



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# MAKE A DIFFERENCE VOLUNTEER AT THE Y

Volunteers are an essential part of everything the YMCA does. Through volunteer insight and engagement, we provide programs that promote youth development, healthy living and social responsibility. Below is a list of many of the opportunities we have for individuals, families and groups to help us serve the community. If you are interesting in volunteering for any of the activities described below, call Jen Williams at 636-458-6636 or go to [www.ymcastlouis.org](http://www.ymcastlouis.org).

	Great for Groups	Great for Families	Great for Individuals	One Time	Short-Term	Long-Term	All Ages	Ages 16 and Older	Ages 18 and Older	Multiple Locations	Experience Required
2015 Annual Campaign			X		X				X	X	
2015 Golf Tournament	X		X	X					X		
Referees			X	X	X	X		X	X	X	X
Child Watch			X	X	X	X		X	X		
Concession Stand Attendants	X	X	X	X	X	X		X	X		
Chili Cook-Off	X		X	X				X	X		
WildWest Community Garden	X	X	X	X	X	X	X	X	X		
House Department			X	X	X	X		X	X		
Indoor Triathlon	X		X	X				X	X		

Questions? Please see Jen Williams or email at [jennifer.williams@ymcastlouis.org](mailto:jennifer.williams@ymcastlouis.org) or call 636-458-6636