



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# GROWING GREAT KIDS

YMCA CAMP LAKEWOOD



# ADVENTURE AWAITS.

YMCA Camp Lakewood is where kids come to have fun, learn new skills, make new friends, and simply be a kid. Your camper will forget all about television, video games, and smartphones while discovering the ultimate childhood experience, all within a safe and trusted environment.

With a 360-acre lake, over 5,000 acres of forest-covered hills, caves, creeks and more, there are many opportunities for nature exploration and experiential learning at Camp Lakewood. Whether it's campfires, swimming, archery, climbing towers, zip lines, sports, canoeing, cookouts, fishing, kayaking or a multitude of camp games, every camper delights in waking up with a renewed sense of excitement as to what each day at camp will bring.

The health and safety of each camper is our primary concern. All staff are trained in skills that emphasize safety, youth development, and group dynamics. Each counselor is trained in CPR and First Aid, and lifeguard certified staff closely supervises all water activities. A medical professional is always available in our well-equipped camp infirmary, and our local physician is on call to assist in emergencies.

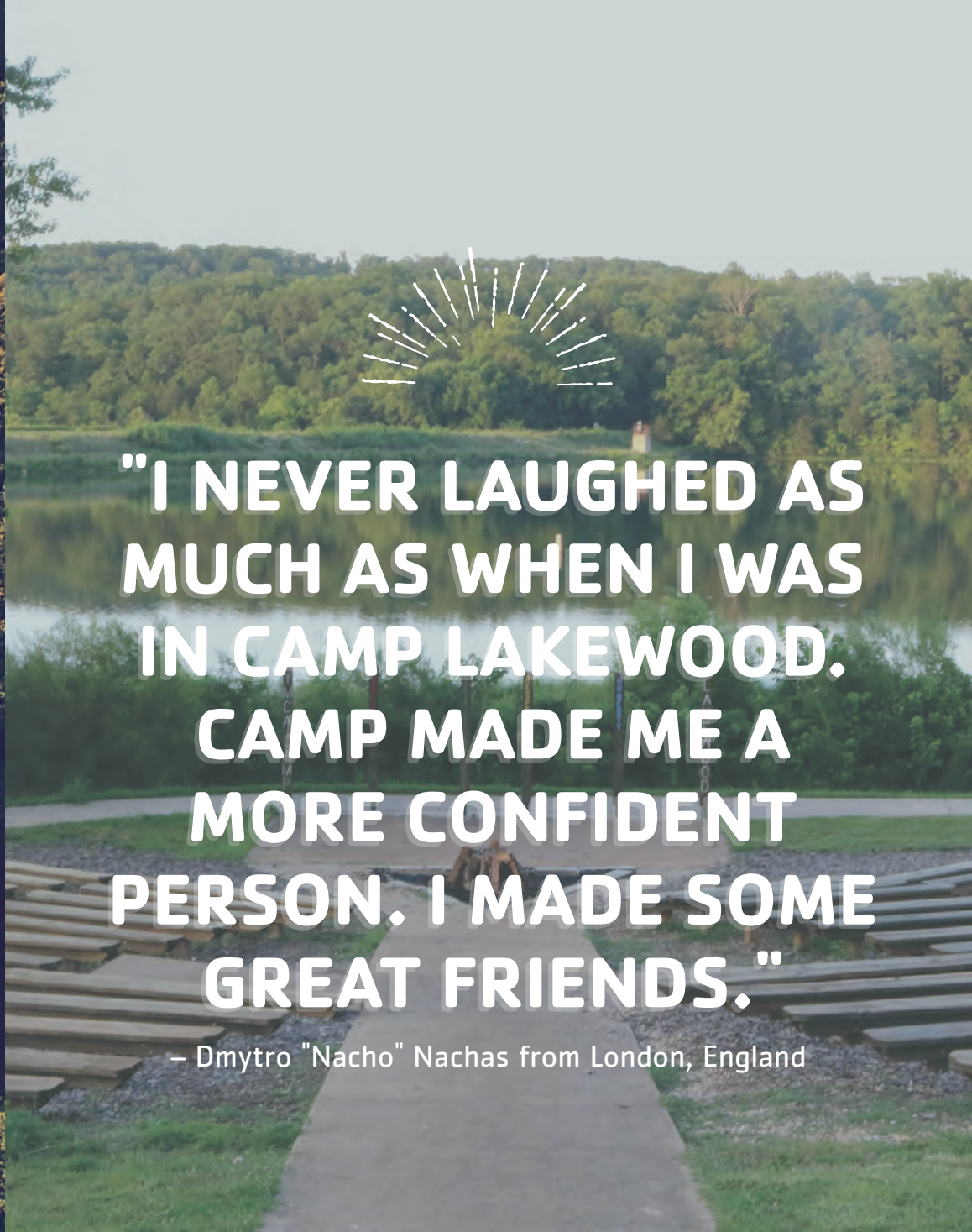
What does it mean when everyone at Camp Lakewood says it's "My Camp!?" It means every one of our campers has a home away from home and a special place where they can try new things without judgment. It means every camper has a place where he or she has friends and where they feel safe, happy, and wanted. It means every camper has a camp—their camp—and they know the camper sitting next to them feels the exact same way. It means they are an important part of YMCA Camp Lakewood. So when asked, "Whose camp is this?" we are excited to hear them say "My Camp!"

