



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

ADVENTURE AWAITS



SUMMER CAMP 2019
FOUR RIVERS FAMILY
YMCA
gwrymca.org/fourrivers



WELCOME TO CAMP

FOUR RIVERS FAMILY YMCA

400 Grand Avenue
Washington MO 63090
phone: (636) 239-5704
email: childcare.fr@gwymca.org
website: www.gwymca.org/fourrivers

CAMP HOURS

Monday-Friday
8 am-3 pm

FUN CLUB (BEFORE & AFTER CAMP CARE)

6 am until the start of camp and end of camp until 6 pm

CAMP CONTACTS

OUR CAMP STAFF:

Melissa Mueller
Child Care Director
(636) 239-5704
childcare.fr@gwymca.org

Dallas Pennock
Child Care Director
(636) 239-5704
childcare.fr@gwymca.org

SAVE ON CAMP!

Did you know that Y members receive the lowest rates for camp? Ask us about membership today! **Please note:** In order to receive the member rate you must have an active family membership at the time of program registration and participation.

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YMCA MISSION: To put Christian principles into practice through programs that build healthy spirit, mind and body for all.



Welcome Families & Campers

At the Four Rivers Y, we have an action-packed program planned this summer, where young people can make new friends while having a whole lot of fun! The trained and dedicated staff, age-appropriate activities, new camps, field trips, team building, sports and crafts come together to make an unforgettable summer. Our focus is on developing the potential of every camper, while creating a warm and nurturing environment where all campers can play, challenge themselves, and make friends. We strive to engage our campers with mentally and physically rewarding activities that incorporate our core values of Caring, Honesty, Respect, & Responsibility.

-Melissa Mueller and Dallas Pennock
Camp Directors

SPECIAL PRICING

Register early and save!

EARLY BIRD SPECIAL

Register between December 26 and January 31
20% OFF*

SUMMER BLAST

Register between February 1 and February 28
15% OFF*

SUMMER IS RIGHT AROUND THE CORNER

Register between March 1 and March 31
10% OFF*

Register online at www.gwymca.org/fourrivers

* Savings can be applied to a total of three weeks per child, per summer. Discount will be applied in person at the branch. If registering online, the Camp Registrar will notify you through confirmation email the discount has been applied. Not all camps are eligible for discount. Camp deposit required upon registration. Cannot be combined with any other offer. Does not apply to Camp Lakewood, C.I.T. (Counselor in Training) or Fun Club extended care.

TRADITIONAL

Ages 5-12
8 am - 3 pm



Offered throughout the summer for ages 5-12 from 8 am-3 pm, this camp is designed for a wide variety of conventional interests that include arts & crafts, group games, nature exploration, swimming, field trips and more. Camps are themed weekly. Most camp activities will be held outdoors with indoor activities provided based on the day and theme. Day campers will be divided into groups by grade level they are entering in the fall with activities appropriate to the interests and needs of each group. Each week includes a field trip.



TYPICAL DAY

- 6-8 Campers arrive for Fun Club (extended morning care)
- 8:15-8:30 Opening Ceremony
- 8:30-8:45 Group Circle time to go over plan for the day
- 8:45-11:45 Daily Activities-arts/crafts, projects/activities, games/swimming
- 11:45-1 Lunch
- 1-2:15 Reading time, special guests, low-energy games
- 2:15-2:45 Clean-Up and Closing Ceremony
- 3-6 Fun Club (extended after care)

*This is just a general idea of what may happen in a given day. Each group's schedule varies slightly and activities are planned accordingly. Please note that occasionally camp scheduling and content are subject to change. Parents and guardians will be notified of changes.

Held Outside

Weekly Field Trip

Swimming

Days Attending	Camp Fee	Y Members Pay Only
Mon-Fri	\$130	\$105
Mon/Wed/Fri	\$105	\$80
Tues/Thurs	\$80	\$55

4 | Register at www.gwrymca.org/fourrivers

FOUR RIVERS FAMILY YMCA
HAZEL FAMILY CENTER



Full STEAM Ahead Week 1: May 28-31

(No camp May 27, Memorial Day)
Adventure Awaits! During Science Technology Engineering Arts Mathematics week, campers will be challenged to question, explore, plan, discover, analyze, and understand the world around them.

Field Trip: Science Center

Making a Splash Week 2: June 3-7

Splish, splash, we're having a blast! Summer is hot, but you'll stay cool with activities like water relays, balloon toss, bucket brigade, sponge tag, making ice pops, splatter painting, slip 'n slides and more! It's time to get SOAKED!

