, Cameron (816-632-3811)

**Fair Acres Family YMCA**, Carthage (417-358-1070)

**Grand River Area Family YMCA Inc.**, Chillicothe  
(660-646-6677)

- Carroll County Area YMCA
- North Central Missouri Branch YMCA

**Greater St. Louis YMCA**, Brentwood (314-436-1177)

- Carondelet Park Rec Complex
- Downtown Branch YMCA
- Edward Jones Family Branch YMCA
- Emerson Family YMCA
- Four Rivers Area Branch YMCA
- Historic Carondelet Family YMCA
- Jefferson County YMCA
- Kirkwood/Webster Groves Program Center
- Kirkwood/Webster Groves Program Center
- Mid-County Branch YMCA
- Monsanto Branch YMCA
- O'Fallon Family YMCA
- O'Fallon Park Recreation Center YMCA
- South City Family YMCA
- South County Branch YMCA
- St. Charles Branch YMCA
- Tri-County YMCA
- Washington University Branch YMCA
- West County Branch YMCA
- Wildwood Family YMCA
- YMCA of the Ozarks



**Jefferson City Area YMCA** (573-761-9531)

- Firley YMCA
- Knowles YMCA
- West YMCA

**Joplin Family YMCA** (417-623-4597)

- Joplin Family YMCA South Branch
- Downtown Branch

**Long Branch Area YMCA**, Macon (660-385-1818)

**Mexico Area Family YMCA** (573-581-1540)

- Eastern Missouri Family YMCA
- Mexico Area Family YMCA

**Osage Prairie YMCA**, Nevada (417-667-9622)

**Ozarks Family YMCA**, Willow Springs (417-49-5101)

- Cabool Branch YMCA
- Mountain Grove Branch YMCA
- Seymour Branch YMCA
- Willow Springs Branch YMCA

**Ozarks Regional YMCA**, Springfield (417-862-7456)

- Camp Wakonda
- Lebanon Family YMCA
- Monett Area YMCA
- Ozark Mountain Family YMCA
- Roy Blunt YMCA of Bolivar
- Springfield Family Y-Pat Jones Branch
- Springfield Family YMCA Child Care
- Springfield Family YMCA-G. Pearson Ward Branch