Learn more about Camp Lakewood and meet our staff at an upcoming Open House:

March 24      April 28  
April 7        May 19



Register today at [camplakewood.org](http://camplakewood.org)



"I NEVER LAUGHED AS MUCH AS WHEN I WAS IN CAMP LAKEWOOD. CAMP MADE ME A MORE CONFIDENT PERSON. I MADE SOME GREAT FRIENDS."

– Dmytro "Nacho" Nachas from London, England





## 4 DAY SUMMER CAMP PROGRAMS

### **MINI CAMP (Co-ed, ages 6-8)** 4-days/3-nights, \*Only Session 5

Days are filled with games, pony rides, arts and crafts, nature, swimming and more. It is a closely supervised introduction to camping with lots of individual attention for first-time campers. Cabin groups experience some of the camp's traditional activities together, but kids also have the opportunity to choose a few activities on their own. We maintain a ratio of at least one counselor per four campers. Understanding this is possibly a child's first time away from home, our caring staff keeps the new camper safe and happy.

### **MINI RAPTORS CAMP (Co-ed, ages 9-10)** 4-days/3-nights, \*Only Session 10

Mini Raptors Camp is a fun, exciting, and safe way to introduce your camper to a residential camp experience. Swimming, archery, arts & crafts, and campfires are just a few of the activities your camper will enjoy. Mini Raptors Camp is designed for the 9-10 year old first time camper to try Camp Lakewood for just four days. All campers are the same age, so every activity is geared for them.

### **MINI EAST CAMP (Co-ed, ages 11-12)** 4-days/3-nights, \*Only Session 5

Has your camper ever wondered what's on the other side of the lake or heard the legend of the 97 stairs? Well, now they can find those answers out for themselves as they enjoy a four-day taste of East Camp and all the excitement across the lake. Your camper will stay in the original camp cabins located on East Camp Hill, complete with bathhouse, pavilion and the throwback camping we all loved as kids ourselves. This is a great introduction to East Camp for pre-teen campers.

### **RANCH CAMP (Co-ed, ages 13-16)** 4-days/3-nights, \*Only Session 5

Come to the Triangle Y Ranch for four days of intense equestrian training! Ranch campers will form their own special cabin group and spend all day, every day at the ranch working with our highly experienced staff. Participants will advance riding skills while learning advanced horse care, history, and ranch management. Campers will spend one night out under the stars.

\*Since these 4-day programs are shorter, they have their own unique, individual schedules tailored to the needs of the age group. Campers may experience some of the clinics and activities offered for their age group, but not all will be provided. These shorter sessions are perfect for a camper's first time away.



**MY CAMP!**

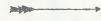
Every one of our campers has a home away from home at Camp Lakewood. A place where they have friends, feel safe, happy, and wanted.





# TRADITIONAL

## SUMMER CAMP PROGRAMS



### MAIN CAMP TRADITIONAL PROGRAM (Co-ed, ages 8-12)

7-days/6-nights

Main campers have the opportunity to choose from many great camp activities such as archery, arts & crafts, canoeing, caving, fishing, flag football, floor hockey, outdoor living skills, singing, snorkeling, soccer, yoga, cabin and unit games, and much more. Upon their arrival, each camper is welcomed by our caring staff and introduced to their cabin mates for the week. Campers gather as a cabin each day to play, learn, bond, and make lifelong friendships. Main campers lodge in climate-controlled cabins with indoor plumbing. Each cabin will also venture into the outdoors for an overnight, where they sleep under the stars and cook their meal over a campfire.

### EXPLORERS' 2-WEEK CAMP (Co-ed, ages 11-12)

2-week program

The Explorers' 2-week Main Camp experience is designed for campers who want to double the fun of Main Camp. During this camp, campers will spend two weeks with the same cabin mates and counselors enjoying all of the great Camp Lakewood activities. Campers choose their own clinics to participate in throughout each week and spend one night camping underneath the stars learning to cook a meal over a campfire. Accommodations for Explorers' 2-week camp are climate-controlled cabins with indoor plumbing.

### EAST CAMP TRADITIONAL PROGRAM (Co-ed, ages 13-16)

7-days/6-nights

East campers' days are filled with lots of camp games and activities, friendship and fun, while under the watchful eye of Camp Lakewood staff. Our goal is to help campers grow into great individuals while learning about the core values of character development. Although this is a time to make an impact on a teenager's life, it is also a time to relish the joys of being carefree and young. Campers have the opportunity to have as much fun as they possibly can. Your teen will stay in the original rustic camp cabins and use a centralized bathhouse with restrooms and showers. Each cabin will also venture into the outdoors for an overnight where they sleep under the stars and cook a meal over a campfire.



## FAR FROM ORDINARY

Our campers take home the ultimate childhood experience: learning a host of skills, discovering new cultures and building relationships that last a lifetime.





