

# ACTIVITY SCHEDULE

## FRIDAY, JULY 31 – THURSDAY, AUGUST 6

YMCA of the Ozarks – Trout Lodge



Children under the age of 14 must be accompanied by an adult at all times.

### PROGRAM FACILITY HOURS

|                                         | FRI, JULY 31                                                                                                                                                                                                                                             | SAT, AUGUST 1      | SUN, AUGUST 2     | MON, AUGUST 3      | TUE, AUGUST 4      | WED, AUGUST 5      | THU, AUGUST 6      |
|-----------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------|-------------------|--------------------|--------------------|--------------------|--------------------|
| <b>Trout Lodge Front Desk</b>           | Sign up for registered activities and check-out board games, hiking maps, scavenger hunts, disc golf, pickleball, basketball, volleyball, fishing equipment, and more. Available by phone at 1-888-386-9622.                                             |                    |                   |                    |                    |                    |                    |
|                                         | 8 AM–11 PM DAILY                                                                                                                                                                                                                                         |                    |                   |                    |                    |                    |                    |
| <b>Trout Lodge Dining Hall</b>          | Cafeteria-style facility offering buffet meals with a variety of hot and cold options, including special dietary and kid-friendly choices.<br>White bands 1st shift, grey bands second shift, neon bands no meal plan (stop by front desk to add meals!) |                    |                   |                    |                    |                    |                    |
| <b>Shift 1</b>                          | 7:30–8:15 AM, 12–12:45 PM, 5:30–6:15 PM                                                                                                                                                                                                                  |                    |                   |                    |                    |                    |                    |
| <b>Shift 2</b>                          | 8:15–9 AM, 12:45–1:30 PM, 6:15–7 PM                                                                                                                                                                                                                      |                    |                   |                    |                    |                    |                    |
| <b>Recreation Center</b>                | Free space for basketball or soccer. Equipment available in the gym.                                                                                                                                                                                     |                    |                   |                    |                    |                    |                    |
|                                         | 6 PM – 9 PM                                                                                                                                                                                                                                              | 9 AM – 9 PM        | 9 AM – 9 PM       | 6 PM – 9 PM        | 6 PM – 9 PM        | 6 PM – 9 PM        | 6 PM – 9 PM        |
| <b>Waterwheel Country Store</b>         | Clothing, jewelry, gifts, toys, souvenirs, snacks and refreshments. <b>Closes from 12–1 PM for lunch.</b>                                                                                                                                                |                    |                   |                    |                    |                    |                    |
|                                         | 10:30 AM – 7:30 PM                                                                                                                                                                                                                                       | 10:30 AM – 7:30 PM | 8:30 AM – 5:30 PM | 10:30 AM – 6:30 PM | 10:30 AM – 6:30 PM | 10:30 AM – 7:30 PM | 10:30 AM – 5:30 PM |
| <b>Arts &amp; Crafts</b>                | Ceramics, tie-dye, stepping stones, mosaics and more! Cost depends on the craft chosen. <b>Closes from 12–1 PM for lunch.</b>                                                                                                                            |                    |                   |                    |                    |                    |                    |
|                                         | 9 AM – 5 PM                                                                                                                                                                                                                                              | 9 AM – 5 PM        | 9 AM – 12 PM      | 9 AM – 5 PM        | 9 AM – 5 PM        | 9 AM – 5 PM        | 9 AM – 5 PM        |
| <b>Pickleball &amp; Minigolf Courts</b> | Available for open play throughout the day. Pickleball equipment and minigolf score cards available at the front desk.                                                                                                                                   |                    |                   |                    |                    |                    |                    |
|                                         | 7:30AM–10 PM DAILY                                                                                                                                                                                                                                       |                    |                   |                    |                    |                    |                    |

### RANGE SPORTS

Recommended for ages 8+. Riflery & Trap Shooting 13+. Under 14 must be accompanied by an adult. **\*Registration required for Riflery and Trap Shooting.**  
**\*Cancellation Policy, Riflery & Trap Shooting:** Minimum 1-hour notice required. If we cancel, all participants receive a full refund. If the participant cancels with less than 1-hour notice and the activity still runs, full charges apply.

