

## **Unlock the Power of the Volunteer**

Volunteering improves health outcomes, increases school/professional success, reduces crime, improves the economy and workplace productivity. When you volunteer you become an important part of how the YMCA of Greater St. Louis fulfills its mission. Volunteers help make our programs and YMCA so successful. If you are interesting in volunteering for any of the activities described below, contact Jeni Koenigsfeld at 314–685–3800 or jkoenigsfeld@ymcastlouis.org. www.ymcastlouis.org/carondelet-park-rec-complex

	Great for Groups	Great for Families	Great for Individuals	One Time	Short Term	Long Term	All Ages	Ages 16 and Older	Age 18 and Older
Lobby Greeter			×	x	X	x	X	x	×
Member Services			X	x	X	x	X	x	x
Office Support			×	x	X	×	×	×	×
Child Watch Support			×	x	x	x		×	×
Child Watch Reader		x	×	x	x	x	X	x	×
Event Coordinator			×	x	x	x			×
Teen Hub Support			×	x	x	x			x
Event Support (Kids Night Outs, Aquatic Events,etc)	×	x	x	x	x	x	x	x	x
Fitness Floor Assistant			X	x	X	x			X
Group Exercise Class Aid			×	×	×	x		×	x
Swim Instructor Aid			x	x	x	x		x	x
Sports Coaches/Referees/Scorekeepers	x	x	x		X	X		x	x
Specialty Class Instructor	×	x	×		x	x			×
Maintenance Support	x		x	x	x	x		x	x
Event Photographer	×	x	×	x	×	x	×	x	×
Annual Campaigner	x		x	x	X	x			x
Drama Instructor	×		×		×	x		x	×
Safety Committee Member			×		x	x			×
Organizing Leader	×		x	x	x	x		x	x
Bulletin Board Decorator	x	x	x	x	x	x	X	x	X
Tutor/Computer Lab assistant			x			x			x
Volunteer Coordinator			×		x	×			×
Specialty Club Organizer	x	x	x	x	x	x	X	x	x

FOR HEALTHY LIVING