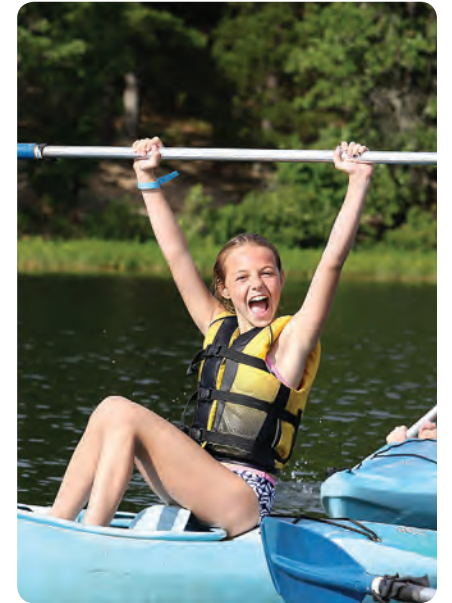
**"I GAINED INDEPENDENCE,  
LEADERSHIP SKILLS,  
CONFIDENCE AND MOST  
IMPORTANTLY, LIFELONG  
FRIENDSHIPS. I WOULDN'T  
TRADE MY EXPERIENCE  
AT CAMP LAKEWOOD  
FOR ANYTHING."**

– Rachel "Castaway" Mills from Jefferson City, MO



### *ADVENTURES AWAIT!*

From learning valuable wilderness skills to zip-lining, campers will experience many adventures. There is always something for every age and ability.



## **JUNIOR RANGER ADVENTURE PROGRAM (Co-ed, ages 10-12)**

### **7-days/6-nights**

Junior Rangers is a wonderful program for campers who enjoy spending time outdoors, have experience in camping or are a returning camper who wants to try something new. Junior Rangers learn campfire cooking, shelter building, how to work as a team and many more outdoor living skills. A majority of the Junior Rangers' time is spent learning their ranger skills away from the everyday life of traditional camp. They do get to experience a tiny bit of camp by choosing and participating in two morning clinics for the week. Junior Rangers spend each night at camp sleeping under the stars.

## **RANGER ADVENTURE PROGRAM (Co-ed, ages 13-16)**

### **7-Days/6 nights**

The Ranger Program is designed to help campers gain valuable wilderness skills in their own Ranger Village, where they spend each night of camp under the stars. Each camper is taught to cook over an open fire, build shelters, travel as part of a team, and explore the outer limits of camp, trip planning and "Leave No Trace" outdoor ethics, under the guidance of our experienced staff.

Each Rangers program is specialized in a different specific outdoor adventure. We offer four different experiences:

- **Rustic Engineering:** Rangers will construct towers, forts, small engineering projects, table, chairs, etc. They will also learn about and try their hand at blacksmithing.
- **Hiking:** Rangers will backpack to explore and see some of the secret gems hidden on the 5,200 acres on which camp resides.
- **High Adventure:** Rangers will spend time climbing or zip lining through a majority of the climbing structures throughout camp, as well as learn proper belay techniques and knot-tying skills.
- **NEW! Survival Rangers:** Rangers learn the skills of wilderness survival. Along with finding shelter, building fires and cooking their food, these Rangers will be put to the test with different survivor challenges. After a week in Survival Rangers, these campers will conquer every challenge Mother Nature throws their way!
- **NEW! Canoeing:** Rangers will spend the first few days at camp learning different paddling techniques, how to build fires and shelters, and the packing essentials. All to prepare for an amazing three-day and two night canoeing trip down the Current River.



## **NEW! OZARK ADVENTURE TRIP (Co-ed, ages 13-16)**

### **7 days/6 nights**

During this one-week session, campers will learn paddling techniques and "Leave No Trace" ethics. Then they will take a five-day and four-night canoeing trip to explore the beautiful and scenic waters of the Current River. With plenty of excitement and splendor, this trip is a great way to bring out the hidden adventurer in us all.

## **EQUESTRIAN CAMP (Co-ed, ages 10-12 and 13-16)**

### **7 days/6 nights**

Equestrian Camp is designed for campers who want to learn more about horsemanship including grooming, saddling and horse handling techniques. Campers participate in trainings to enhance their riding skills and learn trotting, cantering obstacles and other advanced techniques. Multiple trail rides are held and campers experience an overnight with their horse. There is a field trip to visit a local horse facility so campers can understand how other facilities operate. In addition to learning about horses, campers also get to experience many of the East Camp traditions including camp games, swimming, and building friendships. Accommodations for Equestrian Camp are original rustic camp cabins and a centralized bathhouse with restrooms and showers.

## **LEADERS IN TRAINING (Co-ed, 2-Week Program)**

### **(Must have completed Sophomore year of high school)**

The LIT program is a challenging camp experience designed to mold future leaders. LIT program emphasizes the importance of self-reliance and will push campers to evaluate themselves. This is an important step towards becoming a camp counselor. LITs will work together doing team building, traditional camp activities as well as an overnight canoe trip. This program will help teens to become better team players, problem solvers and leaders.

## **COUNSELORS IN TRAINING (Co-ed, 4-Week Program)**

### **(Must have completed Junior year of high school)**

The CIT program is an intense look into what it takes to become a counselor at YMCA Camp Lakewood. The four-week course begins with two weeks of childcare skill training and program training. The third week, the CITs shadow camp's best counselors in our youngest cabins while still receiving more hands-on training. The final week, the CITs are put to the test by being assigned a cabin where they take on a leadership role. This is a highly rigorous program and all interested campers must complete an application, interview, and reference check to be considered.

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**NOTE:** Application, essay and references are due by April 5. The last day for an interview is April 10. Announcements about acceptance to the program will be emailed to parents/guardians on April 18. Completing the CIT program does not guarantee hire as a cabin counselor.



# ACTIVITIES

## CLINICS

Campers chose four learning activities called “clinics” during a one-week stay. Each clinic runs for about an hour, five days a week. Some activities count as two clinics. Through these activities, we coach sportsmanship, courage, healthy risk-taking, independence, goal setting, flexibility, responsibility, and self-discovery. We aim to nurture the potential of every camper. Some activities are restricted by age, height or swimming ability.

