



Volunteers are an essential part of everything the YMCA does. Through volunteer insight and engagement, we provide programs that promote youth development, healthy living and social responsibility. Below is a list of many of the opportunities we have for individuals, families and groups to help us serve the community. If you are interesting in volunteering for any of the activities described below, call Chris Geden at 314-932-1423 or go to [www.ymcastlouis.org](http://www.ymcastlouis.org).

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