Field Trip: Walk to pool

Wacky Week Week 3: June 10-14

This will be one wild and crazy week! This fun-filled week will include daily themes such as Twist-up Tuesday, Wacky Wednesday, Backwards Thursday and Freaky Friday. Campers will sing loudly, play goofy games, tie-dye shirts, and get even messier than usual.

Field Trip: Cosmic Bowling and Veteran's Memorial Park

Who's Got Spirit? Week 4: June 17-21

Ready....Set....GO! Represent YMCA camp by making banners, creating songs and cheers, and even designing a mascot. Campers will focus on good sportsmanship and making friends.

Field Trip: All Y Camp Games (Friday)

Register early and save | 5



TRADITIONAL CAMPS CONTINUED

The Great Expedition Week 5: June 24-28

Wagons ho! Come join us in an exploration of our town's history. Campers will learn about the Lewis and Clark Expedition, Daniel Boone, a day in the life of a Civil War Soldier, Native Americans, the corn cob pipe, and the Kohmueller House.

Field Trip: Earth's Classroom

Stars and Stripes Forever Week 6: July 1-3, 5

(No camp July 4, Independence Day) This week will be all about the red, white, and blue! Fly your flags high, and celebrate our country's Independence Day! The USA is A-OK!

Field Trip: Owensville Water Park

Box Office Blast Week 7: July 8-12

We love the movies! Activities this week will be based on past and present blockbusters! Trivia, games, arts and crafts and maybe even a celebrity sighting!

Field Trip: Cinema One Plus

Jump Around Week 8: July 15-19

Come join us during this fun filled week to get active and make healthy choices! This week will be full of physical challenges while we track our progress daily. Team challenges, group exercise classes, and swimming are just some of the many activities that will get your camper up and moving!

Field Trip: Bounce House

FUN CLUB

Before & After Camp Extended Care

Ages 5-12

Before Care: 6 am – 8 am

After Care: 3 pm – 6 pm

Extended Care is a program which runs before and after normal camp hours. This program helps meet the needs of working parents/guardians. Children may select activities from four different interest areas, such as a sports activity, creative arts activity, table games or small group games. Held outside in the mornings, weather permitting. Held indoors in the Rec Center in the afternoons.

Before Camp Fee: \$20 a week

After Camp Fees: Pick up at 4 pm: \$25 a week

Pick up at 5 pm: \$30 a week

Pick up at 6 pm: \$35 a week

Fun Club is a separate program and must be registered for in addition to your camp selection.

Outrageous Outdoors

Week 9: July 22-26

Campers will have a blast learning about plants, animals, bugs, camping, and all things nature.

Field Trip: Grant's Farm

Please note that occasionally camp scheduling and content are subject to change. Parents and guardians will be notified of changes.

Born to be wYld

Week 10: July 29-August 2

Put on your safari hat and grab your binoculars because it's about to get wild in here! We will spend the week exploring and learning about our favorite wild animals – lions, tigers, bears, and more!

Field Trip: Zoo



SPECIAL INTEREST CAMPS

are designed to offer activities focused on a particular interest, learning or progressive opportunity while incorporating overall traditional Y camp principles. Examples include art, crafts, the outdoors and other activities. Camp size may be smaller in nature and may be offered either indoors or outdoors based on the interest.

Babysitting Certification*

June 3-5 • Ages 10-12

10 am – 2 pm

This class is a great introduction to the basics of babysitting. Topics include the business of babysitting, child development, fun and games, and safety. Participants will also be enrolled in a blended learning CPR/First Aid certification class. Registrations taken from December 26 until May 15.

Camp Fee: \$100 for three days

Members Pay Only \$75



Held Outside



Weekly Field Trip



Swimming

Upcycled Arts

June 11-14 • Ages 8-12

10 am – 12 pm

Learn to see ART where others see trash! Recycled materials will be our primary source of artistic inspiration. Children will paint, assemble, and arrange various shapes and recycled materials to turn them into their own unique compositions. They'll have a lot of FUN using their imagination and gain appreciation for what can be done with everyday materials at their reach! Throughout the week, we'll be discussing the environmental impact of recycling. Children will also learn about artists who use recycled materials very creatively to create masterpieces. This camp is designed to encourage and further develop imagination, creativity, self-discovery and artistic expression.

Camp Fee: \$75 for four days

Members Pay Only \$50

Knitting and Dyeing Camp

June 11-14 • Ages 8-12

1 pm – 2:30 pm

Whether you want to learn some knitting basics, or just experience a new craft with friends, you'll be hooked on knitting by the time you're done. No previous experience required.