Camp has more activities than a camper can visit in a session. Due to factors such as age, weather, program choices, popularity, and availability, your camper will have an active week, but will not do every activity listed below. There will always be something to look forward to during their next summer at camp.

The clinics listed below are examples of usual clinics offered each summer. Clinics change depending upon staff skills and popularity from session to session. **Campers will sign up for clinics at camp.**

### Ages 8-10:

Archery, Arts & Crafts, Basketball, Canoeing<sup>°</sup>, Cricket, Caving<sup>^</sup>, Digital Journalism, Drama, Drawing, Fishing, Flag Football, Floor Hockey, Friendship Bracelets, Frisbee, GaGa, Nature, Outdoor Living Skills, Poms, Singing, Snorkeling\*, Soccer, Swimming, Tennis, Volleyball, and Yoga.

### Ages 11-12:

All activities listed for ages 8-10 plus: Animation<sup>^</sup>, Climbing<sup>^</sup>, Face Painting, Kayaking<sup>^</sup>, Riflery, Rugby and Sailing\*<sup>^</sup>.

### Ages 13 and up:

All activities listed for ages 8-10 and ages 11-12 plus: Windsurfing<sup>^</sup>.\*

\*Blue Band, °Yellow or Blue Band, ^Activity takes up two clinic periods



## SWIM TEST

Shortly after arriving at camp, a swim test is administered to determine each camper's swimming ability. The campers are then given a band indicating their level and the activities in which they are qualified to participate. Campers do have two opportunities to retake the swim test throughout the week.

### Level of bands:

**Red band:** Designated for campers who do not know how to swim, are still learning, choose not to take the swim test or are not ready for yellow or blue band certification.

**Yellow band:** Designated for intermediate swimmer who may know how to swim but does not demonstrate stamina or is not ready for blue band certification. Yellow band recipients must swim recognizable strokes (freestyle or breaststroke) for 42 meters and successfully tread water for three minutes.

**Blue band:** Designated for confident swimmers who can swim a recognizable stroke (freestyle or breaststroke) for 84 meters and successfully tread water for five minutes.

Mini campers (ages 6-8) do not take this swim test and only use the shallow section.





## ELECTIVES

Electives are specialized clinics campers may choose to attend during their stay for an additional charge. Available electives may vary from session to session and all equipment will be provided by camp. Electives are not required.

**All electives are co-ed and take up two clinic periods.**

### Advanced Arts & Crafts (ages 8-16)

Be crafty and creative while you unleash your inner artist in Advanced Arts & Crafts! Each camper will get to paint two ceramic pieces, make two candles, create two tie-dye shirts, construct a stepping-stone, and design jewelry pieces.

### High Adventure (ages 13-16)

Reach for new heights with our High Adventure elective! Campers will take advantage of many of our ropes courses which may include: Pines Peak, Pines Zip, Explore & Rappel, Gladiator Zip, Alpine Tower, Alpine Swing, Pines Pole Zip and our natural rock face rappelling wall! Campers will also learn from our TEAM Works staff how to tie knots, advanced climbing techniques, rappelling and belaying skills.

### Horsemanship (ages 10-16)

Grooming, saddle, bridle, anatomy of the horse and Western riding are all

taught in this introduction to horses and their care. Learn about breeds and characteristics, riding positions, commands, walking, and trotting.

### Paintball Elective (ages 12-16)

This fun-filled, adrenaline-pumping elective will focus on individual/team tactics and strategies, problem solving, group communication, and team building. Whether you're brand new or an expert, this program offers a wide variety of different games guaranteed to ensure everyone has a great time. We provide paintball markers, paint and protective equipment.

### SNAG (Starting New at Golf) (ages 11-16)

SNAG is a golf instruction program that is sweeping the nation. Suited for all starting players, SNAG teaches players the basic skills needed to enjoy a lifetime of golfing. Campers will work with professional golf instructors from Fourche Valley Golf Course.

## SMORGASBORDS

Smorgasbord is a time of day when campers choose activities, in addition to their four clinic choices, in which to participate. Campers may also choose a specialized smorgasbord, for an additional cost, to participate in during smorgasbord time. Sign up for specialized smorgasbords is in the parent packet. Equipment for smorgasbords is provided by camp. All specialized smorgasbords are co-ed.

### SPECIALIZED SMORGASBORDS

#### Archery Tag (ages 10-16)

Archery Tag is a unique sport that combines elements of dodgeball and paintball games with the timeless skills of archery. Foam-tipped arrows are used to eliminate opposing players from the field of play. Equipment provided.

#### Banana Boat (ages 8-16)

Take a wet and wild ride on our Banana Boat, which holds from 8 to 16 riders and is towed by a speedboat. Campers must receive a blue band during their swim test in order to participate in this activity.

#### Get Fired Up – Ceramic Painting (ages 8-16)

A wide variety of ceramic pieces are offered to paint during this smorgasbord including mugs, animal figurines, money banks, etc. Ceramics are fired in a kiln and delivered on Friday just in time to pack up and take home.

#### Gladiator Zip (ages 8-16, weight limit of 280 lbs.)

Step up to the platform for a zip line with a twist in this smorgasbord! Get harnessed in; pick up your "javelin" (pool noodle) and then run off the ramp. While zip lining, attempt to throw your javelin at your fellow zipper or try to get a bull's-eye on the hanging target. It's so much fun you get to do it twice!

