

MAKE A DIFFERENCE VOLUNTEER AT THE Y

Volunteers are an essential part of everything the YMCA does. Through volunteer insight and engagement, we provide programs that promote youth development, healthy living and social responsibility. Below is a list of many of the opportunities we have for individuals, families and groups to help us serve the community. If you are interested in volunteering for any of the activities described below, call 636.931.9622 or go to www.ymcastlouis.org.

	Great for Groups	Great for Families	Great for Individuals	One Time	Short-Term	Long-Term	All Ages	Ages 16 and Older	Ages 18 and Older	Multiple Locations	Experience Required
Youth Sports Coaches			Х	Х	Х	Х			Х	Х	
Facility Custodian	Х		Х	Х	Х	Х		Х	Х		Х
Fitness Center Assistant			Х	Х	Х	Х		Х	Х		Х
Swimming Pool Assistant	Х		Х	Х	Х	Х		Х	Х		Х
Front Desk Assistant			Х	Х	Х	Х		Х	Х		
5K Run	Х	Х	Х	Х				Х	Х	Х	
Dinner/Auction	Х		Х	Х	Х			Х	Х	Х	