



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

SUMMER UNPLUGGED



SUMMER
CAMP
2017



EMERSON FAMILY YMCA
www.gwrymca.org/emerson

Important Information.....	3,13,14
Traditional	4-6
Special Interest	5-7
Counselors in Training.....	16
Aquatics.....	9
Camp Schedule.....	10-11
Overnight Camp.....	12
Fun Club Extended Care.....	13

TRADITIONAL

CAMP WAUPACA

Ages 5-13

9 am - 4 pm



Our traditional day camp is offered through the entire summer for ages 5-13. This camp is designed for a wide variety of conventional interests that include arts & crafts, group games, nature exploration, swimming, field trips and more. Camps are themed weekly. Campers are typically grouped by ages they are at the time of the camp. Most camp activities will be held outdoors with indoor activities provided based on the day and theme. Campers will swim Monday, Wednesday and Friday. Campers ages 5-8 will attend weekly field trips on Tuesday and campers age 9 and up will attend field trips on Thursday.

Camp Fee: \$105/week

Members Pay Only: \$75/week

WEEKLY THEMES

Welcome to Waupaca

Week 1: May 30-June 2

Welcome to Waupaca New and returning campers ages 5-13 will be introduced to camp and begin to develop new relationships. Campers will learn about outdoor safety, teamwork, and the Y core values.

Buggin' Out

Week 2: June 5-9

Amazing Race A great way for our campers, ages 5-13, to become more in tune with nature's treasures is to learn about the different bugs found outside and their life cycle. Campers will be given bug names, such as grasshoppers, ladybugs, butterflies, etc. and will explore the lay of land through nature walks, bug bingo, trivia, and the Cootie Bug race.

All Around the World

Week 3: June 12-16

Campers will be grouped into teams to compete against each other as well as the camp counselors. We will learn good

CAMP KEY



SUN = held outside



BUS = weekly field trip



WAVE = swimming



sportsmanship and fair play. Play activities include challenges from different countries and have teams compete in all of them. Teams travel from "country to country" participating in different challenges.

Wacky Water Week

Week 4: July 19-23

Wacky Water Week As summer heats up, Camp Waupaca is staying cool! Campers will beat the heat by enjoying water games and challenges. Some activities include counselors vs. campers, ages 5-13, balloon challenges, and water relays.

Take the Challenge

Week 5: June 26-30

Campers will be put to the test and must decide if they have what it takes to face their fears! Some activities will include walking through a minefield, blindfolded, eating the unthinkable and sticking their hands in buckets of slimy goo. Week 5: COOKOUT: June 30

Stars & Stripes

Week 6: July 3-7

Stars and Stripes It's that time of year when campers, ages 5- 13, learn about and celebrate some of the history of America! Activities may include making an American flag, playing capture the flag, and learning what the flag represents. No camp: July 4

CELEBRATE HEALTHY KIDS!

Healthy Kids Day
April 29, 2017

Healthy Kids Day is a national YMCA initiative to provide families with resources, activities and programs to keep your kids healthy, active and inspired!

Our event is packed with community resources and active games, and it also gives parents a chance to meet Y staff and camp counselors who will be with your kids all summer long!

**HEALTHY
KIDS DAY®**
A YMCA Initiative

TRADITIONAL CAMP cont.



CAMP WAUPACA

Ages 5-13
9 am - 4 pm

Emerson's Got Talent

Week 7: July 10-14

Express yourself through individual talents! Bring it on, campers! Friends and Family are welcome to attend the All Camp Talent Show, Friday, July 14th, in the Y gym.

Splash Splash!

Week 8: July 17-21

Splash Splash Let's beat the heat with water games! Campers will go water wild! Campers, be prepared to soak your counselor, as it's a competition to see which camp group can soak their counselor the most!

Community Helpers!

Week 9: July 24-28

When you're a part of your community, it's important to know who to call, when you're in need of assistance. Learn about the duties of our local community helpers. Some activities may include a search and rescue, a morning PT (physical training) session, and a field trip to the fire house!

Final Countdown

Week 10: July 31-August 4

Final Countdown Can you believe it's already the end of summer? Spend the week counting down the last days of summer by getting their sillies out, signing each other's camp T-shirt and receiving camp awards!

SPECIAL INTEREST CAMPS

are designed to offer activities focused on a particular interest, learning or progressive opportunity while incorporating overall traditional Y camp principles. Examples include waterpark hop, science, cooking and other activities. Camp size may be smaller in nature and may be offered either indoors or outdoors based on the specified interest.

Mon-Fri 9:00 am-12:00 pm

At 12:00 pm, Special Interest Campers will join Camp Waupaca afternoon activities through 4:00 pm.

