

# ACTIVITY SCHEDULE

## MAY 15 – 17, 2026

YMCA of the Ozarks – Trout Lodge



Children under the age of 14 must be accompanied by an adult at all times.

### PROGRAM FACILITY HOURS

	FRI	SAT	SUN
<b>Trout Lodge Front Desk</b>	Sign up for registered activities and check-out board games, hiking maps, scavenger hunts, disc golf, pickleball, basketball, volleyball, fishing equipment, and more. Available by phone at 573-438-2154.		
	8 AM – 11 PM	8 AM – 11 PM	8 AM – 5 PM
<b>Trout Lodge Dining Hall</b>	Cafeteria-style facility offering buffet meals with a variety of hot and cold options. Meal shifts are assigned at check-in.		
	5:30-7 PM	7:30-9 AM, 12-1:30 PM, 5:30-7 PM	7:30-9 AM, 12-1:30 PM
<b>Boathouse</b>	Check out canoes and kayaks. Closes if combined air and water temperature is less than 100°F		
	-	1 – 5:30 PM	-
<b>Waterwheel Country Store</b>	Clothing, jewelry, gifts, toys, souvenirs, snacks and refreshments.		
	-	9 AM – 12 PM, 1 – 5 PM	9 AM – 12 PM
<b>Arts &amp; Crafts</b>	Ceramics, tie-dye, mosaics, and more! Cost depends on the craft chosen.		
	6 – 8 PM	6 – 8 PM	-
<b>Pickleball Courts</b>	Available for free play first-come first-served during daylight hours. <b>**Instructor led clinic</b>		
	7:30 AM – 9 PM	**9 AM – 11 AM, **1 – 3 PM	7:30 AM – 9 PM
<b>Mini-Golf</b>	Undergoing remodel. Open again Memorial Day weekend! Check out pickleball, corn hole, ping pong and disc golf in the meantime!		

### ADVENTURE PROGRAMS

Closed toe shoes required. Registration required. Weight limit 250 lbs.

**Cancellation Policy:** Minimum 1-hour notice required. If we cancel, all participants receive a full refund. If the participant cancels with less than 1-hour notice and the activity still runs, full charges apply.

	SAT	SUN
<b>Alpine Tower</b>	\$15/person. Climb a 50 foot, vertical hourglass shaped obstacle course. Recommended age 6+.	
	-	10 AM
<b>Canopy Zipline</b>	\$20/person. 315 foot tandem zipline. Weight between 70 and 270. Recommended age 7+.	
	10:30 AM	-

Questions? Call us at 1-888-386-9622!

# FAMILY & EVENING PROGRAMS

Programs great for all ages! Under 14 must be accompanied by an adult.

## Friday

6:45 PM \$\$ Pontoon Boat Tour @ Boathouse

7:30 PM Community Fire @ TL Patio



## Saturday

6:45 PM \$\$ Pontoon Boat Tour @ Boathouse

7:30 PM Community Fire @ TL Patio

## PROGRAM DESCRIPTIONS

### PONTOON BOAT TOURS (45 MIN)

Relax and take in the sights as you cruise around Sunnen Lake. \$7/ person. Registration required.

### COMMUNITY FIRE (1.5 HR)

Bring your own s'mores and join us for a quiet time enjoying the evening.



**LOST?  
CHECK  
OUT OUR  
PROPERTY  
MAP**

# RANGE SPORTS



Meets at Hawkins Pavilion. Riflery meets at the riflery range.

### Archery

Take aim at the bulls-eye! Learn the basics of this ancient sport.

### Axe-throwing

Learn to throw an axe and get it to stick on a target!

### Air Rifles

Covers the basics of firearm safety and shooting technique.

### Riflery\*

Learn to shoot a .22 rifle! \*Sign up required. \$20/person. Ages 13+. Meets at riflery range.

	ARCHERY	AXE-THROWING	AIR RIFLES	RIFLERY*
Sat	1:30 - 2:30 PM	2:30 - 3:30 PM	-	-
Sun	-	-	9:30-10:30 AM	11 AM-12 PM

# TRIANGLE Y RANCH

Closed toe shoes required. Registration required. Weight limit 250 lbs.

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### RIDE DESCRIPTIONS

#### Valley Horseback Ride

\$40/person. Ages 7+

Take a one mile ride through the scenic Ozark wilderness.

#### Mountain Horseback Ride

\$50/person. Ages 10+

Ride along a two mile scenic, rugged trail.



**Little Buckaroo Ride \$8 per/ person. Ages 9 and under**

Short rides available for the youngest riders.

	MOUNTAIN TRAIL RIDE	VALLEY TRAIL RIDE	LITTLE BUCKAROO RIDES
Fri	-	1 PM, 2 PM	3 PM, 3:10 PM
Sat	9 AM, 11 AM	1 PM, 2 PM	3, 3:10, 3:20, 3:30 PM

# UPCOMING EVENTS

## MEMORIAL DAY WEEKEND MAY 22-24

Join us in kicking off the beginning of our summer season! Our waterfront will open for swimming and we will wrap up the holiday with a fireworks display.



**THINK  
OUTSIDE.  
NO BOX REQUIRED!**

2026 YMCA  
CAMP LAKEWOOD



Questions? Call us at 1-888-386-9622!