the YMCA

FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

MAKE A DIFFERENCE
VOLUNTEER AT THE Y

Volunteers are an essential part of everything the YMCA does. Through volunteer insight and engagement, we provide programs that promote youth development, healthy living and social responsibility. Below is a list of many of the opportunities we have for individuals, families and groups to help us serve the community. If you are interesting in volunteering for any of the activities described below, call (314) 439-9622 or go to www.ymcastlouis.org.

	Great for Groups	Great for Families	Great for Individuals	One Time	Short-Term	Long-Term	All Ages	Ages 16 and Older	Ages 18 and Older	Multiple Locations	Experience Required
Reading for Early Childhood Center Students			*		*	*	*				
Service Center Greeter			*		*	*	*				
Healthy Kids Day	*	*	*	*			*				
Youth/Family Special Events	*	*	*	*			*				
Healthy Senior Day	*			*			*				
Trivia Night	*			*					*		
Gym/Field Monitor			*		*	*	*				