

# ACTIVITY SCHEDULE

## FRIDAY, MARCH 20– Sunday, 22

YMCA of the Ozarks – Trout Lodge



Children under the age of 14 must be accompanied by an adult at all times.

### PROGRAM FACILITY HOURS

	FRI	SAT	SUN
<b>Trout Lodge Front Desk</b>	Sign up for registered activities and check-out board games, hiking maps, scavenger hunts, disc golf, pickleball, basketball, volleyball, fishing equipment, and more. Available by phone at 1-888-386-9622.		
	8 AM-11 PM	8 AM-10 PM	8 AM-5 PM
<b>Boathouse</b>	Check out canoes and kayaks. Closes if combined air and water temperature is less than 100°F		
	1-5 PM	1-5 PM	Closed
<b>Recreation Center</b>	Free space for basketball or soccer. Equipment available in the gym.		
	9-5 PM	9-5 PM	9-5 PM
<b>Waterwheel Country Store</b>	Clothing, jewelry, gifts, toys, souvenirs, snacks and refreshments. Closes during lunch and dinner.		
	1-5 PM	9-12 PM	9-12 PM
<b>Arts &amp; Crafts</b>	Ceramics, tie-dye, stepping stones, mosaics and more! Cost depends on the craft chosen.		
	9 AM -12 PM	9 AM-12 PM 1-5 PM	9 AM- 12 PM
<b>Mini-Golf</b> <b>Opens Memorial day</b>	18 hole course available on a first-come, first-serve basis. Equipment located at the mini-golf course. Scorecards available at the front desk. Currently undergoing a major remodel to include adaptive holes!		
	Close for Remodel!	Close for Remodel!	Close for Remodel!

### ADVENTURE PROGRAMS

Closed toe shoes required. Registration required. Weight limit 250 lbs. See recommended ages by activity.



	SAT	SUN
<b>Pine's Peak Climbing Wall</b>	\$12/person. Climb a 35 foot, vertical rock wall. Recommended 5+	
	4:30 PM	-
<b>Alpine Tower</b>	\$15/person. Climb a 50 foot, vertical hourglass shaped obstacle course. Recommend 7+	
	-	9, 10:30 AM
<b>Canopy Zipline</b>	\$20/person. 315 foot dual zipline. Fly through the trees with a friend. 60-270 pounds.	
	2,3 PM	—



**LOST?**  
**CHECK OUT OUR**  
**PROPERTY MAP**



Questions? Call us at 1-888-386-9622!

# FAMILY & EVENING PROGRAMS

Programs are great for all ages! Under 14 must be accompanied by an adult.

## Friday,

9:00 AM Survival @ TL Lobby  
10:30 AM Fire-building @ Hawkins



## Saturday,

9-10:30 AM Face painting @ Hawkins  
10:30 AM Animal Detective @ Hawkins  
1 PM Pontoon Boat Tour @ Boathouse (\$7/person)  
2 PM Pontoon Boat Tour @ Boathouse (\$7/person)  
7 PM Community Fire @ TL Patio

# PROGRAM DESCRIPTIONS

## GUIDED CAVING (3 HR)

Go spelunking in one of several caves at Trout Lodge! Weather dependent. Registration required.



## SURVIVAL (1.5 HR)

Explore the 10 essentials for wilderness safety and practice building a survival shelter

## ANIMAL DETECTIVE (1 HR)

Learn about animals and search for tracks on this guided hiking and exploration activity.

## EXPLORE THE EARTH! (1.5 HR)

Take a hike and learn some of the unique geology of the Ozark plateau.

## JUNIOR BIRDERS (1 HR)

Learn all about the birds of the Ozarks and make your own pinecone bird feeder.

## STARGAZING (1 HR)

Explore constellations, stars, planets, and much more as we observe the night sky!

## COMMUNITY FIRE (1 HR)

Bring your own s'mores and join us for a quiet time enjoying the evening.

## PONTOON BOAT TOURS (45 MIN)

Relax and take in the sights as you cruise around Sunnen Lake. \$7/person. Registration required.

## FIRE-BUILDING (1 HR)

Sparks will fly as you learn the fire triangle and practice your fire-building skills.

## OUTDOOR COOKING (1HR)

Cook up some tasty outdoor snacks!



# TRIANGLE Y RANCH

## RIDE DESCRIPTIONS

### Valley Horseback Ride

\$40/person. Ages 7+  
Take a one mile ride through the scenic Ozark wilderness.

### Mountain Horseback Ride

\$50/person. Ages 10+  
Ride along a two mile scenic, rugged trail.

Little Buckaroo Ride \$8 per/person Ages 9 and under



Short rides available for the youngest riders.

Closed toe, closed heel shoes and long pants required. Weight limit 250 lbs. Pre-registration required. Call 1-888-386-9622

# RANGE SPORTS

Recommended for ages 8+. Meets at Hawkins Pavilion.

## Archery

Take aim at the bulls-eye! Learn the basics of this ancient sport.



## Axe-throwing

Learn to throw an axe and get it to stick on a target!

## Air Rifles

Covers the basics of firearm safety and shooting technique.

## Riflery

Learn to shoot a .22 rifle! \*Sign-up required. \$20/person. Ages 13+. Limit 8 participants per session. Meets at riflery range.

	MOUNTAIN TRAIL RIDE	VALLEY TRAIL RIDE	LIL BUCKAROO RIDES
Sat	9 AM, 11 AM	10 AM 1,2 PM	3, 3:10, 3:20,3:30 PM

	ARCHERY	AXE-THROWING	AIR RIFLES	RIFLERY
Fri,	2:30-4 PM	4-5:30 PM		
Sat,			9 AM-12 PM	11 AM*
Sun,	9-11 AM	11AM-12 PM		

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