



OUTDOOR EDUCATION

At Camp Lakewood

Bring Learning to Life in the Great Outdoors

Located just 90 minutes from St. Louis, YMCA Camp Lakewood offers immersive overnight outdoor education programs that help students explore nature, build confidence, and learn by doing — all in a safe and supportive environment.

Why Choose Trout Lodge for Outdoor Education?

Experienced
Educators

All-Inclusive
Packages

Customizable
Itineraries

Safe & Supportive
Environment

Hands-On Learning

Students engage in interactive sessions covering topics like:

- Aquatic Ecology
- Forest Ecosystems
- Geology and Soil Science
- Orienteering and Map Skills
- Team-Building Challenges

Overnight Experience

Stay 1-4 nights in our cabins or lodge style guest rooms and enjoy evening programs. Included meals feature kid-friendly, buffet-style options with accommodations for any dietary needs.

Flexible Scheduling

Choose a pre-set program or work with our team to customize a learning experience that fits your curriculum. We offer year-round, seasonal availability to fit your academic calendar.

Day Pass Rate: \$49/person | **Nightly Rates:** \$67/chaperone/night | \$97/student/night

Outdoor Education Director: Ethan Howard | ethan.howard@gwymca.org | 573-438-2155 ext. 118



Group Schedule



Day of Arrival

11:00 AM	Arrive, Group Introduction
12:00 - 12:45 PM	Lunch
2:00 - 3:15 PM	Activity
3:30 - 4:45 PM	Activity
5:30 - 6:15 PM	Dinner
7:00 - 8:00 PM	Evening Program

Full Days at Camp

8:00 - 8:45 AM	Breakfast
9:00 - 10:15 PM	Activity
10:30 - 11:45 PM	Activity
12:00 - 12:45 PM	Lunch
2:00 - 3:15 PM	Activity
3:30 - 4:45 PM	Activity
5:30 - 6:15 PM	Dinner
7:00 - 8:00 PM	Evening Program

Day of Departure

8:00 - 8:45 AM	Breakfast
9:00 - 10:15 PM	Activity
10:30 - 11:45 PM	Activity
12:00 - 12:45 PM	Lunch
1:00 PM	Depart

A Snapshot of Our Camp Adventures



Equestrian

Trail rides, barn dance, wagon ride, horsemanship clinic



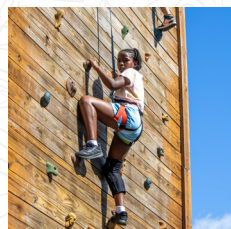
Waterfront

Canoeing, kayaking, swimming, pontoon tours



Target Sports

Air rifle, archery, rifle marksmanship, axe throwing, trap or skeet shooting



Team Building & High Adventure

Challenge course, Alpine Tower, Pines Peak climbing wall, zip lines, giant swing



Outdoor Education

Caving, geology hike, outdoor cooking, orienteering, survival skills



Evening Programs

Stargazing, Minute to Win It, campfires, night hike

Camp Lakewood Highlights



Climate controlled accommodations



Meals and most activities provided



Girl Scouts Program Partner



American Camp Association (ACA) Accredited