



INDOOR SPRINT TRIATHLON O'FALLON YMCA

(If signing up as a team, have all team members fill out a separate form)

Registration Form:

Estimated Times Swim: Bike Run	Name:	
Team Name: Team Members: Home Phone: E-mail: Estimated Times Swim: Bike (you will be placed in heats by your estimated finish time) T-shirt Size: Taking part in this voluntary activity. I hereby waive and release any and all rights and claims I may suffer while taking part in this voluntary activity. I hereby waive and release any and all rights and claims I may have against the YMCA, sponsors, personnel or volunteers for any injury I might suffer in this event or for loss or damage to my property. I attest that I am physically fit and have prepared for this event.	Gender:	_ Age (as of February 27 th , 2016)
Team Members:	Address:	
Team Members: Cell Phone:	City, State	Zip
E-mail: Estimated Times Run R	Team Name:	
Estimated Times Swim: Bike Run	Team Members:	
Estimated Times Swim:	Home Phone:	Cell Phone:
Swim:	E-mail:	
T-shirt Size: [] YL [] AS [] AM [] AL [] AXL [] AXXL [] AXXXL Waiver of Liability: I understand that the Gateway Region YMCA is not liable for any injuries I may suffer while taking part in this voluntary activity. I hereby waive and release any and all rights and claims I may have against the YMCA, sponsors, personnel or volunteers for any injury I might suffer in this event or for loss or damage to my property. I attest that I am physically fit and have prepared for this event.		Estimated Times
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Cianakuwa	taking part in this vo against the YMCA, s	oluntary activity. I hereby waive and release any and all rights and claims I may have ponsors, personnel or volunteers for any injury I might suffer in this event or for loss or
Signature:Date:Date:	Signature:	Date: rent or quardian signature required if under the age 18.

Mail or bring registration form with payment to: O'Fallon YMCA, 284 N. Seven Hills Road, O'Fallon, IL 62269. Make check payable to YMCA.

O'Fallon YMCA 284 N. Seven Hills Road O'Fallon IL, 62269 618-628-7701

http://www.gwrymca.org