



**FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

FOR IMMEDIATE RELEASE

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**2,000 YMCA summer campers descend on Forest Park for the
2016 Gateway Region YMCA Day Camp Games**

WHO: The Gateway Region YMCA

WHAT: To provide **2,000 YMCA Day Campers from Y branches throughout the entire bi-state area** with fun games and activities that foster the blending of communities and the building of friendships throughout the region, while incorporating Healthy Eating and Physical Activities (HEPA) program initiatives.

WHEN: Friday, July 8, 2016; Anytime between 10:30 am and 2:30 pm

- 10:30 am: Opening Ceremonies
- 12:00 – 1:45 pm: Games (throwing, sprinting and kicking)
- 1:45 pm: Closing Ceremonies

WHERE: Forest Park – Central Fields

About the Gateway Region YMCA

The Gateway Region Y is a nonprofit organization dedicated to youth development, healthy living and social responsibility. Featuring 24 traditional Y branches in Missouri and Illinois, along with two Campus Y student leadership facilities, the Community Services Y-Without-Walls serving East St. Louis and Y Community Literacy. Our Y also includes YMCA Camp Lakewood and Trout Lodge in Potosi, Missouri. The Carondelet Park Rec Complex and O'Fallon Park Rec Complex are owned by the City of St. Louis and operated by the Y. The Y is committed to serving people of all abilities. For those who qualify, we offer financial assistance so everyone has the opportunity to participate in Y programs, regardless of ability to pay. Our Y is a proud member of the United Way of Greater St. Louis. For more information, please visit www.gwrymca.org or call 314-436-1177.

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