#### Paintball Party (ages 12-16)

Perfect for beginners or those who are advanced to test their skills on our wooded paintball course! Each session includes a safety orientation and instruction on a variety of games to play.

We will provide the paintball gear. Each paintball session will last up to 1 and ½ hours.

#### Pop & Trot (ages 8-16)

Do you love horses, but just want a taste of the Ranch life? Campers will get the chance to groom and saddle their horse before going on a Valley Ride. This event ends with PopStop on the porch of the Equestrian Barn. \*Horses don't trot during this activity or drink pop

#### Ranch Overnights (12-16)

Start the evening with a Valley Ride, participate in a barn dance, build a fire and cook your dinner at the EQ Barn, pitch a tent and sleep where the horses sleep then wake up for one more trail ride before joining your cabin for breakfast.

#### Valley Trail Ride (ages 8-16)

This ride is a one-mile horse ride designed to show off our beautiful hardwood forest. The trail winds through the peaceful forest and crosses the Fourche Renault Creek. The ride is approximately 30 minutes (depending upon size of group and weather permitting). Must be at least 44" tall and weight limit of 250 lbs.

#### Water Blast Zip (ages 8-16, weight limit of 280 lbs.)

Imagine a water gun fight crossed with a zip line! Step up to the platform, get harnessed in and then run off the ramp! You'll then be blasted with water while you zip! What a great way to cool down from the heat of a warm summer's day. It's so awesome we'll let you do it twice in a row.



A DAY AT

CAMP LAKEWOOD

# 8AM BREAKFAST

8:40AM: FIRST CLINIC & 9:40AM: SECOND CLINIC

# 12PM LUNCH

12:40PM

# SIESTA

3:45PM THIRD CLINIC  
4:45PM FOURTH CLINIC

 6PM DINNER

7PM UNIT ACTIVITY / ALL-CAMP GAMES / CABIN ACTIVITY

# 9-10PM LIGHTS OUT

10:40AM  
ALL-CAMP GAMES  
CABIN ACTIVITY  
UNIT ACTIVITY  
SWIM TIME

1:40PM  
SMORGASBORD  
WORLD SERVICE CARNIVAL

# 3PM POP STOP

REGISTRATION

INFO

## REGISTRATION

To register for camp, visit [www.camplakewood.org](http://www.camplakewood.org) and fill out the online registration form or complete the mail-in form. Once your camper's registration and a deposit have been received, you will receive a parent packet either by mail or email. Registrations are processed in the order they are received. If your camper's preferred session is filled, we will contact you to find out if you'd like to choose another session or be placed on the waiting list.

## PARENT INFORMATION PACKET

The Parent Packet includes health forms (doctor's exam and signature required) and personal information forms. You will receive

the Parent Handbook, which will provide useful information regarding your child's camping experience and a packing list for each child registered for Camp Lakewood. If you register online, you will receive all of this information electronically. Please return your forms at least three weeks prior to your camper's session to ensure the smoothest check-in possible. The Parent Packet, Handbook, and session packing lists can be found on our website.

## FINANCIAL ASSISTANCE

YMCA Camp Lakewood provides camp tuition assistance for children with financial limitations through our Endowment Funds and the YMCA Annual Support Campaign. For

more information, please call 573-438-2155.

## INCLUSION SERVICES

The YMCA welcomes and encourages individuals of all abilities to experience Camp Lakewood. Our Inclusion Services Department takes applications and conducts assessments, which provides camp staff with the information needed to arrange for appropriate staffing and accommodations. Parents/Guardians must notify Camp Lakewood by May 1st of any needs to ensure there is time to evaluate and prepare appropriately. Applications can be obtained by calling 314-678-0162. For more information on available handicap accessible accommodations, please call 573-438-2155.

The YMCA is an inclusive, family-friendly organization. We expect all of our members, program participants, and guests to model our core values - caring, honesty, respect & responsibility - in their conduct and language. We have the right to deny application for participation in programs and to terminate/suspend existing participation in all YMCA programs/activities at our sole discretion if actions or behaviors are not deemed to be in the best interests of the organization. If a program is terminated or suspended, all fees already paid will be forfeited. The YMCA has sole discretion to reinstate participation privileges in YMCA programs and activities.



# 2019 CAMP LAKEWOOD FEE SCHEDULE

Fees listed do NOT include any member, referral, financial assistance and/or military discounts. Voluntary 3-tiered pricing program only where indicated (full, partial, subsidized).

## CAMP PROGRAMS

Four Day Sessions	Session 1 June 2-8	Session 2 June 9-15	Session 3 June 16-22	Session 4 June 23-29	Session 5 June 30-July 3	Session 6 July 7-13	Session 7 July 14-20	Session 8 July 21-27	Session 9 (July 28-Aug. 3)	Session 10 (August 4-7)
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### TRADITIONAL PROGRAMS

Mini-Camp (ages 6-8)	.....	.....	.....	.....	\$370	.....	.....	.....	.....	.....
Mini Raptor Camp (ages 9-10)	.....	.....	.....	.....	.....	.....	.....	.....	.....	\$370
Mini Pre-Teen Camp (ages 11-12)	.....	.....	.....	.....	\$370	.....	.....	.....	.....	.....

