

ACTIVITY SCHEDULE

MAY 8 – 10, 2026

YMCA of the Ozarks – Trout Lodge



Children under the age of 14 must be accompanied by an adult at all times.

PROGRAM FACILITY HOURS

	FRI	SAT	SUN
Trout Lodge Front Desk	Sign up for registered activities and check-out board games, hiking maps, scavenger hunts, disc golf, pickleball, basketball, volleyball, fishing equipment, and more. Available by phone at 573-438-2154.		
	8 AM-11 PM	8 AM-11 PM	8 AM-5 PM
Trout Lodge Dining Hall	Cafeteria-style facility offering buffet meals with a variety of hot and cold options. Meal shifts are assigned at check-in.		
	5:30-7 PM	7:30-9 AM, 12-1:30 PM, 5:30-7 PM	7:30-9 AM, 12-1:30 PM
Boathouse	Check out canoes and kayaks. Closes if combined air and water temperature is less than 100°F		
	1 - 5:30 PM	1 - 5:30 PM	-
Recreation Center	Free space for basketball or soccer. Equipment available in the gym.		
	9 AM – 9 PM	9 AM – 9 PM	9 AM – 5PM
Waterwheel Country Store	Clothing, jewelry, gifts, toys, souvenirs, snacks and refreshments.		
	-	10 AM – 2 PM	-
Arts & Crafts	Ceramics, tie-dye, mosaics, and more! Cost depends on the craft chosen.		
	6 - 8 PM	9 AM - 1 PM	-
Mini-Golf	Undergoing Remodel. Open again Memorial Day weekend! Check out pickleball, corn hole, ping pong and disc golf in the meantime!		



ADVENTURE PROGRAMS

Closed toe shoes required. Registration required. Weight limit 250 lbs.

Cancellation Policy: Minimum 1-hour notice required. If we cancel, all participants receive a full refund. If the participant cancels with less than 1-hour notice and the activity still runs, full charges apply.

	FRI	SAT
Alpine Tower	\$15/person. Climb a 50 foot, vertical hourglass shaped obstacle course. Recommended age 6+.	
	-	10 AM
Canopy Zipline	\$20/person. 315 foot tandem zipline. Weight between 70 and 270. Recommended age 7+.	
	3 PM	4 PM



LOST?
CHECK OUT
OUR
[PROPERTY
MAP](#)



Questions? Call us at 1-888-386-9622!

FAMILY & EVENING PROGRAMS

Programs are great for all ages! Under 14 must be accompanied by an adult.

Friday

- 4:30 PM Fire-Building @ Hawkins
- 6:45 PM \$\$ Pontoon Boat Tour @ Boathouse
- 7:30 PM Community Fire @ TL Patio

Saturday

- 10 AM Survival @ Hawkins
- 2 PM Animal Detective @ Hawkins
- 6:45 PM \$\$ Pontoon Boat Tour @ Boathouse
- 7:30 PM Community Fire @ TL Patio



ANIMAL DETECTIVE (1.5 HR)

Learn about the local wildlife and discover tracks left behind by animals on this guided hike.

FIRE-BUILDING (1 HR)

Sparks will fly as you learn the fire triangle and practice your fire-building skills.

SURVIVAL (1.5 HR)

Explore the 10 essentials for wilderness safety and practice building a survival shelter.

PROGRAM DESCRIPTIONS

PONTOON BOAT TOURS (45 MIN)

Relax and take in the sights as you cruise around Sunnen Lake. \$7/ person. Registration required.

COMMUNITY FIRE (1.5 HR)

Bring your own s'mores and join us for a quiet time enjoying the evening.

RANGE SPORTS



Recommended for ages 8+. Meets at Hawkins Pavilion.

Archery

Take aim at the bulls-eye! Learn the basics of this ancient sport.

Axe-throwing

Learn to throw an axe and get it to stick on a target!

Air Rifles

Covers the basics of firearm safety and shooting technique.

	ARCHERY	AXE-THROWING	AIR RIFLES
Sat	2 - 3 PM	3 - 4 PM	11 AM - 12 PM
Sun	9:30 - 10:30 AM	10:30 - 11:30 AM	-

TRIANGLE Y RANCH

Closed toe shoes required. Registration required. Weight limit 250 lbs.

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RIDE DESCRIPTIONS

Valley Horseback Ride

\$40/person. Ages 7+
Take a one mile ride through the scenic Ozark wilderness.

Mountain Horseback Ride

\$50/person. Ages 10+
Ride along a two mile scenic, rugged trail.



Little Buckaroo Ride \$8 per person. Ages 9 and under
Short rides available for the youngest riders.

UPCOMING EVENTS

YMCA TROUT LODGE PICKLEBALL WEEKEND MAY 15-17

Hit the courts, learn and unwind at scenic YMCA Trout Lodge.

HOW: To book your stay, enter group code 6636 under special rates

WHO: All skill levels welcome! Ages 18+.

For more information, contact 573-438-2154 or email familyreservations@gwymca.org

Scan the QR code below to register!



MEMORIAL DAY WEEKEND MAY 22-24

Join us in kicking off the beginning of the summer season! Our waterfront will open for swimming and we will wrap up the holiday with a fireworks display.

	MOUNTAIN TRAIL RIDE	VALLEY TRAIL RIDE	LITTLE BUCKAROO RIDES
Sat	9, 11 AM	10 AM, 1, 2 PM	3, 3:10, 3:20, 3:30 PM

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