|     | ARCHERY                    | AXE-THROWING                   | AIR RIFLES | RIFLERY*             |
|-----|----------------------------|--------------------------------|------------|----------------------|
| Fri | 1:45 – 3:15 PM             | 3:30 – 4:30 PM                 | 9 – 11 AM  | 11 AM                |
| Sat | 9–10:15 AM<br>1:45–3:15 PM | 10:30–11:45 AM<br>3:30–4:30 PM | 9 – 11 AM  | 11 AM                |
| Sun | 9–10:15 AM<br>1:45–3:15 PM | 10:30–11:45 AM<br>3:30–4:30 PM | 9 – 11 AM  | 11 AM, 1 PM,<br>2 PM |
| Mon | 1:45–3:15 PM               | 3:30–4:30 PM                   | 9 – 11 AM  | 11 AM                |
| Tue | 9–10:15 AM<br>1:45–3:15 PM | 10:30–11:45 AM<br>3:30–4:30 PM | 9 – 11 AM  | 11 AM                |
| Wed | 1:45–3:15 PM               | 3:30–4:30 PM                   | 9 – 11 AM  | 11 AM                |
| Thu | 9–10:15 AM<br>1:45–3:15 PM | 10:30–11:45 AM<br>3:30–4:30 PM | 9 – 11 AM  | 11 AM                |

Archery meets at Hawkins Pavilion.

Axe-throwing meets at Hawkins Pavilion.

Air Rifles meets at Riflery Range.

Riflery\* meets at Riflery Range. **\$20/person.**

#### Trap Shooting\*

Sunday, 8/2  
9 AM & 10 AM

Meets in Trout Lodge Lobby

Take aim at flying clays and try to shoot them!

**\*Sign-up required. \$40/person. Ages 13+.**



**Questions? Call us at 1-888-386-9622!**

# ADVENTURE PROGRAMS

Closed toe shoes required. Registration required. Weight limit 250 lbs.

**Cancellation Policy:** Minimum 1-hour notice required. If we cancel, all participants receive a full refund. If the participant cancels with less than 1-hour notice and the activity still runs, full charges apply.



|                                  | FRI, JULY 31                                                                                     | SAT, AUGUST 1       | SUN, AUGUST 2       | MON, AUGUST 3 | TUE, AUGUST 4 | WED, AUGUST 5 | THU, AUGUST 6 |
|----------------------------------|--------------------------------------------------------------------------------------------------|---------------------|---------------------|---------------|---------------|---------------|---------------|
| <b>Pine's Peak Climbing Wall</b> | \$12/person. Climb a 35 foot, vertical rock wall. Recommended age 5+.                            |                     |                     |               |               |               |               |
|                                  | -                                                                                                | 10 AM               | 10 AM               | -             | 10 AM, 4 PM   | -             | 10 AM, 4 PM   |
| <b>Canopy Zipline</b>            | \$20/person. Swing across a 315 foot tandem zipline. Recommended age 7+.                         |                     |                     |               |               |               |               |
|                                  | 1:30, 3 PM                                                                                       | 1:30, 3 PM          | 1:30 PM             | -             | -             | 3 PM          | 3 PM          |
| <b>Alpine Tower</b>              | \$15/person. Climb a 50 foot, vertical hourglass shaped obstacle course. Recommended age 6+.     |                     |                     |               |               |               |               |
|                                  | -                                                                                                | 1:30, 2:30, 3:30 PM | 1:30, 2:30, 3:30 PM | -             | 1:30, 2:30 PM | -             | 1:30, 2:30 PM |
| <b>Sky Skee Zip</b>              | \$20/person. Skee-ball airborne! Aim for the targets on the ground while you zip across the sky. |                     |                     |               |               |               |               |
|                                  | -                                                                                                | 7 PM                | 7 PM                | -             | 7 PM          | -             | 7 PM          |

# FAMILY & EVENING PROGRAMS

☼ Programs for all ages. ♦ Programs for 5 and under. **No registration required!** Under 14 must be accompanied by an adult.



## Friday, July 31

1:00 PM ☼ Fire Building @ Hawkins  
 1:00 PM ♦ Bugs, Bugs, Bugs @ Hawkins  
 2:30 PM ☼ Mystery Activity @ Hawkins  
 3:30 PM ☼ Face Painting @ Hawkins  
 7:00 PM ☼ Family Campfire @ Coker Fire Ring

## Saturday, August 1

1:00 PM ♦ Bubble Party @ Hawkins  
 2:00 PM ☼ Friendship Bracelets @ Hawkins  
 3:30 PM ☼ Face-painting & Sidewalk Chalk @ Hawkins  
 7:00 PM ☼ Beach Party @ Waterfront  
 8:45 PM ☼ Night Walk and Stargazing @ TL Lobby

## Sunday, August 2

1:00 PM ☼ Tower Power @ Hawkins  
 2:00 PM ♦ Parachute Games @ Hawkins  
 3:00 PM ☼ Face Painting @ Hawkins  
 7:00 PM ☼ BINGO and Trivia @ TL Patio

## Monday, August 3

1:00 PM ☼ Fire Building @ Hawkins  
 1:00 PM ☼ Woodland Windchimes @ Hawkins  
 2:30 PM ☼ Mystery Activity @ Hawkins  
 3:30 PM ☼ Face-painting @ Hawkins  
 7:00 PM ☼ Karaoke @ Mallard Room

