



**FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

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FOR IMMEDIATE RELEASE

The Monroe County YMCA – HTC Center Now Offers TEAMWORK (Transitioning Exceptional Adults into Meaningful Work)

Columbia, IL (Mar. 20, 2017) – TEAMWORK, formerly a non-profit within Monroe County, helps assist young adults with special needs to become productive and independent adults after high school, through various outreach opportunities at the Y and in the community.

“Providing this type of program adds another level of commitment that the Y brings to the community it serves, and especially to these young individuals,” said John Heater, Executive Director of the Monroe County YMCA – HTC Center. “Our ability to offer services and programs for people of all aptitudes assists in helping them learn, grow and thrive.”

Program service topics include: education and job training, health and wellness, volunteerism, social events, and family support. Participants will learn how to build a resume, receive guidance on personal finance assistance, have weekly fitness opportunities, participate in personal or group training sessions, and much more. The Y continues to work with and reach out to local organizations to help better the community.

TEAMWORK is available to Y members ages 18-24 for \$50 per month. Financial assistance opportunities are also accessible.

You can learn more about the TEAMWORK program and meet the staff by attending an Open House on Tuesday, March 28 from 9am-7pm at the Monroe County YMCA – HTC Center (9514 Caring Way, Columbia, IL).

For any questions regarding the program, please contact Lynsey Wehrenberg, Program Coordinator, at 618.281.9622. Visit gwrymca.org/TEAMWORK for more information.

About the Gateway Region YMCA:

The Gateway Region Y is a nonprofit organization dedicated to youth development, healthy living and social responsibility. Featuring 24 traditional Y branches in Missouri and Illinois, along with the Campus Y student leadership facility at Washington University, the Community Services Y-Without-Walls serving East St. Louis and Y Community Literacy. Our Y also includes YMCA Camp Lakewood and Trout Lodge in Potosi, Missouri. The Carondelet Park Rec Complex and O’Fallon Park Rec Complex are owned by the City of St. Louis and operated by the Y. The Y is committed to serving people of all abilities. For those who qualify, we offer financial assistance so everyone has the opportunity to participate in Y programs, regardless of ability to pay. Our Y is a proud member of the United Way of Greater St. Louis. For more information, please visit www.gwrymca.org or call 314-436-1177.