Camp Fee: \$75 for four days

Members Pay Only \$50

*These Special Interest camps are available for limited financial assistance but not for special pricing.

SPECIAL INTEREST CAMPS

Fishing Camp

June 10-11 • Ages 8-12
8 am – 11 am

What better way to spend a couple days of summer break than learning how to fish? This camp is for the beginner angler. You will learn how to tie a fisherman's knot, which baits are best for each body of water, and different styles of casting. Please bring your own pole. Tackle and bait will be provided! Get ready to tell some fish stories!

Camp Fee: \$75 for two days
Members Pay Only \$50



Held Outside



Weekly Field Trip



Swimming



Lego Challenge Camp

June 17-20 • Ages 8-12
10 am – 12 pm

Put your Lego skills to use in this fun and educational camp. Each day campers will be presented with a new challenge that will test their creativity and engineering skills. Everyone has different Legos and different building styles. Campers will use examples to get started with their own awesome version of the day's Lego building challenge. Legos are great for improvising, and that's really where STEAM skills come into play. How can you use your pieces to make our challenges work?

Camp Fee: \$75 for four days
Members Pay Only \$50

Outdoor Adventures Camp

June 24-25 • Ages 8-12
8 am – 10 am

Come learn the 3's of survival! Don't know what they are? We'll teach you! Shelter, clean water, food, and all the basics for surviving in the wilderness you should know before your next adventure!

Camp Fee: \$75 for two days
Members Pay Only \$50

Secret Agents Camp

July 9-11 • Ages 8-12
10 am – 12 pm

This camp will be full of mysteries to solve. Campers will get to write and decode secret messages, and much more...but it's a secret!

Camp Fee: \$75 for three days
Members Pay Only \$50

Basketball Camp

July 15-17 • Ages 8-9
8 am – 10 am

July 15-17 • Ages 10-12
10:15 am – 12:15 pm

The Four Rivers Family YMCA is offering a 3 day mini-camp for beginner and advanced basketball players. Players will learning basic techniques, practice drills, and will play in mini-games against each other. Please send your player with a water bottle, gym shoes, and athletic clothes to wear.

Camp Fee: \$80 for three days
Members Pay Only \$60

Wood Working Camp

July 22-23 • Ages 8-12
9 am – 11 am

Are you interested in learning how to work with your hands? Would you like to learn the difference between pine, oak, and cedar? Then join our Woodworking Camp and learn a life skill! During this two day Camp, you will learn the difference between cuts, when to use power tools and when to use hand tools, and you will even get to make two wooden crafts to take home!

Camp Fee: \$75 for two days
Members Pay Only \$60

Occasionally camp scheduling and content are subject to change. Parents/guardians will be notified of changes.

CAMPS	WEEK 1 May 28-31 No camp May 27	WEEK 2 June 3-7	WEEK 3 June 10-14	WEEK 4 June 17-21	WEEK 5 June 24-28	WEEK 6 July 1-3, 5 No camp July 4	WEEK 7 July 8-12	WEEK 8 July 15-19	WEEK 9 July 22-26	WEEK 10 July 29- August 2
TRADITIONAL										
Traditional Camp Ages 5-12 8 am - 3 pm	Full STEAM Ahead	Making a Splash!	Wacky Week	Who's Got Spirit?!	The Great Expedition	Stars and Stripes Forever	Box Office Blast	Jump Around!	Outrageous Outdoors	Born to be wYld
SPECIAL INTEREST										
Specialty Camps Various Ages Various Times		Babysitting Certification* Ages 10-12 June 3-5 10 am - 2 pm	Upcycled Arts Ages 8-12 June 11-14 10 am - 12 pm	Lego Challenge Camp Ages 8-12 June 17-20 10 am - 12 pm	Outdoor Adventures Camp Ages 8-12 June 24-25 8 am - 10 am		Secret Agents Camp Ages 8-12 July 9-11 10 am - 12 pm		Wood Working Camp Ages 8-12 July 22-23 9 am - 11 am	
			Knitting and Dyeing Camp Ages 8-12 June 11-14 1 pm - 2:30 pm					Basketball Camp Ages 8-9 July 15-17 8 am - 10 am		
			Fishing Camp Ages 8-12 June 10-11 8 am - 11 am					Ages 10-12 July 15-17 10:15 am - 12:15 pm		
FUN CLUB BEFORE AND AFTER CARE										
Fun Club Extended Care Ages 5-12 6 am - 8 am 3 pm - 6 pm	•	•	•	•	•	•	•	•	•	•
COUNSELOR IN TRAINING (CIT)										
Counselor in Training (CIT) Ages 14-17		•	•	•	•	•	•	•	•	

*These Special Interest camps are available for limited financial assistance but not for special pricing.