Special Interest Campers of all ages will take field trips on Thursdays.

\$120 a week

Y members pay \$95



Basketball Camp

Week 3: June 12-16 • Ages 5-13

Week 9: July 24-28 • Ages 5-13

Check out this camp that's filled with excitement. All instruction is based on positive motivation while focusing on three basic skills - dribbling, passing, and shooting. Camp will focus on basketball drills and scrimmage from 9:00 am-12:00 pm, then join with Camp Waupaca for team-building activities and swimming in the afternoon from 12:00 pm-4:00 pm.

All Sports Camp

Week 7: June 26-30 • Ages 5-13

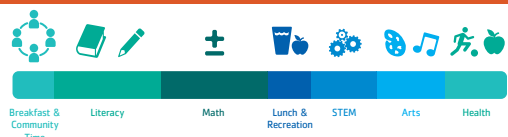
This camp for ages provides a variety of different experiences through multiple sport activities. We will provide basic instruction in this camp. What is it going to take for you to become a YMCA ALL STAR?



FIND THE GENIUS WITHIN

Power Scholars Academy™

a six-week needs-based summer program, serving students entering fourth through eighth grade, designed to not only tackle summer learning loss in math and reading, but to also foster physical and emotional growth. Program held in St. Louis City.



For registration and eligibility requirements for **Power Scholars Academy™** contact:

Jeff Hood
YMCA COMMUNITY DEVELOPMENT
jeff.hood@gwrymca.org or
314.776.7102

Aqua Kids

Week 2: June 5-9

Week 4: June 19-23

Aqua Kids, for ages 5-13, focuses on the beginning stages of learning how to swim and improving existing skills. Campers will learn how to back float, front, back and side paddle as well as master some basic fundamentals of swimming.

Please note that occasionally, camp scheduling and content are subject to change. Parents/guardians will be notified of any changes prior to the beginning of camp.

Water Adventures

Week 6: July 10-14

For ages 8-13, Cool off this summer with us while playing fun water games and learning to swim! This camp is for intermediate swimmers, helping them to improve upon existing swimming skills. Campers will learn to tread water with an effective kick and proper arm stroke techniques, and master the backstroke, breast stroke and sidestroke.



	WEEK 1 May 30-June 2	WEEK 2 June 5-9	WEEK 3 June 12-16	WEEK 4 June 19-23	WEEK 5 June 26-30	WEEK 6 July 3-7	WEEK 7 July 10-14	WEEK 8 July 17-21	WEEK 9 July 24-28	WEEK 10 July 31-Aug 4
TRADITIONAL										
Camp Waupaca	•	•	•	•	•	•	•	•	•	•
SPECIAL INTEREST: SPORTS										
All Sports					•					
Basketball			•						•	
SPECIAL INTEREST: SWIMMING										
Aqua Kids		•		•						
Water Adventures							•			
OUTDOOR RANGERS CAMP										
Themes on Page 18			•	•	•	•	•	•		
Please note that occasionally, camp scheduling and content are subject to change. Parents/guardians will be notified of any changes prior to the beginning of camp.										

GROWING GREAT KIDS

Overnight Summer Camp
YMCA CAMP LAKEWOOD

888-FUN-YMCA
camplakewood.org

Archery & Riflery
Arts & Crafts
Climbing Tower
Zip Line & Tennis
Nature Center
Windsurfing
Canoes & Kayaks
Swimming
Horseback Riding
Basketball
Fishing & Caving
Rugby & Soccer
Football & Hockey
Volleyball
Cabin Activities
All-Camp Games
5,200 acres
360-acre lake
and MUCH more!

Y Member Specials!

\$100 off
sessions 1-3

\$45 off
sessions 4-10

Kids ages 6-17 love Camp Lakewood for the fun activities, new friends and counselors who come from the world over. Parents love Camp Lakewood for the lessons in respect, accomplishments and broadening horizons. This is why campers and parents alike call Camp Lakewood "My Camp." Visit **camplakewood.org** for all of the details.

2017 Open House Dates

Want to see what all of the buzz is about at Camp Lakewood? You are invited to visit the property, talk with our staff and even try some of the activities before registering. Bring the whole family and make a day of it!

Sunday, March 26 1-4 pm Sunday, April 9 1-4 pm
Sunday, April 30 1-4 pm Sunday, May 21 1-4 pm

13528 Hwy AA • Potosi, MO 63664

REGISTER EARLY AND SAVE!

