

FOR YOUTH DEVELOPMENT® FOR HEALTHY LIVING FOR SOCIAL RESPONSIBILITY

# **CREATING A**



2017 ANNUAL REPORT GATEWAY REGION YMCA

## **CULTIVATING HEALTH EQUITY AMONG YOUTH**

The Y is committed to creating opportunities that promote physical activity and healthy eating among youth, and remove health disparities in our communities.

**5,455** youth served through programs to bridge the opportunity gap, like swim outreach, conflict resolution, mentoring and academic support **15,319** youth served through programs to strengthen the family, like early childhood education, before and after school enrichment and camp **27,688** youth served through obesity prevention programs, like youth basketball, soccer, volleyball and swim team



# **COMMUNITY IMPACT**

- 7,597 volunteers gave back to their neighbors in the community through 134,649 work hours.
- **691** individuals took part in community integrated health programs.
- 655 backpacks full of basic school supplies were collected for youth in need.
- 1,415 coats were collected through the Warner's Warm Up Coat Drive for those needing some warmth in the cold winter.
- **48,250** free meals and snacks given to campers through the City of St. Louis' "School's Out Cafe" program helped ensure kids in the City received nutritious meals in the summer.

- **300+** Thanksgiving meals were collected to help feed the hungry.
- 3,164 gifts were collected for needy children and families.
- 1,364 children improved academic skills through Y Literacy programs.
- **105** middle school students attended Youth University, a free summer college prep institute for first generation college students.
- 746 teens participated in the Youth and Government Program to learn the functions of government and leadership skills.
- 94 volunteers gave 6,223 volunteer hours as YRead tutors to help individuals improve their reading skills.

# REACH

**5,600** full and part-time employees serving community needs.



Child care sites in 28 school districts engage kids in physical, learning and imaginative activities that encourage them to explore who they are and what they can achieve.



YMCA branches provide an environment where families and individuals build stronger bonds and become more engaged in our community.



Early Child Education Centers provide a safe, nurturing environment where children learn, grow and thrive.



Community Development Branch provides resources to address the bi-state region's most pressing social issues in education, employment, hunger, health and youth development. Overnight Camp (Camp Lakewood) and 1 Conference Center (Trout Lodge) provide children, families, professionals and others in need an opportunity to discover new talents, explore, have fun, make connections and develop.

## **MEMBERSHIP AND PROGRAM PARTICIPATION**

When you become a member of the Y, you're not just joining a gym; you're supporting a movement dedicated to building stronger and connected communities through youth development, healthy living and social responsibility.

\$6.2 million was given in financial assistance to those in need, ensuring opportunities to participate in Y programs regardless of ability to pay.

**286,094** individuals were served through membership and programs.

**143,241** adults committed to active lifestyles and connected with their community.

**45,423** adults 65 and older pursued an active lifestyle and increased their sense of belonging. **97,430** youth served were provided with opportunities and tools to help them develop.







## **BUDGET AND SCOPE**

Income	
Total Income	\$71.6M
Total End of Year Net Assets	\$129.0M

Public Support	
United Way	\$1.7M
Grants	\$1.8M
Contributions	\$4.4M

## **ABOUT US**

At the Y, we are so much more than a gym. We're a cause. Our mission is to put Christian principles into practice through programs that build healthy spirit, mind and body for all.

We know that lasting personal and social change comes about when we all work together. That's why, at the Y, strengthening community is our cause. Every day, we work side-by-side with our neighbors to make sure that everyone, regardless of age, income or background, has the opportunity to learn, grow and thrive.

Whether you choose to give, join, volunteer, or share your own experience, we're excited for you to become part of our story, too.

The Y." For a better us.





#### **Expenses** \$65.0M Program Fundraising \$1.1M Administrative \$4.6M

3<sup>rd</sup> Largest United Way Recipient

Source: 2018 St. Louis Business Journal list of largest United Way of Greater St. Louis allocations

**10<sup>th</sup> Largest Nonprofit in St. Louis** 

Source: 2018 St. Louis Business Journal list of largest nonprofits

# **GATEWAY REGION YMCA FACILITIES**

## **FULL FACILITY LOCATIONS**

**CARONDELET PARK REC COMPLEX\*** 930 Holly Hills, St. Louis, MO 63111 314-768-9622

CHESTERFIELD FAMILY YMCA 16464 Burkhardt Pl., Chesterfield, MO 63017 636-532-3100