COME TO LEARN RETURN TO SERVE

YMCA Central Leaders School is an exciting, supportive week for teens to learn about themselves.

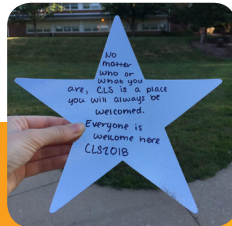


Illinois College
July 14 – 20, 2019

For teens completing grades 6-12, are active in a Leaders Club or other service opportunities at their local YMCA or community

Contact Dallas Pennock for more information.

Register by May 15, 2019 for discounted rates.



BEST. SUMMER. EVER.



ADVENTURE AWAITS AT YMCA CAMP LAKEWOOD

Experience the ultimate overnight summer camp experience with days packed full of adventure activities, water sports, swimming and time spent enjoying the great outdoors. We know summer doesn't last forever, but we're here to help create memories that do.

Reserve your child's spot today!

Y Member Special

\$100 off session 1-3

\$45 off sessions 4-10

2019 Open House Dates

March 24

April 7

April 28

May 19



**TROUT LODGE
& CAMP LAKEWOOD**

ymcaoftheozarks.org
888-FUN-YMCA



COUNSELOR IN TRAINING (CIT)

CITs will be provided with a hands-on experience working with young campers and the opportunity to cultivate their skills and knowledge in the day camp setting. CIT application, interview, training and a 4-week commitment required.

\$150 Fee (CIT must commit to a minimum of 4 weeks)

Applications available at YMCA Welcome Center and on website for ages 14-17.

APPLICATIONS ARE DUE BY
MAY 1, 2018

For more information, please contact Dallas Pennock:
(636) 239-5704 dallas.pennock@gwrymca.org





WHAT YOU NEED TO KNOW

First Day to Register

Registration will begin on Wednesday, December 26. All required enrollment forms must be completed in full and received prior to attending camp.

How to Register

In person - At the Four Rivers Family YMCA

Online - Download enrollment packets at www.gwrymca.org/fourrivers.

Please note: In order to receive the member rate you must have an active family membership at the time of program registration and participation.

Inclusion Services

The YMCA provides inclusive programming and reasonable accommodations for all of our program participants. Completed forms must be submitted to the YMCA branch a minimum of two weeks prior to your child's expected camp start date. Factors affecting your child's start date include: late enrollment, submission of incomplete or out-of-date paperwork, and availability of appropriate staff to help facilitate your child's successful participation in the program. Paperwork is processed in the order received.

Age 5 Campers

All children age 5+ may attend a full day camp program provided they have completed a full day educational environment for at least one year prior to enrollment in day camp programs. No naps provided. 5 year-old attendance will be evaluated on an ongoing basis to ensure positive camp experience and child's readiness for full day activities. Camp is based upon chronological age, not developmental age. We may request that a birth certificate be presented for age 5 campers if needed.

Financial Assistance Policy

As a charitable nonprofit organization, the Gateway Region YMCA makes financial assistance available to help ensure that all have the opportunity to learn, grow and thrive through programs like summer day camp. For more information on how to apply or to help send another child to camp by making a donation to the Y's Annual Campaign, call (636) 239-5704.



Camp Meet & Greet

Thursday, May 23, 6:30-7:30 pm

FOUR RIVERS FAMILY YMCA

Parents of new and returning campers are highly encouraged to attend our Meet & Greet. Important information will be shared to ensure your camper will be prepared and have a positive first experience. Parents will also have the opportunity to meet the camp staff and ask specific questions. We encourage you to bring the family for an ice cream social and an evening of family fun.

Outdoor Rangers Camps

Play, Learn, Serve, Work Outdoors

Camp Fees: \$175 Members Pay Only: \$145
Includes Fun Club*

The Gateway Region Y, in continued partnership with the US National Park Service, Missouri State Parks, US Fish and Wildlife Service and Army Corps of Engineers, is excited to offer 5 weeks of fun and educational camp opportunities exploring nature and recreation in our Missouri parks and public lands. All programming is subject to Mother Nature's rules (weather permitting). These camps are based at the **South City Family YMCA***, from 8:30 am – 4:30 pm, end of day times may vary.