### EQUESTRIAN PROGRAM

Ranch Camp (ages 13-16)	.....	.....	.....	.....	\$370	.....	.....	.....	.....	.....
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One Week Sessions	Session 1 June 2-8	Session 2 June 9-15	Session 3 June 16-22	Session 4 June 23-29	Session 5 June 30-July 3	Session 6 July 7-13	Session 7 July 14-20	Session 8 July 21-27	Session 9 (July 28-Aug. 3)	Session 10 (August 4-7)
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### TRADITIONAL PROGRAMS

Main Camp (ages 8-12)	\$695 Full \$645 Part \$595 Sub	\$695 Full \$645 Part \$595 Sub	\$695 Full \$645 Part \$595 Sub	\$695 Full \$645 Part \$595 Sub	.....	\$695 Full \$645 Part \$595 Sub	\$695 Full \$645 Part \$595 Sub	\$695 Full \$645 Part \$595 Sub	\$695 Full \$645 Part \$595 Sub	.....
East Camp (ages 13-16)	\$695 Full \$645 Part \$595 Sub	\$695 Full \$645 Part \$595 Sub	\$695 Full \$645 Part \$595 Sub	\$695 Full \$645 Part \$595 Sub	.....	\$695 Full \$645 Part \$595 Sub	\$695 Full \$645 Part \$595 Sub	\$695 Full \$645 Part \$595 Sub	\$695 Full \$645 Part \$595 Sub	.....

### ADVENTURE PROGRAMS

Jr. Ranger Camp (ages 10-12)	\$695 Full \$645 Part \$595 Sub	.....	\$695 Full \$645 Part \$595 Sub	.....	.....	\$695 Full \$645 Part \$595 Sub	.....	\$695 Full \$645 Part \$595 Sub	.....	.....
Canoeing Rangers (ages 13-16)	.....	.....	.....	.....	.....	.....	.....	.....	\$800	.....
High Adventure Rangers (ages 13-16)	.....	.....	.....	.....	.....	.....	\$695 Full \$645 Part \$595 Sub	.....	.....	.....
Hiking Rangers (ages 13-16)	.....	.....	.....	\$695 Full \$645 Part \$595 Sub	.....	.....	.....	.....	.....	.....
Rustic Engineering Rangers (ages 13-16)	.....	\$695 Full \$645 Part \$595 Sub	.....	.....	.....	.....	.....	.....	.....	.....
Survival Rangers (ages 13-16) <b>NEW!</b>	.....	.....	.....	.....	.....	\$695 Full \$645 Part \$595 Sub	.....	.....	.....	.....
Ozark Adventure Trip (ages 13-16) <b>NEW!</b>	.....	.....	.....	.....	.....	.....	.....	\$900	.....	.....

### EQUESTRIAN PROGRAMS

Equestrian Camp (ages 10-12) <b>NEW!</b>	.....	.....	.....	.....	.....	.....	.....	.....	\$935 Full \$885 Part \$835 Sub	.....
Equestrian Camp (ages 13-16)	\$935 Full \$885 Part \$835 Sub	.....	\$935 Full \$885 Part \$835 Sub	.....	.....	.....	.....	.....	.....	.....

Two Week Sessions	Session 1 June 2-8	Session 2 June 9-15	Session 3 June 16-22	Session 4 June 23-29	Session 5 June 30-July 3	Session 6 July 7-13	Session 7 July 14-20	Session 8 July 21-27	Session 9 (July 28-Aug. 3)	Session 10 (August 4-7)
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### TRADITIONAL PROGRAM

Two week Explorer Camp (ages 11-12)	.....	\$1,470 Full \$1,370 Part \$1,270 Sub	.....	.....	.....	.....	.....	.....	.....	.....
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### LEADERSHIP PROGRAM

Leaders-in-Training*	.....	.....	\$1,100	.....	.....	\$1,100	.....	.....	.....	.....
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Leader-in-Training focuses on own growth and is not a pre-CIT program. \* Must have completed Sophomore year in high school.

Four Week Session	Session 1 June 2-8	Session 2 June 9-15	Session 3 June 16-22	Session 4 June 23-29	Session 5 June 30-July 3	Session 6 July 7-13	Session 7 July 14-20	Session 8 July 21-27	Session 9 (July 28-Aug. 3)	Session 10 (August 4-7)
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### LEADERSHIP PROGRAM

Counselors-in-Training**	.....	\$1,350	.....	.....	.....	.....	\$1,350	.....	.....	.....
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Counselor-in-Training participation doesn't guarantee acceptance as a counselor in following year(s). CIT's are selected through our application process. \*\* Must have completed Junior year in high school.

## ADDITIONAL ACTIVITIES

Note: Some smorgasbords and electives may have restrictions. Please see activity descriptions.

### ELECTIVES

Camper can optionally participate in the below extra activities daily during their session; note age requirements

Elective Options	Session 1 June 2-8	Session 2 June 9-15	Session 3 June 16-22	Session 4 June 23-29	Session 5 June 30-July 3	Session 6 July 7-13	Session 7 July 14-20	Session 8 July 21-27	Session 9 (July 28-Aug. 3)	Session 10 (August 4-7)
Adv. Arts & Crafts (ages 8-16)	\$99	\$99	\$99	\$99	.....	\$99	\$99	\$99	\$99	.....
Horsemanship (ages 10-16)	\$149	\$149	\$149	\$149	.....	\$149	\$149	\$149	\$149	.....
SNAG Golf (ages 11-16)	\$60	\$60	\$60	\$60	.....	\$60	\$60	\$60	\$60	.....
Paintball (ages 12-16)	\$200	\$200	\$200	\$200	.....	\$200	\$200	\$200	\$200	.....
High Adventure (ages 13-16)	.....	.....	\$99	.....	.....	.....	.....	\$99	.....	.....

