

RIVERCHASE
YMCA



The Y for all

Inclusion and Adaptive Support

NEARLY 26%
of Americans have a disability.

6.7 MILLION
school-age children in the United
States have disabilities.

Families of children with
disabilities **EXPERIENCE**
BARRIERS to accessing quality,
affordable, and appropriate care
for their children.

At the YMCA, everyone deserves the chance to participate and succeed. That's why we offer comprehensive inclusion and adaptive support services across various programs, from fitness, swimming, and adaptive sports, to day camp, overnight camp, child care and more.

In 2025, the Y served over 1,500 children and adults with disabilities, allocating \$766,000 to support Inclusion and Adaptive Support Services.

Inclusion and Adaptive Support at **RiverChase YMCA**

A Parent's Perspective

"As a working parent of a child with Autism and ADHD, finding a summer camp where my son would be safe, welcomed, included, and able to have fun has always been a top priority.

Our experience at YMCA Camp at RiverChase exceeded every hope we had. From the beginning, the team took the time to understand my son's needs, and the communication throughout the summer was exceptional. Camp Director Lexi Ates and her staff created an environment where he felt supported and cared for, while still being encouraged to grow and become more independent.

Over the summer, my son became more comfortable interacting and playing with other children, made friends, learned to take turns and be patient, and gained confidence in everyday skills. His swimming skills and comfort in the water also improved tremendously.

Most importantly, I rarely found myself worrying about him because I knew he was in good hands. The care, inclusion, fun, and affordability of RiverChase Camp made an incredible difference for our entire family.

Thank you, YMCA Camp at RiverChase, Lexi, and the entire team for creating a place where my child could belong, grow, and thrive. We'll be back next year—and we hope to bring more families with us!"

**For every challenge, we see potential.
For every barrier, we expand what's possible.**

Annual Campaign Goal: \$60,000

Current Impact:

served annually through membership and programs.

Current Impact:

in direct financial assistance provided our community last year.



\$125

provides 6 weeks of adaptive fitness sessions to one individual with a disability.

\$400

allows an individual with a disability the opportunity to be a superstar athlete for a year in our adaptive sports programs.

\$1,000

sends 2 kids to camp for one month, where they experience a fun, safe, educational, and healthy environment.

**Opportunity
For All**

RIVERCHASE YMCA

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**Join us as we create
opportunity for all.
Scan to give.**