Rookie Rangers

June 10 -14 • Ages 5-7

Rookies is an introduction to the adventures of the Outdoor Ranger Camps. Join us in Ranger adventures of hiking, water safety, fishing, archery, outdoor survival skills and cave exploration.

Park Rangers

Creeks, Lakes & Rivers

June 17 - 21 • Ages 7-13

Splash your way through a week of water fun. Build a creek dam and explore nature's water creatures. Paddle your way on our great waterways and catch a big one fishing the shores of Missouri's parks.

Conservation Rangers

Fins, Furs & Feathers

June 24 - 28 • Ages 7-13

Explore the world of conservation. Fish the lakes and rivers, fine tune your archery marksmanship, net for macros in ponds and search for birds on Missouri's public lands.

Urban Rangers

July 8 -12 • Ages 7-13

Be a tourist in your own hometown! See the city and surrounding parks in a whole new way as we explore the gems that make St. Louis such a great place to live. Highlights include the Gateway Arch, Old Court House, visit caves around Missouri. Perfect your fishing skills in Forest Park. And make art while learning archery.

Extreme Rangers

July 15 -19 • Ages 11-15

Do you have what it takes to be an extreme Ranger? Put your outdoor adventure skills to the test finding your way by compass, build a shelter, make your own survival fishing pole and see if you can catch the big one. Paddle your way on float trip at Meramec St. Park. Put all your skills together on an overnight camp out at one of our Missouri State parks.



For more information contact, Cheryl Roe
314.644.3100 or cheryl.roe@gwymca.org

*Camps will be based at the South City YMCA. Registration available at South City and Carondelet Park Rec Complex (transportation to and from South City to Carondelet Park Rec Complex available for campers registered at Carondelet Park Rec Complex. Fun Club participation available at the branch of camp registration - South City or Carondelet Park Rec Complex- at no charge.



REGISTRATION CHECKLIST

When registering, remember to complete the following:

1

Fill out the enrollment packet, including:

- Camp Registration Information
- Enrollment forms
- EFT form

2

Supply:

- Immunization records (Preschool Campers only)
- IEP, BMP, or 504 Plan including additional Inclusion Services forms (if applicable)
- Chronic Health paperwork (if applicable)
- DFS/CHASI approval letter (if applicable)
- Financial Assistance approval letter (if applicable)

3

Read the Family Handbook

4

Pay:

\$10 deposits for each week registered for camp



Registration Forms

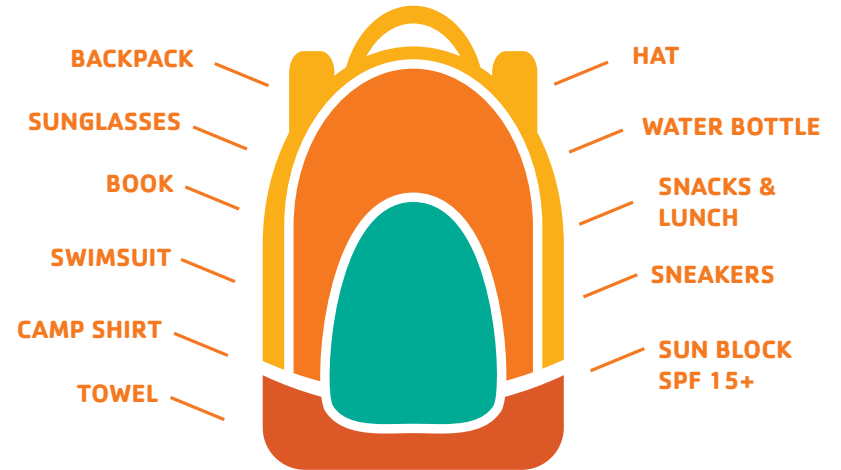
All forms necessary for registration can be downloaded from our website, www.gwrymca.org/fourrivers or picked up at the Four Rivers Family YMCA. Online registration for camp is available. (Please note: Registrations made online do not complete your child's registration process and additional forms are required. These forms are available on our branch website or can be picked up at the Welcome Center. Completed forms must be turned in to the branch no later than 2 weeks prior to your child's first day of camp.)

Payment Methods

Autodraft is the preferred method of payment. You can pay for each week of camp by the specified deadlines as stated in your Family Handbook. Payment options include; online or at the Welcome Center. Methods of payment accepted are cash, check, credit, debit, or money order.



WHAT TO BRING





FOUR RIVERS FAMILY YMCA
400 Grand Avenue
Washington MO 63090
(636) 239-5704
www.gwryymca.org/fourrivers

NON-PROFIT ORG.
U.S. POSTAGE
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