



## Indoor Aquatic Center Rules

- Children 5 years of age or younger must have an adult (age 18 or older) in the water with them within arm's reach at all times.
- Children 6 – 7 years of age must have an adult in the pool area at all times.
- Children 8-12 years and older must have an adult in the building.
- Children 13 years and older may swim independently.
- Inflatables, diving sticks, water guns, rafts, and objects that can be thrown are not permitted.
- Please walk on deck and around the water park features.
- Food and drink are not permitted anywhere on the deck.
- Horseplay is not permitted in the pool or locker rooms.
- Appropriate swim wear must be worn. Cut offs, gym shorts, khakis, etc... are not permitted.
- Chewing gum is not permitted.
- All swimmers must take a soap shower before entering pool or whirlpool.
- Children of diaper age must wear a swim diaper. These are available for purchase at the service center.
- Breath holding and long periods of underwater swimming are not permitted.
- No diving anywhere in the pool.
- Users must be at least 48' tall to use the tall slide.
- Users must slide one at a time in a forward seated position, feet first.
- Running, diving, standing, kneeling, rotating, or stopping on slide is not permitted.
- Move away from the bottom of the slide immediately.
- Floats, masks, goggles and eye glasses are not permitted to be worn on the waterslides.
- Sitting on geysers/ jets is not permitted.
- Children must be 36" or taller to go down the small slide
- Children 8 years or older are not permitted on the pre-school play structure
- Users must follow direction of current at all times.
- Users are not permitted on the island between the lazy river.
- Users in the Vortex must keep their heads above the water at all times.
- Users should limit time in the spa/hot tub to a maximum of 10 minutes.
- Pregnant women and patrons with cardiovascular or respiratory problems should avoid use.
- Children under the age of 18 may not use whirlpool, sauna, or steam room.
- Whirlpool use is not recommended immediately after intense workouts or after sauna.
- Individuals should wait at least five minutes after exercising to cool down, or until sweating has subsided, before using the spa/hot tub.
- Shaving is not permitted in the whirlpool, sauna, or steam room, due the risk of blood borne pathogens.
- Exercise is not allowed in the whirlpool, sauna, or steam room.
- Users may not submerge their head below the surface of the water in hot tub.
- Notify the Manager or Operator on duty if the main drain is not visible.
- To register a complaint about the condition of this pool, please contact St. Louis City at 314-658-1054.
- Lifeguard has Final Authority.

Any person who fails to comply by these or additional rules implemented by the staff may be asked to leave the Aquatic area and/or have their membership privileges suspended or canceled.