

ACTIVITY SCHEDULE

FRIDAY, MAY 22 – THURSDAY, MAY 28

YMCA of the Ozarks – Trout Lodge



Children under the age of 14 must be accompanied by an adult at all times.

PROGRAM FACILITY HOURS

	FRI, MAY 22	SAT, MAY 23	SUN, MAY 24	MON, MAY 25	TUE, MAY 26	WED, MAY 27	THU, MAY 28
Trout Lodge Front Desk	Sign up for registered activities and check-out board games, hiking maps, scavenger hunts, disc golf, pickleball, basketball, volleyball, fishing equipment, and more.						
	8 AM – 11 PM	8 AM – 11 PM	8 AM – 11 PM	8 AM – 11 PM	8 AM – 11 PM	8 AM – 11 PM	8 AM – 11 PM
Trout Lodge Dining Hall	Cafeteria-style facility offering buffet meals with a variety of hot and cold options, including kid-friendly choices.						
	White bands 1st shift, grey bands second shift, neon bands no meal plan (stop by front desk to add meals!)						
1st Shift	7:30-8:15, 12-12:45, 5:30– 6:15	7:30-8:15, 12-12:45, 5:30– 6:15	7:30-8:15, 12-12:45, 5:30– 6:15	7:30-8:15, 12-12:45, 5:30– 6:15	7:30-8:15, 12-12:45, 5:30– 6:15	7:30-8:15, 12-12:45, 5:30– 6:15	7:30-8:15, 12-12:45, 5:30– 6:15
2nd Shift	8:15-9, 12:45-1:30, 6:15-7	8:15-9, 12:45-1:30, 6:15-7	8:15-9, 12:45-1:30, 6:15-7	8:15-9, 12:45-1:30, 6:15-7	8:15-9, 12:45-1:30, 6:15-7	8:15-9, 12:45-1:30, 6:15-7	8:15-9, 12:45-1:30, 6:15-7
Recreation Center	Free space for basketball or soccer. Equipment available in the gym.						
	9 AM– 9 PM	9 AM– 9 PM	9 AM– 9 PM	9 AM– 9 PM	9 AM– 9 PM	9 AM– 9 PM	9 AM– 9 PM
Waterwheel Country Store	Clothing, jewelry, gifts, toys, souvenirs, snacks and refreshments. Closes during lunch and dinner.						
	6 – 9 PM	1 – 5 PM	9 AM – 12 PM				
Arts & Crafts	Ceramics, tie-dye, stepping stones, mosaics and more! Cost depends on the craft chosen.						
	1 – 5 PM	9 AM – 12 PM, 1 – 5 PM	9 AM – 12 PM, 1 – 5 PM	9 AM – 12 PM	1 – 5 PM	1 – 5 PM	1 – 5 PM
Mini-Golf	21 hole course available on a first-come, first-serve basis. Equipment located at the mini-golf course. Scorecards available at the front desk.						
	7:30AM-10 PM	7:30AM-10 PM	7:30AM-10 PM	7:30AM-10 PM	7:30AM-10 PM	7:30AM-10 PM	7:30AM-10 PM

RANGE SPORTS

Recommended for ages 8+, Riflery & Trap Shooting 13+. Under 14 must be accompanied by an adult. ***Registration required for Riflery.**

Archery

Take aim at the bulls-eye! Meets at Hawkins Pavilion.

Axe-throwing

Learn to throw an axe and get it to stick on a target! Meets at Hawkins Pavilion.

Air Rifles


Covers the basics of firearm safety and technique. Meets at Riflery Range.

Riflery*

Learn to shoot a .22 rifle! *Sign-up required. \$20/person. Ages 13+. Limit 12 participants. Meets at Riflery Range.

