



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

CHOOSING A LIFE JACKET

WATER SAFETY • GATEWAY REGION YMCA

A variety of **Personal Flotation Devices (PFDs)** are available for different water sports. Check the manufacturer's label to see the activities and conditions for which the PFD is appropriate. PFDs can be buoyant or inflatable and come in many sizes and styles. Have each family member try on his or her PFD before purchasing.

+ Always choose a **life jacket** that is labeled **COAST GUARD APPROVED**

 **Inexperienced & non-swimmers** should wear PFDs when they are near water.

+ Other flotation devices on the market, designed to serve as teaching aids used to assist swimmers, **should not be relied on as a lifesaving device.**

 **EACH PERSON** on a boat or small craft should wear a PFD.