Early Bird Special - Time to Sign Up: December 26 to January 31
• 20% OFF up to three weeks of camp

Summer Blast - Time to Sign Up: February 1 to February 28
• 15% OFF up to three weeks of camp

Summer is Right Around the Corner: March 1 to March 31
• 10% OFF up to three weeks of camp

Register online at www.gwrymca.org/emerson

Discount will be applied in person at the branch, or if registering online, the Camp Registrar will notify you through confirmation email the discount has been applied. Not all camps are eligible for discount. Camp deposit required upon registration. Cannot be combined with any other offer. Does not apply to Camp Lakewood, C.I.T. (Counselor in Training) or Fun Club extended care.

FUN CLUB

Before & After Camp Extended Care

Ages 5-13

Before Care: 6:45 am - 9 am

After Care: 4 pm - 6 pm

Extended Care is a program which runs before and after normal camp hours. This program helps meet the needs of working parents/guardians. Children may select activities from four different interest areas, such as a sports activity, creative arts activity, table games or small group games.

Fun Club Times/Cost:

AM: Weekly 6:45-9:00 am
\$15 a child; Y members pay \$10

PM: Weekly 4:00-6:00 pm
\$15 a child; Y members pay \$10

BOTH: Weekly AM & PM
\$25 a child; Y members pay \$15

SPECIAL PRICING



Register early and save | 13

REGISTRATION CHECKLIST

When registering, remember to complete the following:

- Completely fill out enrollment packet, which includes:
 - Camp Registration Information
 - Enrollment forms
 - EFT form
- Supply Immunization records for Preschool Campers only
- Supply IEP, BMP, or 504 Plan including Inclusion Services forms (if applicable)
- Supply Chronic Health paperwork (if applicable)
- Supply DFS Foster Child approval letter (if applicable)
- Supply Financial Assistance approval letter (if applicable)
- Read the Family Handbook
- Pay \$15 deposits for each week registered for camp

All forms necessary for registration can be downloaded from our website, www.gwymca.org/emerson or picked up at the Emerson Family YMCA. Online registration for camp is available. Please note: registrations made online do not complete your child's registration process and additional forms are required. These forms are available on our branch website or can be picked up at the Welcome Center. Completed forms must be turned in to the branch no later than 2 weeks prior to your child's first day of camp.

Autodraft is the preferred method of payment. You can pay for each week of camp by the specified deadlines as stated in your Family Handbook. Payment options include; online or at the Welcome Center. Methods of payment accepted are cash, check, credit, debit, or money order.

INCLUSION SERVICES

The YMCA provides inclusive programming and reasonable accommodations for all of our program participants. Completed forms must be submitted to the YMCA branch a minimum of two weeks prior to your child's expected camp start date. Factors affecting your child's start date include: late enrollment, submission of incomplete or out-of-date paperwork, and availability of appropriate staff to help facilitate your child's successful participation in the program. Paperwork is processed in the order received.





Counselor In Training (CIT)

CITs will be provided with a hands-on experience working with young campers and the opportunity to cultivate their skills and knowledge in the day camp setting. CIT application, interview, training and a 4-week commitment required.

\$150 Fee (CIT must commit to a minimum of 4 Weeks)

Applications available at YMCA service center for ages 14-17.

APPLICATIONS ARE DUE BY APRIL 1, 2017

Contact Philip Hatten (314) 521-1822
philip.hatten@gwrymca.org



JANUARY

2 - Winter Classes Begin
31 - Last Day for 20%
Early Bird Savings*

FEBRUARY

20 - Spring I Classes Begin
28 - Last Day for 15%
Savings*

MARCH

19 - Easter Egg Hunt
31 - Last Day for 10%
Savings*

APRIL

10 - Spring II Classes Begin
30 - Healthy Kids Day

MAY

25 - Camp Counselor
Meet n' Greet
29 - Memorial Day (No
Camp)
29 - Summer I Classes Begin
30 - Camp Begins

JUNE

JULY

4 - July 4th (No Camp)
10 - Summer II Classes
Begin

AUGUST

4 - Last day of camp

*See page 13 for details

IMPORTANT DATES



COME TO LEARN RETURN TO SERVE

YMCA Central Leaders School

Illinois College in Jacksonville, IL
July 16-22, 2017

www.leaders-school.org

YMCA Central Leaders School is an exciting, supportive atmosphere for teens to learn about themselves and others.

For teens completing grades 6-12 who are active in a Leaders Club or other service opportunities at their local YMCA or community.

For more information:
Contact Philip Hatten
Teen Director
philip.hatten@gwrymca.org

**Register by May 15 for
discounted rates.**

Camp Out** Thursday, July 20

Our Survival Rangers will enjoy an overnight adventure in the great outdoors.

More details about this overnight camp out will be available late spring 2017.