***Cancellation Policy, Riflery:** Minimum 1-hour notice required. If we cancel, all participants receive a full refund. If the participant cancels with less than 1-hour notice and

	ARCHERY	AXE-THROWING	AIR RIFLES	RIFLERY*
Sat, May 23	9-10:15 AM 1:45-3:15 PM	10:30-11:45 AM 3:30-4:30 PM	9 – 11 AM	11 AM* 1, 2 PM*
Sun, May 24	9-10:15 AM 1:45-3:15 PM	10:30-11:45 AM 3:30-4:30 PM	9 – 11 AM	11 AM *
Mon, May 25	1:45-3:15 PM	3:30-4:30 PM	9 – 11 AM	11 AM*
Tue, May 26	9-10:15 AM 1:45-3:15 PM	10:30-11:45 AM 3:30-4:30 PM	9 – 11 AM	11 AM *
Wed, May 27	1:45-3:15 PM	3:30-4:30 PM	9 – 11 AM	11 AM*
Thu, May 28	9-10:15 AM 1:45-3:15 PM	10:30-11:45 AM 3:30-4:30 PM	9 – 11 AM	11 AM *



LOST?
CHECK OUT
OUR
[PROPERTY
MAP](#)



Questions? Call us at 1-888-386-9622!

ADVENTURE PROGRAMS

Closed toe shoes required. Registration required. Weight limit 250 lbs.

Cancellation Policy: Minimum 1-hour notice required. If we cancel, all participants receive a full refund. If the participant cancels with less than 1-hour notice and the activity still runs, full charges apply.

	FRI, MAY 22	SAT, MAY 23	SUN, MAY 24	MON, MAY 25	TUE, MAY 26	WED, MAY 27	THU, MAY 28
Pine's Peak Climbing Wall	\$12/person. Climb a 35 foot, vertical rock wall. Recommended age 5+.						
	-	10 AM	10 AM	-	10 AM, 4 PM	-	10 AM, 4 PM
Canopy Zipline	\$20/person. Swing across a 315 foot tandem zipline. Recommended age 7+.						
	1:30, 3 PM	1:30, 3 PM	1:30	-	-	3 PM	3 PM
Alpine Tower	\$15/person. Climb a 50 foot, vertical hourglass shaped obstacle course. Recommended age 6+.						
	-	1:30, 2:30, 3:30 PM	1:30, 2:30, 3:30 PM	-	1:30, 2:30 PM	-	1:30, 2:30 PM
Sky Skee Zip	\$20/person. Skee-ball airborne! Aim for the targets on the ground while you soar across the sky on the zipline.						
	-	7 PM	7 PM	-	7 PM	-	7 PM

FAMILY & EVENING PROGRAMS

☀ Programs for all ages. ♦ Programs for 5 and under. No registration required! Under 14 must be accompanied by an adult.

Friday, May 22

7:00 PM ☀ Family Fun Night @ Coker Fire Ring
8:30 PM ☀ Night Walk @ TL Lobby
9:30 PM ☀ Stargazing @ TL Patio

Saturday, May 23

1:00 PM ☀ Fire Building @ Hawkins
1:00 PM ♦ Woolly Worm Hunt @ Hawkins
1:45 PM ☀ Knots @ Hawkins
2:15 PM ☀ Mystery Activity @ Hawkins
2:30 PM ☀ Animal Detective @ Hawkins
3:00 PM ☀ Face-painting & Sidewalk Chalk @ Hawkins
3:45 PM ☀ Origami @ Hawkins
5:00 PM ♦ Parachute Games @ Hawkins
7:00 PM ☀ Beach Party @ Waterfront

Sunday, May 24

1:00 PM ♦ Little Explorers @ TL Lobby
1:45 PM ☀ Tower Power @ Hawkins
2:30 PM ☀ Animal Detective @ Hawkins
3:00 PM ☀ Survival @ TL Lobby
3:45 PM ☀ Sandcastle building @ Waterfront
5:00 PM ♦ Bugs Bugs Bugs @ Hawkins
6:45 PM ☀ Volley Ball @ Hawkins
7:00 PM ☀ BINGO @ TL Patio
8:15 PM ☀ Trivia @ TL Patio
8:30 PM ☀ Night Walk @ TL Lobby
9:30 PM ☀ Stargazing @ TL Patio

