



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# READY, SET SAVE!

## WATER SAFETY GATEWAY REGION YMCA

### READY

- Create layers of protection between the water and your children.
- Install alarms on doors and windows that lead to the pool.
- Build a non-climbable five-foot fence between the house and the pool.
- Use self-closing fence gates that open outwards with latches out of the child's reach.
- Have rescue equipment mounted by the pool.
- Learn CPR
- Talk to adults that are caring for your child around water.
- Enroll children in swim lessons.

### SET

- Watching is the most important thing to remember. Never leave your child alone near a pool, spa, bathtub, toilet, bucket or any standing water in which a child's nose or mouth may be submerged.
- Assign an adult "water watcher," who is committed to supervising the pool area.
- Have phone access near the water area.
- Wear personal flotation devices that are Coast Guard approved.

### SAVE

- Call 911.
- Throw! Don't go. Throw rescue equipment to the victim.
- Begin CPR.