## Tuesday, August 4

1:00 PM ☼ Knots @ Hawkins  
 1:00 PM ☼ Animal Detective @ Hawkins  
 2:30 PM ☼ BINGO @ Hawkins  
 3:30 PM ☼ Friendship Bracelets @ Hawkins  
 7:00 PM ☼ Family Campfire @ Coker Fire Ring

## Wednesday, August 5

1:00 PM ☼ Fire Building @ Hawkins  
 1:00 PM ♦ Parachute Games @ Hawkins  
 2:30 PM ☼ Mystery Activity @ Hawkins  
 3:30 PM ☼ Face Painting @ Hawkins  
 7:00 PM ☼ Barn Dance @ Ranch

## Thursday, August 6

1:00 PM ☼ Friendship Bracelets @ Hawkins  
 1:00 PM ♦ Bubble Party @ Hawkins  
 2:30 PM ☼ BINGO @ Hawkins  
 3:30 PM ☼ Face-painting @ Hawkins  
 7:00 PM ☼ Beach Party @ Waterfront

## PROGRAM DESCRIPTIONS

### ANIMAL DETECTIVE

Learn about the local wildlife and discover tracks left behind by animals on this guided hike.

### LITTLE EXPLORERS

Awaken your little one's senses and ignite their love for nature with our and interactive nature walk.

### MYSTERY ACTIVITY

It's a mystery! Show up and find out what we are doing. Be ready to get wet!

### TOWER POWER

Engineer towering fun and foster family teamwork with our exciting spaghetti and marshmallow construction challenge.

### WOODLAND WINDCHIMES

Craft enchanting, unique wind chimes from natural, found materials!

## LOST?

## CHECK OUT OUR

### PROPERTY MAP



Questions? Call us at 1-888-386-9622!

# TROUT LODGE WATERFRONT

Capacity may be restricted to as low as 25 people. Waterfront is closed during lightning storms and during drills. Water will be cleared 5 minutes before closing time. **Kids 13 and under must complete a swim assessment and have an adult present at all times. Kids 7 and under must have an adult in the water.**

**\*Cancellation Policy:** Minimum 1-hour notice required for all sign up activities. If we cancel, all participants receive a full refund. If the participant cancels

|                              | FRI, JULY 31                                                                                                                                                                                                                                         | SAT, AUGUST 1          | SUN, AUGUST 2          | MON, AUGUST 3          | TUE, AUGUST 4          | WED, AUGUST 5          | THU, AUGUST 6          |
|------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------|------------------------|------------------------|------------------------|------------------------|------------------------|
| <b>Trout Lodge Boathouse</b> | Check out canoes, kayaks and paddleboards. Jon boats with trolling motors can be checked out by guests over 18 with a valid driver's license. <b>Life jackets must be worn at all times. Boat check-out ends 45 minutes before boathouse closes.</b> |                        |                        |                        |                        |                        |                        |
|                              | 9 AM - 7 PM DAILY                                                                                                                                                                                                                                    |                        |                        |                        |                        |                        |                        |
| <b>Waterfront Swimming</b>   | The waterfront swim area at YMCA Trout Lodge offers a refreshing escape with a sandy beach and designated swimming zones for various skill levels, complete with lifeguard supervision.                                                              |                        |                        |                        |                        |                        |                        |
|                              | 9 AM - 8 PM DAILY                                                                                                                                                                                                                                    |                        |                        |                        |                        |                        |                        |
| <b>Guided Pontoon Tours*</b> | Relax and take in the sights as you cruise around Sunnen Lake. <b>*Registration required. \$7/person</b>                                                                                                                                             |                        |                        |                        |                        |                        |                        |
|                              | 6, 6:45, 7:30, 8:15 PM                                                                                                                                                                                                                               | 6, 6:45, 7:30, 8:15 PM | 6, 6:45, 7:30, 8:15 PM | 6, 6:45, 7:30, 8:15 PM | 6, 6:45, 7:30, 8:15 PM | 6, 6:45, 7:30, 8:15 PM | 6, 6:45, 7:30, 8:15 PM |
| <b>Pirate Pontoons*</b>      | Ahoy! Join the pirate crew and shoot water guns at the opposing pontoon boat! <b>*Registration required. \$10/person</b>                                                                                                                             |                        |                        |                        |                        |                        |                        |
|                              | 1, 1:45 PM                                                                                                                                                                                                                                           | -                      | 1, 1:45 PM             | 1, 1:45 PM             | -                      | 1, 1:45 PM             | -                      |
| <b>Banana Boats*</b>         | Ride behind the jet ski on a giant inflatable banana! <b>*Registration required. \$10/person</b>                                                                                                                                                     |                        |                        |                        |                        |                        |                        |
|                              | 3, 3:45 PM                                                                                                                                                                                                                                           | 3, 3:45 PM             | 3, 3:45 PM             | -                      | -                      | -                      | 3, 3:45 PM             |
| <b>Boat Float*</b>           | Pleasure cruise around Sunnen Lake with a root beer float to enjoy. <b>*Registration required. \$10/person</b>                                                                                                                                       |                        |                        |                        |                        |                        |                        |
|                              | -                                                                                                                                                                                                                                                    | 1, 1:45 PM             | -                      | -                      | 1, 1:45 PM             | -                      | 1, 1:45 PM             |
| <b>Mud Cave*</b>             | Take a ride to the far side of the lake and go caving! Wear closed toe shoes or boots that can get wet. <b>*Registration required. \$12/person. Ages 8+. Meets at Trout Lodge Lobby.</b>                                                             |                        |                        |                        |                        |                        |                        |
|                              | -                                                                                                                                                                                                                                                    | 1 - 4 PM               | 1 - 4 PM               | -                      | -                      | -                      | -                      |