**Randolph Area YMCA**, Mexico (660-263-3600)

**Salt Fork YMCA**, Marshall (660-886-9622)

**Tri-County YMCA of the Ozarks**, Osage Beach  
(573-348-9230)

**Tri-State Family YMCA**, Neosho, MO (417-455-9999)

- YMCA of NW Arkansas
- Neosho Freeman Family YMCA
- Grand Lake Family YMCA

**Twin Pike Family YMCA**, Louisiana (573-754-4497)

**University Y of the University of Missouri**, Columbia  
(573-882-1550)

**YMCA of Hannibal** (573-221-0586)

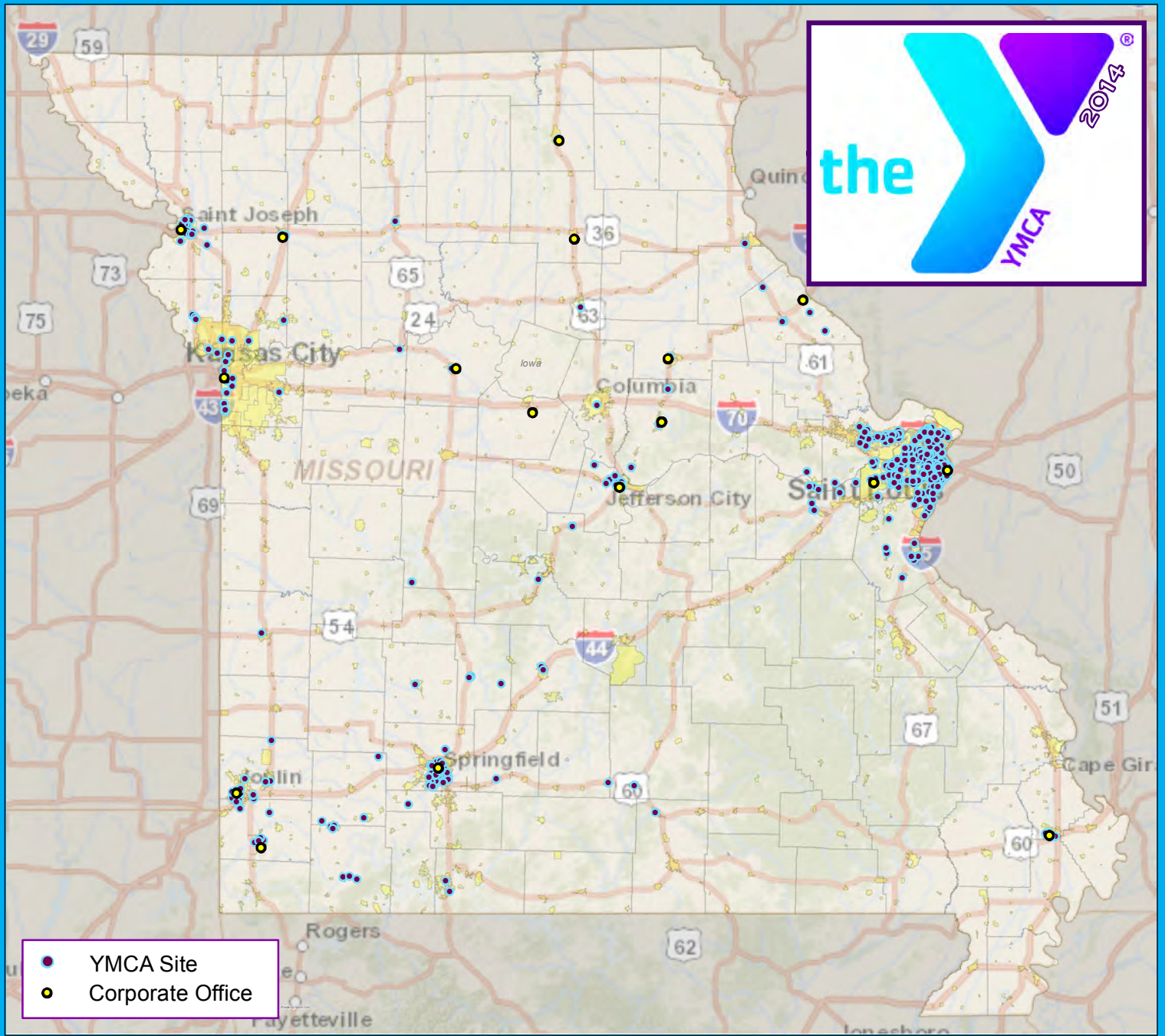
**YMCA of Southeast Missouri**, Sikeston (573-472-9622)

**YMCA of St. Joseph Missouri** (816-233-9622)

- Campus Family Branch
- Downtown Family Branch
- Camp Marvin Hilyard Branch

**YMCA of Greater Kansas City** (816-561-9622)

- 8th Street YMCA
- Bonner Springs Family YMCA
- Olathe Family YMCA
- Paul Henson YMCA
- Providence YMCA/Ball Family Center
- YMCA of Atchison Kansas
- Blue Springs Family YMCA
- Cleaver Family YMCA
- Linwood YMCA
- Platte County Community Center North
- Platte County Community Center South
- Quality Hill YMCA
- Red Bridge YMCA
- North Kansas City YMCA



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## IMAGE AND POSITIONING COMMITTEE:

**Angela Prenger, Chairperson**  
Long Branch Area YMCA

**Brenda Shields**  
YMCA of St. Joseph Missouri

**Gary Grote, Volunteer**  
Marshall

**Scott Sommer, Volunteer**  
Osage Prairie

**Madeline Romious, Volunteer**  
Kansas City

**Sarah Topp**  
Gamble & Schlemeier

**Sherry Medley**  
Mexico Area Family YMCA

**Mark Cartledge**  
YMCA of St. Joseph Missouri

**Craig Lammers**  
Jefferson City Area YMCA

**Sarah Riffer**  
Adair County YMCA

**Cenia Bosman**  
Greater St. Louis YMCA

**Lee Boggess**  
Randolph Area YMCA

**Mary Jo Eiberger**  
Cameron Regional YMCA

**Andrea Allison-Putman**  
YMCA of Greater Kansas City

**Pat Dillon, Heartland Health**  
St. Joseph

**Dan Kappel**  
YMCA of the USA

## FINANCE & SUSTAINABILITY COMMITTEE:

**Craig Lammers, Chairperson**  
Jefferson City Area YMCA

**Angela Prenger**  
Long Branch Area YMCA

**Matt Schneringer**  
Boonslick Heartland YMCA

**Mark Cartledge**  
YMCA of St. Joseph Missouri

**Tim Helm**  
Greater St. Louis YMCA

**Dan Kappel**  
YMCA of the USA

## CHILDCARE TASKFORCE:

**Laurie McTearnen, Chairperson**  
YMCA of Greater St. Louis

**Ginny Matthews**

**Matt Schneringer**  
Boonslick Heartland Y

**Mary Jo Eiberger-CEO**  
**Amanda Weaver**  
Cameron Regional Y

**Jonathan Roberts**  
Fair Acres Y

**Matt Jones**  
Grand River Area Y

**Linda Bright**  
Armed Services YMCA

**Sara McDaniel**  
Callaway Co Y

**Pete Friesen**  
**Summer Page**  
YMCA of Hannibal

**Jessica Kever**  
Jefferson City Area Y-Knowles

**Lori Jones**

**Lisa Williams**

**Amanda Boykin**

**Malorie Larson**  
Heritage Youth Development Ctr  
Joplin Family YMCA

**Pam Watkins**  
Y of Greater Kansas City

**Brittni Kastelic**

**Sarah Riffer-CEO**  
Adair YMCA

**Denise Ash**

**Kay Miller**

**Marsha Garrison**  
Twin Pike Family Y

**Angela Prenger-CEO**  
Long Branch Y

**TBD-CEO**

**Sarah Radke**  
Salt Fork YO

**Sherry Medley-CEO**  
Mexico Area Family Y

**Kaitly Kelly**

**Lee Boggess-CEO**  
Randolph Area Y

**Megan Outesky**  
**Derek Chambers-CEO**  
Ozarks Family Y

**Tina Ferguson**

**Jenny Holweger**  
Tri State Y

**Karla Evans**

**Jeff Snyder**  
Osage Prairie Y

**Joann Rutherford**  
Tri Co Y Ozarks

**Cassandra Limbaugh**  
Y-Southeast Mo

**Mary Kromrey**

**Dana Rust**  
Ozarks Regional Y

**Lynn Cartledge**

**Suzanne King**  
St. Joseph Family YMCA

**Shauna Lange**  
YMCA of Greater St. Louis

**Julie Alexander-CEO**  
University YMCA of University of MO

**Patty Miller-CEO**  
MO State Alliance

**Sarah Topp**  
Gamble & Schlemeier Gov. Consultants

## CHILDHOOD OBESITY TASKFORCE

### TEAM COACHES:

**Patricia Simmons, Assistant Chief**  
Bureau of Community Health and Wellness, Mo  
Department of Health and Senior Services