**CLINTON COUNTY YMCA** 14160 Jamestown Rd., Breese, IL 62230 618-526-5628

**COLLINSVILLE MARYVILLE TROY YMCA** 1 Town Center Dr., Maryville, IL 62062 618-346-5600

**DOWNTOWN BELLEVILLE YMCA - KERN CENTER** 200 S. Illinois St., Belleville, IL 62220 618-233-1243

DOWNTOWN ST. LOUIS YMCA AT THE MX 605 Locust St., St. Louis, MO 63101 314-436-4100

EAST BELLEVILLE YMCA 2627 Carlyle Ave., Belleville, IL 62221 618-236-9983

EDWARD JONES FAMILY YMCA 12521 Marine Ave., Maryland Heights, MO 63146 314-439-9622

**EMERSON FAMILY YMCA** 3390 Pershall Rd., Ferguson, MO 63135 314-521-1822

FOUR RIVERS FAMILY YMCA 400 Grand Ave., Washington, MO 63090 636-239-5704

**JEFFERSON COUNTY FAMILY YMCA** 1303 YMCA Dr., Festus, MO 63028 636-931-9622

**KIRKWOOD FAMILY YMCA** 325 N. Taylor Ave., Kirkwood, MO 63122 314-965-9622

**MID-COUNTY FAMILY YMCA** 1900 Urban Dr., Brentwood, MO 63144 314-962-9450

MONROE COUNTY YMCA - HTC CENTER 9514 Caring Way, Columbia, IL 62236 618-281-9622

**MONSANTO FAMILY YMCA** 5555 Page Blvd., St. Louis, MO 63112 314-367-4646

**O'FALLON YMCA – ILLINOIS** 284 N. Seven Hills Rd., O'Fallon, IL 62269 618-628-7701

**O'FALLON FAMILY YMCA - MISSOURI** 3451 Pheasant Meadows Dr., O'Fallon, MO 63368 636-379-0092

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O'FALLON PARK REC COMPLEX\* 4343 West Florissant, St. Louis, MO 63115 314-932-1423

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**RANDOLPH COUNTY YMCA** 130 S. Oak St., Red Bud, IL 62278

618-282-9622 **SOUTH CITY FAMILY YMCA** 

3150 Sublette Ave., St. Louis, MO 63139 314-644-3100

SOUTH COUNTY FAMILY YMCA 12736 Southfork Rd., St. Louis, MO 63128 314-849-9622

ST. CHARLES COUNTY FAMILY YMCA 3900 Shady Springs Ln., St. Peters, MO 63376 636-928-1928

**TRI-CITY YMCA** 451 Niedringhaus Ave., Granite City, IL 62040 618-876-7200

WILDWOOD FAMILY YMCA 2641 Highway 109, Wildwood, MO 63040 636-458-6636

# **GATEWAY REGION YMCA FACILITIES** (CONT.)

## **NON-FACILITY LOCATIONS**

ASSOCIATION RESOURCE OFFICE **Cornorate Office** 326 S. 21st St., 4th Flr, St. Louis, MO 63103

314-436-1177 **MARION COUNTY YMCA** 

Youth & Adult Programs in Marion County, IL 416 E. Oglesby St., Salem, IL 62881 618-548-6261 x2

WASHINGTON UNIVERSITY CAMPUS YMCA Collegiate Service and Leadership

One Brookings Dr., Box 1076, St. Louis, MO 63130 314-935-5010

**CAMP FACILITY LOCATION** TROUT LODGE/CAMP LAKEWOOD

13528 State Hwy AA, Potosi, MO 63664 314-241-9622

YMCA COMMUNITY DEVELOPMENT **Community Outreach & Education Programs** 600 Loughborough Ave., St. Louis, MO 63111 314-776-7102

FULL FACILITY	
TROUT LODGE/CAMP LAKEWOOD	
NON-FACILITY	





The Carondelet Park Rec Complex and the O'Fallon Park Rec Complex are owned by the City of St. Louis and operated by the Y.

MAP KEY

## **GATEWAY REGION YMCA METRO BOARD OF DIRECTORS**

#### **Officers:**

William Gavin, BOARD CHAIR Bradford Koeneman, VICE CHAIR Richard Nicoletti, TREASURER Melissa Lackey, SECRETARY

### **District Branch Board Chair Representatives:**

Rod Cooper, YMCA CAMP LAKEWOOD & TROUT LODGE Christine Efthim, CENTRAL DISTRICT Michael Manning, WEST DISTRICT Jacques Thro, EAST DISTRICT Hardy Washington, Jr., SOUTH DISTRICT

#### At-Large Members:

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## **GATEWAY REGION YMCA** 326 South 21st Street, 4th Floor St. Louis, Mo. 63103 314-436-1177 • gwrymca.org

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