Monday, May 25

1:00 PM ☀ Fire Building @ Hawkins
1:00 PM ♦ Little Explorers @ TL Lobby
1:45 PM ☀ Tower Power @ Hawkins
2:15 PM ☀ Mystery Activity @ Hawkins
3:00 PM ☀ Survival @ TL Lobby
3:30 PM ☀ Face-painting @ Hawkins
7:00 PM ☀ Beach Party

Tuesday, May 26

1:00 PM ☀ Woodland Windchimes @ Hawkins

1:00 PM ♦ Woolly Worm Hunt @ Hawkins
1:45 PM ☀ Knots @ Hawkins
2:15 PM ☀ Mystery Activity @ Hawkins
3:00 PM ☀ Face Painting & Sidewalk Chalk @ Hawkins
3:30 PM ☀ Up, Up and Away @ Recreation Field
7:00 PM ☀ Family Fun Night @ Coker

Wednesday, May 27

1:00 PM ☀ Fire Building @ Hawkins
1:00 PM ♦ Little Explorers @ TL Lobby
1:45 PM ☀ Tower Power @ Hawkins
2:15 PM ☀ Mystery Activity @ Hawkins
3:00 PM ☀ Survival @ TL Lobby
3:30 PM ☀ Face Painting @ Hawkins
7:00 PM ☀ Barn Dance @ Ranch

Thursday, May 28

1:00 PM ☀ Woodland Windchimes @ Hawkins
1:00 PM ♦ Woolly Worm Hunt @ Hawkins
1:45 PM ☀ Knots @ Hawkins
2:15 PM ☀ Flag Football @ Recreation Field
2:30 PM ☀ Animal Detective @ Hawkins
3:00 PM ☀ Face Painting & Sidewalk Chalk @ Hawkins
3:30 PM ☀ Up, Up, and Away @ Recreation Field

3:45 PM ☀ Origami @ Hawkins
5:00 PM ♦ Parachute Games @ Hawkins
7:00 PM ☀ BINGO @ TL Patio
8:15 PM ☀ Trivia @ TL Patio

PROGRAM DESCRIPTIONS

LITTLE EXPLORERS

Awaken your little one's senses and ignite their love for nature with our and interactive nature walk.

MEDIC BALL

Experience a thrilling twist on dodgeball where strategic teamwork and the "medic's" touch bring players back into the action!

NIGHT WALK

Discover the Ozarks' nocturnal wonders with your family on this guided nighttime adventure.

ANIMAL DETECTIVE

Learn about the local wildlife and discover tracks left behind by animals on this guided hike.

SURVIVAL

Explore the 10 essentials for wilderness safety and practice building a survival shelter.

TOWER POWER

Engineer towering fun and foster family teamwork with our exciting spaghetti and marshmallow construction challenge.

UP, UP & AWAY

Let your spirits soar! Join us for high-flying kite adventures and bubbly fun for the whole family.

WOODLAND WINDCHIMES

Craft enchanting, unique wind chimes from natural, found materials!

WOOLLY WORM HUNT

Embark on a wiggly adventure and discover the amazing art of camouflage in nature.



Memorial Day Fireworks!

To celebrate Memorial Day, we will be having a fireworks show on Saturday, May 23. Fireworks will start just after 9 PM.

Questions? Call us at 1-888-386-9622!

TROUT LODGE WATERFRONT

Capacity may be restricted to as low as 25 people. Waterfront is closed during lightning storms and during drills. Water will be cleared 5 minutes before closing time. **Kids 13 and under must complete a swim assessment and have an adult present at all times. Kids 7 and under must have an adult in the water.**

***Cancellation Policy:** Minimum 1-hour notice required for all sign up activities. If we cancel, all participants receive a full refund. If the participant cancels with less than 1-hour notice and the activity still runs, full charges apply.