\*Leader-in-Training focuses on growth and is not a pre-CIT program and must have completed Sophomore year in high school.

\*\* Counselor-in-Training participation does not guarantee acceptance as a counselor in following year(s). CIT's are only selected through our application process. Must have completed Junior year in high school.

# 2019 CAMP LAKEWOOD REGISTRATION FORM

Please print legibly. You may also register online at [camplakewood.org](http://camplakewood.org).

## 1. Camper Information

Last name: \_\_\_\_\_ First name: \_\_\_\_\_ M.I. \_\_\_\_ Nickname: \_\_\_\_\_

Gender (check one): \_\_\_ M \_\_\_ F Birthdate: \_\_\_\_\_

Years at Camp Lakewood including Summer 2019: \_\_\_\_\_

Home address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_ Zip: \_\_\_\_\_

School attended in 2018-2019: \_\_\_\_\_ Grade: \_\_\_\_\_

Is Camper a YMCA Member: \_\_\_ Yes \_\_\_ No If yes, which branch? \_\_\_\_\_

(In order to receive member discount, you must enclose a copy of membership card or letter from YMCA branch as proof of membership)

How did you hear about Camp Lakewood? \_\_\_\_\_

If referred, who referred you? \_\_\_\_\_ (camper's name)

## 2. Parent Information

How would you like to be sent the Parent Packet (check one) \_\_\_ e-mail \_\_\_ postal mail

\*If sent via email, the packet will be sent to the first parent e-mail address.

1st Parent/Guardian Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

Home# \_\_\_\_\_ Work# \_\_\_\_\_ Cell # \_\_\_\_\_

If you would like to receive notifications via text, please list your phone carrier

(i.e. AT&T, Sprint, Verizon, etc.) \_\_\_\_\_

E-mail: \_\_\_\_\_

2nd Parent/Guardian Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

Home# \_\_\_\_\_ Work # \_\_\_\_\_ Cell # \_\_\_\_\_

E-mail: \_\_\_\_\_

With whom does the child reside? \_\_\_\_\_

## 3. Cabin Mate Request

Last name: \_\_\_\_\_ First name: \_\_\_\_\_

\* Only one cabin mate request is allowed. To guarantee the request, the campers must request each other, be within one year of age, be the same gender, and enrolled in the same program and session. NOTE: If there are 10 or 12 children who would all like to be together, ask about the possibility of booking an entire cabin.

## 4. Bus Information

All buses pick-up and return campers to the South County YMCA in St. Louis. (Check one)

\_\_\_ Round Trip Bus \$70 \_\_\_ Bus to Camp only \$35 \_\_\_ Bus from Camp only \$35 \_\_\_ No Bus

## 5. Inclusion Services (check all that apply)

YMCA Camp Lakewood welcomes participation by children of all abilities. All children with any type of diagnosis and/or specialized documents will be referred to the Inclusion Services Department for assessment. For more information, contact YMCA Inclusion Services at 314-678-0162.

Has your child been diagnosed with:

\_\_\_ ADD/ADHD \_\_\_ Asperger's \_\_\_ Autism \_\_\_ Bi-Polar Disorder \_\_\_ Cerebral Palsy

\_\_\_ DD \_\_\_ Down syndrome \_\_\_ Fragile X \_\_\_ MR/D \_\_\_ OCD \_\_\_ ODD \_\_\_ PDD

\_\_\_ Rett's Syndrome \_\_\_ Tourette's \_\_\_ Other (please specify) \_\_\_\_\_

Are there any behavioral medications or psychological issues of which the camp should be aware?  Yes  No If yes, please describe: \_\_\_\_\_

Are there any physical limitations that might hinder the camper's participation in camp events?

Yes  No If yes, please describe: \_\_\_\_\_

Does your child have an IEP, Section 504 Student Accommodation Plan, or Behavior Management Plan?  Yes  No

Does your child currently use YMCA Inclusion Services?  Yes  No

If yes, which branch? \_\_\_\_\_

\*Please note, you MUST submit a current IEP/BMP/Section 504 Student Accommodation Plan with this registration form and complete and return the Inclusion Information Forms before program participation is authorized. **The camp office must receive forms at least four weeks prior to participation.** Enrollment will NOT be considered final until all required processes have been met and reviewed. Although every effort is made to provide reasonable accommodations, there may be instances where a child's needs may exceed the parameters of the scope of our program. All camp forms are available to download at [www.camplakewood.org](http://www.camplakewood.org) under "Forms - Clothing List." Note: Space is limited so the earlier paperwork can be turned in and processed, the better chance your camper has to come to camp.

## 6. Allergies

Does your child have any allergies?  No known allergies  This child is allergic to:

\_\_\_\_\_

Describe what the camper is allergic to and the reaction seen: \_\_\_\_\_

\_\_\_\_\_

## 7. Diet

Check those that apply. We can work effectively with most medically prescribed diets, but cannot cater to individual food preferences. Please call if you have a question about diet.

The camper eats a regular and varied diet

This camper is lactose-intolerant of this type (select one):

Camper uses a product like Lactaid and/or can self-manage the intolerance

Camper needs lactose-free diet that includes no lactose in baked items  
(i.e breads, cookies, etc.)