**Amy Stringer Hessel, Program Director**  
Missouri Foundation for Health

### TEAM MEMBERS

**Doug Hermes**  
Missouri Association of Councils of Government

**Ann Cohen**  
Department of Nutrition and Exercise Physiology,  
University of Missouri

**Kathleen Duggan**  
Prevention Research Center, Washington  
University

**Brad Bates**  
Missouri Association of Osteopathic Physicians,  
American Childhood Obesity Foundation

**Amy David**  
Public Health Program Director, Wellpoint Inc,  
Anthem BC/BS

**Beth Low, Director**  
Greater Kansas City Food Policy Coalition, VP  
Policy and Public Affairs, KC Healthy Kids

**Jace Smith**  
American Heart Association

**Lori Jones**  
Joplin YMCA

**Sarah Topp**  
Gamble & Schlemeier

**Sara McDaniel**  
YMCA of Callaway County

**Marsha Garrison**  
Twin Pike Family YMCA

**Mahree Skala**  
MO Association of Local Public Health Agencies

**Joyce Hoth**  
Community Health Director, YMCA of Greater  
St. Louis

**Dave Zellmer**  
Center for Health Policy

**Gregory Batson**  
USDA

**Donna Mehrle**  
FNEP Assistant Coordinator, College of Human  
Environmental Services

**Dan Kappel**  
YMCA of the USA

## STATEWIDE INITIATIVES COMMITTEE:

**Steve Gimenez, Chairperson**  
Ozarks Regional YMCA

**Sarah Riffer**  
Adair County Family YMCA

**Jim Bergman, Volunteer**  
Adair County Family YMCA

**Angela Prenger**  
Long Branch Area YMCA

**Shawna Brinson**  
Greater St. Louis YMCA

**Joe Lopez**  
Jefferson City Area YMCA

**Lee Boggess**  
Randolph Area YMCA

**Suzanne Smith**  
Salt Fork YMCA

**Eric Vahey**  
Greater St. Louis YMCA

# THE MISSOURI 24 IDENTIFIERS

## Critical Issues Across the State

### CRITICAL SOCIAL ISSUES

#### FAMILIES

- Changing traditional family unit
- Increasing numbers of single parent families
- Family hunger increasing
- Increased homelessness and lack of safety net services
- Health issues tied to lack of support and financial need

#### HEALTH

- Increasing incidents of chronic disease
- Lack of fresh foods; increased food deserts

#### DIVERSITY

- Growing numbers of diverse populations
- Language barriers in many communities
- Large income disparities
- Increased migrant, Hispanic/Latino and Russian populations

#### ECONOMY

- Weak economy
- Flat to declining job growth
- Wage costs increasing
- Legislative efforts limited by fiscal restraint

#### EDUCATION

- Literacy levels impact health, jobs and quality of life
- Inequity in and declining school funding
- School districts entering child care marketplace for revenue
- Rural school districts collaborating with YMCAs

#### NONPROFIT

- Continuing to lift the YMCA mission to demonstrate statewide community benefit as a charitable entity





# LEGISLATIVE PRIORITY SHEET

## YMCA SIGNATURE PROGRAMS

### 2015 LEGISLATIVE PRIORITIES

2014-2015 Legislative Interests: YMCAs offer cause driven, community based programs that are deeply volunteer driven. YMCAs continue to be the largest childcare provider in Missouri. YMCAs lift up healthy eating and active living policies throughout YMCA programs and priorities.

- Creating greater awareness of childhood obesity, healthy eating and active living in Missouri.
- Improving built environment policy so that children and families can utilize their communities and neighborhoods for safe physical activity.
- Giving children and families healthier vending options in public areas.
- Make healthy food available to children and families.
- Encourage childcare and school age providers to implement best practice healthy eating and physical activity.
- Secure services for prevention and early intervention of Diabetes through the YMCA Diabetes Prevention Program (YDPP).

#### FOR MORE INFORMATION

Patricia A. Miller  
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Missouri State Alliance of YMCAs  
(573) 230-7811  
Ceo.msa.ymca@gmail.com  
www.missouriymcas.org

#### FOCUS AREAS:

- Child Care
- Swimming Lessons
- Sport Fundamentals & Character Development for All Ages & Abilities
- Early Learning Loss Prevention
- Youth Mentoring/Teen Leaders
- Before & After School Care
- Camping & Adventure Programs

YOUTH DEVELOPMENT  
EARLY LEARNING LOSS PREVENTION

#### FOCUS AREAS:

- YMCA Diabetes Prevention Program
- YMCA Live-Strong Cancer Recovery Program

HEALTHY LIVING

#### FOCUS AREAS:

- YMCA Pioneering Healthier Communities Childhood Obesity Task Force
- Youth in Government
- Volunteer Development & Service

SOCIAL RESPONSIBILITY

FIND YOUR YMCA @  
[WWW.MISSOURIYMCAS.ORG](http://WWW.MISSOURIYMCAS.ORG)