PERSONAL TRAINING
PRICING GUIDE

LOYALTY PRICING – 60 MINUTES
1-on-1 training

	Total price	Price per session
4 Sessions/Month	$200	$50
8 Sessions/Month	$380	$47.50
12 Sessions/Month	$540	$45

PRIVATE TRAINING – 60 MINUTES
1-on-1 training

	Total price	Price per session
1 Session	$75	$75
4 Sessions	$280	$70
8 Sessions	$520	$65
12 Sessions	$720	$60
24 Sessions	$1,320	$55
48 Sessions	$2,400	$50
3 Sessions - Intro Session	$120	$40

SEMI PRIVATE – 60 MINUTES
2-3 clients, price per person

	Total price	Price per session
4 Sessions	$130	$32.50
8 Sessions	$240	$30
12 Sessions	$330	$27.50
24 Sessions	$600	$25

PERSONAL TRAINING
PRICING GUIDE

LOYALTY PRICING – 30 MINUTES
1-on-1 training

	Total price	Price per session
4 Sessions/Month	$100	$25
8 Sessions/Month	$190	$23.75
12 Sessions/Month	$276	$23

PRIVATE TRAINING – 30 MINUTES
1-on-1 training

	Total price	Price per session
1 Session	$40	$40
4 Sessions	$140	$35
8 Sessions	$260	$32.50
12 Sessions	$360	$30
24 Sessions	$660	$27.50
48 Sessions	$1,200	$25

SEMI PRIVATE – 30 MINUTES
2-3 clients, price per person

	Total price	Price per session
4 Sessions	$65	$16.25
8 Sessions	$120	$15
12 Sessions	$165	$13.75
24 Sessions	$300	$12.50