

The Y for all

Inclusion and Adaptive Support

NEARLY 26%
of Americans have a disability.

6.7 MILLION
school-age children in the United States have disabilities.

Families of children with disabilities **EXPERIENCE BARRIERS** to accessing quality, affordable, and appropriate care for their children.

At the YMCA, everyone deserves the chance to participate and succeed. That's why we offer comprehensive inclusion and adaptive support services across various programs, from fitness, swimming, and adaptive sports, to day camp, overnight camp, child care and more.

In 2025, the Y served over 1,500 children and adults with disabilities, allocating \$766,000 to support Inclusion and Adaptive Support Services.

Inclusion and Adaptive Support at **Mid-County YMCA**

The YMCA Minier in Brentwood has had a meaningful impact on both of my children, especially my son, Marquist, who is 5 years old and autistic. Since enrolling in the program, we have seen significant improvements in his social skills and several of his daily activities. One of the most noticeable areas of progress has been toileting. The YMCA Minier made a genuine effort to understand Marquist's individual needs and support his development. They brought in an Inclusion Specialist, Ms. Leecy, who played an important role in helping Marquist develop additional toileting skills. She also provided the staff with resources, strategies, and guidance for working with children with special needs. Her involvement gave the staff additional tools to better understand Marquist and help him become more independent. The YMCA Minier also holds a special place in my heart because they have cared for both of my children,

Marquist and my daughter, Myra, who is 1 year old. Before enrolling my children, I was very nervous about putting them in daycare because of the many negative experiences and stories parents hear. YMCA Minier was the first childcare program where I felt completely comfortable leaving my children in someone else's care. The teachers and staff also welcomed my involvement in my children's learning and education. They valued my communication as a parent and made me feel like I was part of the team caring for my children. I look forward to continuing to work with the YMCA Minier during future summer programs when Marquist returns and throughout the remainder of Myra's time in the program. The relationships Marquist built, the skills he developed, and the confidence he gained while attending YMCA Minier will stay with our family for a long time. I am thankful that my children had the opportunity to be cared for by people who took the time to truly know them.

**FOR EVERY CHALLENGE, WE SEE POTENTIAL.
FOR EVERY BARRIER, WE EXPAND WHAT'S
POSSIBLE.**

Annual Campaign Goal: \$107,000

Current Impact:

758 households served annually through membership and programs
\$90,262 in direct financial assistance provided to our community last year.

**Opportunity
For All**

Mid-County YMCA
Jennie Alberts
jennie.alberts@gwymca.org
314.866.2314



\$300

gives two children with disabilities access to summer camp, designed to create friendships and learning opportunities in a safe environment.

\$400

gives one child a month of Before and After Care at a YClub site.

\$1,000

provides one child a year of meals at an Early Childcare Center.

**Join us as we create
opportunity for all.
Scan to give.**

