



**FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

FOR IMMEDIATE RELEASE

For more information, contact:
Steve Mastorakos, Gateway Region YMCA
314.436.1177 – Office
314.749.1441 – Cell
steve.mastorakos@gwrymca.org

**Gateway Region YMCA to Host 31st Annual Commemorative Breakfast to Honor
Dr. Martin Luther King, Jr.**

WHO: The Gateway Region YMCA and community leaders...

WHAT: ...will honor the legacy of Dr. Martin Luther King, Jr. at the 31st Annual Commemorative Breakfast. During the event, attendees will hear from Guest Speaker Demingo Loggins Sr. host of "Real Talk with Demingo," Praise 99.5 FM, and the Y will present the Human Dignity Award and the MLK Tribute Award to local leaders who have made a meaningful and lasting impact on the local community.

WHEN: Monday, January 18, 2016; 7 - 7:45am - Breakfast; 8:00am - Presentation

WHERE: Monsanto Family YMCA, 5555 Page Boulevard, St. Louis, MO 63112 (314) 367-4646

About the Gateway Region YMCA

The Gateway Region Y is a nonprofit organization dedicated to youth development, healthy living and social responsibility. Featuring 24 traditional Y branches in Missouri and Illinois, along with two Campus Y student leadership facilities, the Community Services Y-Without-Walls serving East St. Louis and Y Community Literacy. Our Y also includes YMCA Camp Lakewood and Trout Lodge in Potosi, Missouri. The Carondelet Park Rec Complex and O'Fallon Park Rec Complex are owned by the City of St. Louis and operated by the Y. The Y is committed to serving people of all abilities. For those who qualify, we offer financial assistance so everyone has the opportunity to participate in Y programs, regardless of ability to pay. Our Y is a proud member of the United Way of Greater St. Louis. For more information, please visit www.gwrymca.org or call 314-436-1177.

###