	FRI, MAY 22	SAT, MAY 23	SUN, MAY 24	MON, MAY 25	TUE, MAY 26	WED, MAY 27	THU, MAY 28
Trout Lodge Boathouse	Check out canoes, kayaks and paddleboards. Jon boats with trolling motors can be checked out by guests over 18 with a valid driver's license. Life jackets must be worn at all times. Boat check-out ends 30 minutes before boathouse closes.						
	1 - 5:30 PM	9 AM-7 PM	9 AM-7 PM	9 AM-7 PM	9 AM-7 PM	9 AM-7 PM	9 AM-7 PM
Waterfront Swimming	The waterfront swim area at YMCA Trout Lodge offers a refreshing escape with a sandy beach and designated swimming zones for various skill levels, complete with lifeguard supervision.						
	1-5:30 PM	9 AM-8 PM	9 AM-8 PM	9 AM-8 PM	9 AM-8 PM	9 AM-8 PM	9 AM-8 PM
Guided Pontoon Tours*	Relax and take in the sights as you cruise around Sunnen Lake. *Registration required. \$7/person						
	6, 6:45, 7:30, 8:15 PM	6, 6:45, 7:30, 8:15 PM	6, 6:45, 7:30, 8:15 PM	6, 6:45, 7:30, 8:15 PM	6, 6:45, 7:30, 8:15 PM	6, 6:45, 7:30, 8:15 PM	6, 6:45, 7:30, 8:15 PM
Pirate Pontoons*	Ahoy! Join the pirate crew and shoot water guns at the opposing pontoon boat! *Registration required. \$10/person						
	-	-	1, 1:45 PM	1, 1:45 PM	-	1, 1:45 PM	-
Banana Boats*	Ride behind the pontoon boat on a giant inflatable banana! *Registration required. \$10/person						
	-	3, 3:45 PM	3, 3:45 PM	-	-	-	3, 3:45 PM
Boat Float*	Pleasure cruise around Sunnen Lake with a root beer float to enjoy. *Registration required. \$10/person						
	-	1, 1:45 PM	-	-	1, 1:45 PM	-	1, 1:45 PM

TRIANGLE Y RANCH

Closed toe shoes required. Registration required. Weight limit 250 lbs.

Cancellation Policy: Minimum 1-hour notice required. If we cancel, all participants receive a full refund. If the participant cancels with less than 1-hour notice and the activity still runs, full charges apply.

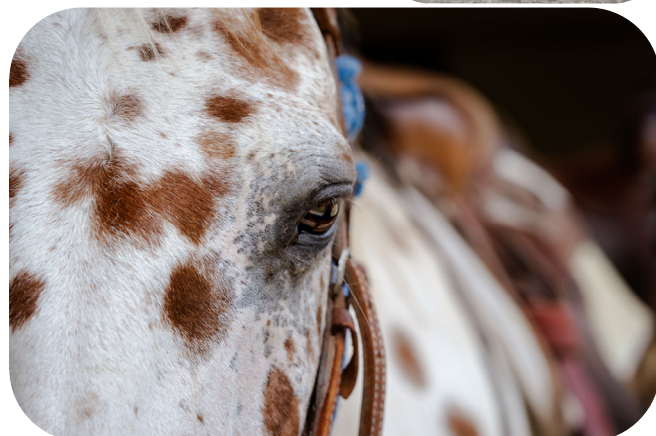
RIDE DESCRIPTIONS

Valley Horseback Ride
\$40/person. Ages 7+
Take a one mile ride through the scenic Ozark wilderness.

Mountain Horseback Ride
\$50/person. Ages 10+
Ride along a two mile scenic, rugged trail.

Little Buckaroo Rides
\$8/person. Ages 9 and under
Short rides available for the youngest riders.

