

Turkey Day Run Registration Form 2026

You can sign up online at gwrymca.org/fourrivers, return this form to the YMCA, or call (636) 239-5704.

Name _____ ☐ Male ☐ Female

Age on Event Day _____ DOB _____ Phone _____

Address _____ City, State, Zip _____

Email _____

Divisions

☐ 10K: Competitive Run, timed through 80 minutes

☐ 5K: Fun Run, timed through 50 minutes

☐ 5K: Walk, no timing

☐ 1-Mile Dog Walk: Family Fun Walk includes our four-legged family members! Dog's Name: _____

Shirt Size

☐ CS(6-8) ☐ CM(10-12) ☐ CL(14-16) ☐ AS ☐ AM ☐ AL ☐ AXL ☐ 2XL ☐ 3XL ☐ 4XL

Registrations on or before November 6 include a short-sleeve cotton unisex event shirt.

Upgrade your swag with an additional purchase

☐ Crew-neck sweatshirt, \$20 more

☐ Hoodie, \$20 more

In consideration of this entry, the undersigned, intending to be legally bound hereby for myself, my heirs, executors and administrators, waive and release any and all rights and claims for damages or injuries I may have as a result of said event against the YMCA and all volunteers and sponsors for this event. I further warrant that I have trained for a race of this distance and weather conditions and that I am physically fit for such an event. Event photos and videos may be used for promotional purposes. The event will be held rain or shine. However, in the event of lightning and/or severe weather, the event may be cancelled. No refund will be given.

Signature _____ Date _____

Amount Paid _____

FOUR RIVERS FAMILY YMCA 400 Grand Avenue • Washington MO 63090

P (636) 239-5704 **W** gwrymca.org/fourrivers