This camper is a vegetarian of this type (select one):

Semi-vegetarian (no pork or beef)

Pesco (no pork, beef or chicken)

Lacto-ovo (no beef, pork, chicken, seafood or fish)

Vegan (no meats, eggs, or dairy)

### 11. Session Choice

Please enroll camper in the following session (if enrolling in more than one session, please include both sessions & programs):

Session #: \_\_\_\_\_ Program: \_\_\_\_\_

Session #: \_\_\_\_\_ Program: \_\_\_\_\_

If camper is attending consecutive sessions, will they be staying over between sessions?

\_\_\_ No \_\_\_ Yes (If yes, please add \$50 for each stay over)

### 12. Elective Choice (optional)

\_\_\_ Advanced Arts & Crafts Elective \$99

Sessions: 1-4, 6-9 (optional for Main, East Camp, Jr. Rangers - ages 8-16)

\_\_\_ High Adventure Elective \$99

Sessions: 3, 8 (optional for East Camp only - ages 13-16)

\_\_\_ Horsemanship Elective \$149

Sessions: 1-4, 6-9 (optional for Main, East Camp, Jr. Rangers - ages 10-16)

\_\_\_ Paintball Elective \$200

Sessions: 1-4, 6-9 (optional for Main, East Camp, Jr. Rangers - ages 12-16)

\_\_\_ SNAG (Starting New at Golf) \$60

Sessions: 1-4, 6-9 (optional for Main, East Camp, Jr. Rangers - ages 11-16)

### 13. Pick-up Authorization

For safety and security reasons, we must know if someone other than the named person(s) in Section 2 (Parent/Guardian Info.) will be picking up your child from camp. If so, please indicate below. If no one is listed in this section only the person(s) listed in Section 2 of this registration form will be allowed to pick up the camper associated with this registration. No exceptions!

Name (as it appears on driver's license) \_\_\_\_\_ Relation: \_\_\_\_\_

Name (as it appears on driver's license) \_\_\_\_\_ Relation: \_\_\_\_\_

### 14. Payment Information

If registering prior to May 1, you may choose to pay the entire balance or a non-refundable deposit of \$100 for each week requested to hold space. The deposit is applied to the total camp fee. If your deposit is paid by credit card, the balance will automatically be charged to your card on May 1. If the entire balance is not paid by May 1 the reservation may be cancelled and the deposit forfeited. If you are registering after May 1, the entire balance is due upon registration.

Program Price .....	\$ _____
Elective Fee .....	\$ _____
Bus Fee .....	\$ _____
Stay Over Between Sessions Fee (if applicable + \$50) .....	\$ _____
Donation to help send an underprivileged child to camp (optional) .....	\$ _____
Multiple Child Discount .....	\$ _____
(if applicable - \$35 will be applied toward the balance for your 2nd, 3rd, etc. child)	
YMCA Member Discount .....	\$ _____
(if applicable - \$45-\$100 will be applied towards balance for Y members)	
Total Amount Due .....	\$ _____
Less Deposit Amount Enclosed (\$100 for each week requested).....	\$ _____
Balance Due Before May 1 .....	\$ _____

### 15. Method of Payment

\_\_\_ Check enclosed, payable to YMCA of the Ozarks. Please include driver's license number and camper's name on check. (A \$25 charge will be applied for returned checks.)

\_\_\_ Visa \_\_\_ Mastercard \_\_\_ Discover \_\_\_ American Express

Amount to be charged \$ \_\_\_\_\_

Account #: \_\_\_\_\_ Expiration date: \_\_\_\_\_

Signature: \_\_\_\_\_

### 16. Registration Information

Register in one of the following ways (you should receive a confirmation in 7-10 days):

- Register on-line at [www.camplakewood.org](http://www.camplakewood.org)
- Email registration form with credit card information to: [camplakewood@gwrymca.org](mailto:camplakewood@gwrymca.org)
- Mail registration form and deposit to:  
YMCA Camp Lakewood  
13528 State Hwy AA  
Potosi, MO 63664
- Fax registration form with credit card information to: 573-438-3913
- Bring to your local Gateway Region YMCA (locations listed at [www.gwrymca.org](http://www.gwrymca.org)).

Registrations are processed in the order received in the Camp Lakewood office.

For information, call 573-438-2155. The Parent Packet with all necessary Camp Lakewood forms and clothing lists can be found online at [www.camplakewood.org](http://www.camplakewood.org) under Forms - Clothing List.

Branch Use:

Date Received \_\_\_\_\_ Branch \_\_\_\_\_ Amount \_\_\_\_\_ Receipt # \_\_\_\_\_ Initials \_\_\_\_\_

Camp Use:

Date Received \_\_\_\_\_ Check # \_\_\_\_\_ Amount \_\_\_\_\_ Session # \_\_\_\_\_ Initials \_\_\_\_\_



**YMCA CAMP LAKEWOOD**  
13528 State Hwy AA  
Potosi, MO 63664

# CHECK OUT THESE GREAT CAMP DISCOUNTS!

## Y MEMBERS receive:

\$100 off the registration fee for sessions 1-3

\$45 off the registration fee for sessions 4-10

## REFERRAL PROGRAM SAVINGS FOR RETURNING CAMPER

Recruit a new camper for summer camp  
and receive \$100 off returning camper's  
program fee!\*

REGISTER ONLINE TODAY  
AT [CAMPLAKEWOOD.ORG](http://CAMPLAKEWOOD.ORG)

or call 888-438-2155.

\*Some exclusions apply.