	MOUNTAIN TRAIL RIDE	VALLEY TRAIL RIDE	LITTLE BUCKAROO RIDES
Fri, May 22	-	-	-
Sat, May 23	9 AM, 11 AM	10 AM, 1 PM, 2 PM	3:20, 3:30 PM
Sun, May 24	-	-	-
Mon, May 25	9, 11 AM	10 AM, 1 PM, 2 PM	3, 3:10 3:20, 3:30 PM
Tue, May 26	9, 11 AM	10 AM, 1 PM, 2 PM	3, 3:10 3:20, 3:30 PM
Wed, May 27	9, 11 AM	10 AM, 1 PM, 2 PM	3, 3:10 3:20, 3:30 PM
Thu, May 28	9, 11 AM	10 AM, 1 PM, 2 PM	3, 3:10 3:20, 3:30 PM



Barn Dance

Wednesday, 5/27, 7:00 PM

Triangle Y Ranch

Get ready for a lively evening of traditional fun at the Triangle Y Ranch's barn dance program, featuring classic country dances and a welcoming atmosphere for all ages.

Questions? Call us at 1-888-386-9622!

ARTS & CRAFTS ADDITIONAL PROGRAMS MAY 22-28

FRIDAY

**Art Center hours:
1-5 PM**

Additional activities

**3-4 PM Candle Painting
\$20**

Select your candle mold design, paint with mica powder and pour your candle with your chosen scented soy wax.

Requires use of gloves, mask and goggles. Recommended ages 8+ This project has an overnight dry time and will be ready for pickup 9AM the next day.

SATURDAY

**Art Center hours:
9 AM-12PM
1-5 PM**

Additional activities

**9-10 AM Pour Painting /
Fluid Art
\$20**

Requires use of gloves and to be left overnight to dry. Ready for pickup 9AM the next day.

11 AM-12 PM Ice Dye Fabric

Requires use of gloves and masks. Recommended ages 7+

**3-4 PM Candle Painting
\$20**

SUNDAY

**Art Center hours:
9 AM-12PM
1-5 PM**

Additional activities

9 AM-12 PM

**FREE COMMUNITY
RECYCLING PROJECT**

Learn the process of papermaking. Make pages for future guests and take formerly made sheets home.

MONDAY

**Art Center hours:
9 AM-12PM**

Additional activities

9-10 AM

Stepping Stones

Work with tiles of glass, ceramic and stone to create an image in concrete. Wait 1.5-2 days to pick up the stone from the art center.

TUESDAY

**Art Center hours:
1-5 PM**

Additional activities

1-2 PM Ice Dye Fabric

Tie and dye your fabric canvas using chemical reactions between ice and powder dyes, resulting in watercolor like patterns.

Requires use of gloves and masks. Recommended ages 7+

WEDNESDAY

**Art Center hours:
1-5 PM**

Additional activities

**1-2 PM Pour Painting / Fluid
Art
\$20**

Learn about the process of pour painting, practicing techniques on a 7-inch vinyl record before creating your piece on a full-size vinyl record or a 12x16 inch canvas.

Requires use of gloves and to be left overnight to dry.

THURSDAY

**Art Center hours:
1-5 PM**

Additional activities

**1 PM Candle Painting
\$20**

Select your candle mold design, paint with your chosen colors of mica powder and pour your candle with your chosen scented soy wax.

Requires use of gloves, mask and goggles. Recommended ages 8+ This project has an overnight dry time and will be ready for pickup 9 AM the next day.

CAMP LAKEWOOD



**THINK
OUTSIDE.**
NO BOX REQUIRED!

**2025 YMCA
CAMP LAKEWOOD**

YMCA CAMP LAKEWOOD

Summer adventures are calling! Whether it's conquering the climbing wall, paddling across the lake, or making s'mores by the campfire, YMCA Camp Lakewood is the ultimate summer destination for overnight camp.

Kids will have a blast exploring nature, making lifelong friends, and discovering new talents.

Secure your camper's spot for 2026!

Learn More & Register at camlakewood.org

Questions? Call us at 1-888-386-9622!