# TRIANGLE Y RANCH

|     | MOUNTAIN TRAIL RIDE | VALLEY TRAIL RIDE | LITTLE BUCKAROO RIDES |
|-----|---------------------|-------------------|-----------------------|
| Fri | 9 AM, 11 AM         | 10 AM, 1 PM, 2 PM | 3, 3:10 3:20, 3:30 PM |
| Sat | 9, 11 AM            | 10 AM, 1 PM, 2 PM | 3, 3:10 3:20, 3:30 PM |
| Sun | -                   | -                 | -                     |
| Mon | 9 AM                | 10 AM, 1 PM, 2 PM | 3, 3:10 3:20, 3:30 PM |
| Tue | 9 AM                | 10 AM, 1 PM, 2 PM | 3, 3:10 3:20, 3:30 PM |
| Wed | 9 AM                | 10 AM, 1 PM, 2 PM | 3, 3:10 3:20, 3:30 PM |
| Thu | 9 AM                | 10 AM, 1 PM, 2 PM | 3, 3:10 3:20, 3:30 PM |

## RIDE DESCRIPTIONS

**\*Registration required for all ranch programs!** Closed toe shoes and long pants required. Weight limit 250 lbs.

### Valley Horseback Ride \$40/person. Ages 7+

Take a one mile ride through the Ozark wilderness.

### Mountain Horseback Ride \$50/person. Ages 10+

Ride along a two mile scenic, rugged trail.

### Little Buckaroo Rides \$8/child. Ages 9 and under.

Short rides available for the youngest riders.



## Barn Dance

**Wednesday, 8/5, 7:00 PM**  
**Triangle Y Ranch**

Get ready for a lively evening of traditional fun at the Triangle Y Ranch's barn dance program, featuring classic country dances and a welcoming atmosphere for all ages.

**Sign-up to catch the 6:45 PM wagon ride shuttle from Trout Lodge or meet us at the barn!**

**Questions? Call us at 1-888-386-9622!**

# ARTS & CRAFTS ADDITIONAL PROGRAMS SATURDAY, AUGUST 1

## SATURDAY

### 10 AM Pour Painting / Fluid Art \$20

Practice pour painting techniques on a 7in vinyl record before creating your piece on a full-size vinyl record or canvas. Requires use of gloves and to be left overnight to dry. Ready for pickup 9AM next day.

### 11 AM Ice Dye Fabric Price varies

Tie and dye your fabric canvas using chemical reactions between ice and powder dyes, resulting in watercolor like patterns. Requires the use of gloves and masks. This project includes an overnight chemical reaction and will be ready for pick up at 9am the next day. Recommended ages 7+

### 3 PM Candle Making \$20

Select your candle mold design, paint with your chosen colors of mica powder, and pour your candle with your chosen scented soy wax. This project has an overnight dry time and will be ready for pick up next day at 9AM. Requires use of gloves, masks, and goggles. Recommended ages 8+



## GROUP BOOKINGS

Did you know that the YMCA of the Ozarks offers specialized programming for groups during both the summer and fall? Please call to ask about bringing your group out to the YMCA.



We specialize in programs for:

- Outdoor education and field trips
- Team-building and leadership programs
- Youth and faith-based group retreats
- Scouting trips
- Active adult hobby groups
- Family reunions
- Weddings
- Corporate retreats

Please give us a call or scan the QR code to inquire about availability for your group to experience the magic of the YMCA of the Ozarks.



Questions? Call us at 1-888-386-9622!