Outdoor Rangers Camps

Formally known as Y-NPS Play, Learn, Serve, Work Outdoors

The Gateway Region Y, in continued partnership with the US National Park Service, Missouri State Parks, Army Corps of Engineers and US Fish and Wild Life Service, is excited to continue to offer 5 weeks of fun and educational camp opportunities. Campers will enjoy nature at its best exploring the outdoors of Missouri.

River Rangers

Meander the flood plain during this unique camp that combines outdoor adventure, river navigation and environmental education. Activities may include canoeing, archery, geocache hiking and more. Ages 5-13.

June 12-16

Rock Rangers

What does Southern MO have in common with Yosemite? Come climb, crawl and carve your way through the rocks of Missouri to find out. Activities may include caving in Fisher Cave, exploring the history of mining and the rocks of Washington State Park and more. Ages 5-13

June 19-23

Bike Rangers

Pedal your way through the parks and trails around St. Louis and learn basic skills, maintenance, etiquette and bike safety. 24 bikes available for campers without their own bike. Campers must have some bicycling experience. Ages 7-13

June 26-30

Nature Rangers

Visit a National Wildlife Refuge and get into nature this week. Real park rangers will teach you how to catch bugs, fish, watch for birds and be a wildlife detective. Ages 5-13

July 10-14

Survival Rangers

Put your outdoor skills to the test in our Survival Rangers camp. Explore camping and survival techniques in a week of adventure. Activities may include fishing, shelter building and outdoor cooking.

**Campers will participate in an overnight on July 20. Ages 7-13

July 17-21

For more information about the Outdoor Rangers Camp contact, Cheryl at 314.644.3100 or cheryl.roe@gwrymca.org

*Camps will be based at the South City YMCA with transportation to and from base camp provided from the Carondelet Park Rec Complex. Fun Club participation is located at the branch of camp registration.

WHAT YOU NEED TO KNOW

Deposits

A \$15 per week/per child deposit is due at the time of registration. Deposit is non-refundable and non-transferable.

Transfers

A \$10 fee per camper/per session will be charged for all changes. No changes accepted after the Monday prior to the start of camp week.

Balance

The full balance of a camp session must be paid by the Wednesday prior to the start of each camp session.

Late Payments

If you do not make the deadline for a session's payment, you will incur a \$10 per day late fee.

Dropped from Camp

Your child will be dropped from the program if full payment including the late fee is not received by Friday noon prior to start of camp. Deposit will be forfeited.

Refunds

Refunds/credits issued if the Y cancels the program except in the case of inclement weather.

Withdrawals

If you withdraw from a program, a refund/credit minus deposit will be issued if requested in writing and received by the camp registrar one week prior to camp starting.

Cancellations

All camps are subject to cancellation due to low enrollment. Camp cancellation is determined by Wednesday prior to camp starting. For all policies/procedures, see Camp Family Handbook.



Age 5 Campers

All children age 5+ may attend a full day camp program provided they have completed a full day educational environment for at least one year prior to enrollment in day camp programs. No naps provided. 5 year-old attendance will be evaluated on an ongoing basis to ensure positive camp experience and child's readiness for full day activities. Camp is based upon chronological age, not developmental age. We may request that a birth certificate be presented for age 5 campers if needed.

Please note

Occasionally camp scheduling and content are subject to change. Parents will be notified of any changes.

Camp Wait List

No charge to be placed on a waiting list. We will contact you if a spot opens. Payment is due at that time.

Camp Drop Off & Pick Up

Beginning at 8:50am, we will greet you in the Family HUB for you to sign your child into our care. Starting at 3:45pm, no need to get out of the car, curbside pickup is available for camp! After 4:05pm a late fee will be charged if your child is not attending after care. Children in after care Fun Club must be signed out by 6:00pm or a late fee will be charged.

Camp Costs:

Members: \$130;
Non-Members: \$150;
Includes Fun Club



EMERSON FAMILY YMCA
3390 Pershall Road
St. Louis MO 63135
(314) 521-1822
Web: www.gwrymca.org/emerson
Email: emerson@gwrymca.org



SUMMER UNPLUGGED

REGISTER EARLY AND SAVE!

Early Bird Special - Time to Sign Up: December 26 to January 31

- 20% OFF up to three weeks of camp

Summer Blast - Time to Sign Up: February 1 to February 28

- 15% OFF up to three weeks of camp

Summer is Right Around the Corner: March 1 to March 31

- 10% OFF up to three weeks of camp

Discount will be applied in person or at the branch or if registering online the Camp Registrar will notify you through confirmation email the discount has been applied. Not all camps are eligible for discount. Camp deposit required upon registration. Cannot be combined with any other offer. Does not apply to Camp Lakewood, C.I.T. or Fun Club.