

YMCA Camp Lakewood Outdoor Education Packing List

Clearly label all items with your child's full name. Students will be participating in outdoor activities, so send older clothing. YMCA Camp Lakewood is not responsible for any lost or missing items.

Bedding

- Sleeping bag or sheets & blanket (twin size)
- Pillow & pillowcase

Clothing

- Pajamas
- Underclothing
- Socks (plus extra)
- Shirts (long and short sleeved)
- Pants/jeans (required for horseback riding)
- Sweatshirt/jacket
- Raincoat
- Comfortable tennis shoes
- Extra shoes (boots/waterproof are best)
- Shower shoes
- Bag for dirty clothes

Additional Items for Early Spring/Late Fall and Winter

Please Note: Outdoor Education students will be outside for extended periods of time. Please prepare your child with proper clothing for outdoor activities in cooler weather.

- Winter/insulated coat
- Gloves/mittens
- Winter hat

Additional Items for Late Spring/Early Fall and Summer

- Shorts
- Swimsuit (if group is participating in waterfront activities)
- Water shoes with a heel strap may be worn for some water activities (i.e., Keens, Chacos, Tevas, Crocs, water shoes).

Toiletries

- Bath towel & washcloth
- Comb and/or brush
- Deodorant (no aerosol spray cans)
- Lip balm
- Soap/shampoo
- Toothbrush & toothpaste

Other Items

- Day backpack
- Reusable water bottle (REQUIRED)
- Flashlight
- Sunscreen lotion (no aerosol spray cans)
- Insect repellent (no aerosol spray cans)
- Sunglasses and/or hat

Optional Items

- Camera (disposable recommended)
- Reading book
- Stationary/writing paper, pen & stamps

PLEASE DO NOT SEND THE FOLLOWING ITEMS

- Video games or electronic devices
- iPads/iPods/tablets
- Cell phones
- Blow dryers and curling irons
- Chewing gum
- Firearms or archery equipment
- Matches or lighters
- Food
- Hairspray, mousse, gels, etc.
- Knives or other weapons
- Money (speak with Camp Director about Camp Store options)
- Perfume/cologne

MEDICATION: All medication should be checked in with your group leader.

Suggested Items for Cabin Leaders ONLY

- Alarm Clock (or cell phone)
- Watch (or cell phone)
- Extension cord
- Travel mug
- Book to read to children

Closed-toe & closed-heel shoes are required for most activities.