



the

FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# SUMMER UNPLUGGED



SUMMER  
CAMP  
2017



O'FALLON FAMILY YMCA  
[www.gwrymca.org/ofallonmo](http://www.gwrymca.org/ofallonmo)

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## CAMP CONTACTS

### OUR CAMP STAFF:

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# WELCOME TO CAMP

## O'Fallon Family YMCA

3451 Pheasant Meadow Drive  
O'Fallon, MO 63368  
phone: (636) 379-0092  
email: ofallonmo@gwrymca.org  
website: www.gwrymca.org/ofallonmo

## Camp Hours

Monday-Friday 9 am-4 pm

**Extended Care (before & after camp care)** 6:30 am until the start of camp and end of camp until 6 pm for \$40 per week. Held outside, weather permitting.

## SAVE ON CAMP!

Did you know that Y members receive the lowest rates for camp? Ask us about membership today!

## Camp Counselor Meet 'n' Greet

May 25  
O'Fallon Family YMCA  
6:30 pm - 8pm

Parents of new and returning campers are highly encouraged to attend our Meet n' Greet. Important information will be shared to ensure your camper will be prepared and have a positive first experience. Parents will also have the opportunity to meet the camp staff and ask specific questions. We encourage you to bring the family for a BBQ and an evening of family fun. The pool and slide will be open.

**YMCA MISSION:** To put Christian principles into practice through programs that build healthy spirit, mind and body for all.



**Register Early!  
Space is Limited!**

## Welcome Families & Campers

At the O'Fallon Family Y, we have an action-packed program planned this summer, where young people can make new friends while having a whole lot of fun! The trained and dedicated staff, age-appropriate activities, new camps, field trips, team building, sports and crafts come together to make an unforgettable summer. Our focus is on developing the potential of every camper, while creating a warm and nurturing environment where all campers can play, challenge themselves, and make friends. We strive to engage our campers with mentally and physically rewarding activities that incorporate our core values of Caring, Honesty, Respect, & Responsibility.

-Brandi Horton  
Camp Director

# WHAT YOU NEED TO KNOW

## First Day to Register

Summer Camp registration will begin on Monday, December 26.

All required enrollment forms must be completed in full & received prior to attending camp.

## How to Register

In person or online. Download enrollment packets at [www.gwrymca.org/ofallonmo](http://www.gwrymca.org/ofallonmo). More details are also available in the back of this brochure.

## Financial Assistance Policy

As a charitable nonprofit organization, the Gateway Region YMCA makes financial assistance available to help ensure that all have the opportunity to learn, grow and thrive through programs like summer day camp. For more information or to help send another child to camp by making a donation to the Y's Annual Campaign, call (636) 379-0092.



Register early and save | 3

# TRADITIONAL



## CAMP FUN IN THE SUN

**Ages 5-13**

**9 am - 4 pm**

Offered throughout the entire summer this camp is designed for a wide variety of conventional interests that include arts & crafts, group games, nature exploration, swimming, field trips and more. Camps are themed weekly. Most camp activities will be held outdoors with indoor activities provided based on the day and theme. Day campers will be divided into groups, by grade level they are entering in the fall, with activities appropriate to the interests and needs of each group. Each week includes a weekly field trip as well as a weekly movie viewing at the local movie theatre. Movie field trips do not start until June.

**Camp Fee:** \$155/week

**Members Pay Only:** \$125/week

### Field Trips:

Week 1: Saint Louis Zoo

Week 2: Grades K-3: Purina Farms  
Grades 4-8: Cuivre River

Week 3: Big Joel's Safari

Week 4: White Birch Aquatic Park Center

Week 5: Busch Conservation Area

Week 6: St. Louis Science Center

Week 7: Grades K-3 Wappelhorst  
Grades 4-8 Aquaport

Week 8: Grades K-3 Myseum  
Grades 4-8 City Museum

Week 9: Grades K-3 Kokomo Joe's  
Grades 4-8 Great Skate

Week 10: Northe Pointe Aquatic Center

Week 11: Grades K-3 Pump It Up  
Grades 4-8 Sky Zone

## CAMP KEY



**SUN** = held outside



**BUS** = weekly field trip



**WAVE** = swimming

## TYPICAL DAY

6:30-9:00 Campers arrive/Fun Club (Extended Care)

9:15-9:30 Opening and Thought for the Day

9:30-9:45 Discuss daily activities

9:45-11:45 Special projects (arts & crafts, cook outs, science projects, nature projects, etc.)

11:45-12 Clean up for lunch

12-1 Lunch and "camper choice"

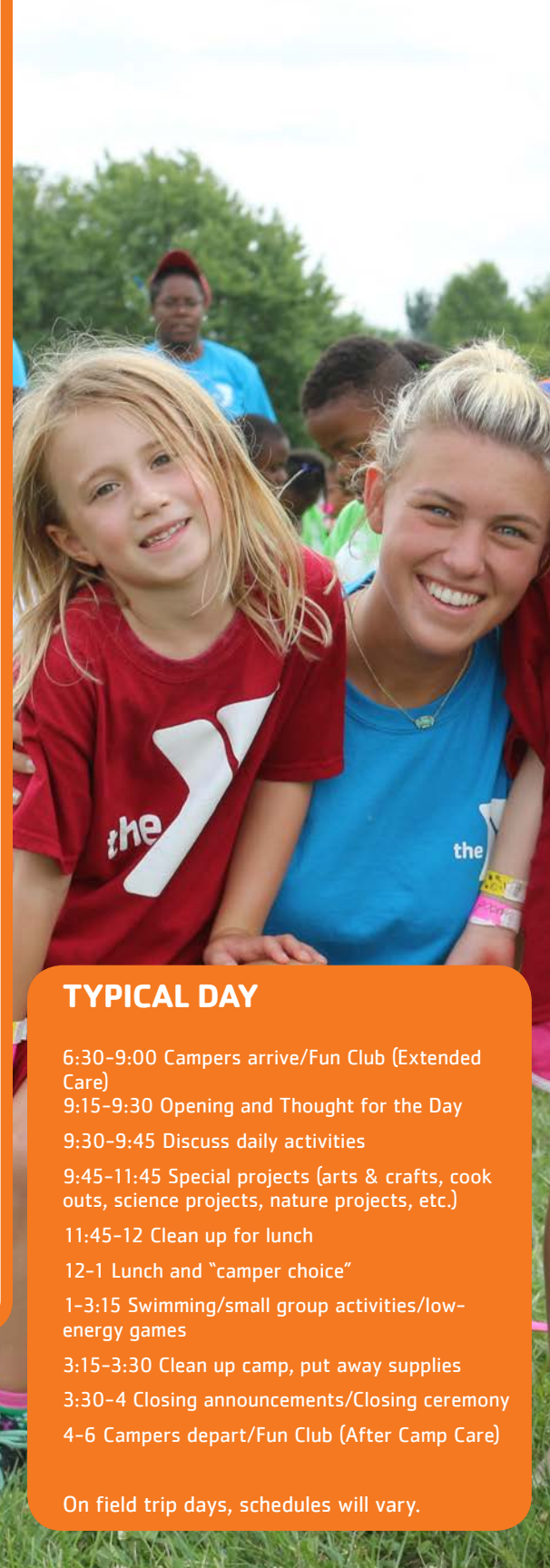
1-3:15 Swimming/small group activities/low-energy games

3:15-3:30 Clean up camp, put away supplies

3:30-4 Closing announcements/Closing ceremony

4-6 Campers depart/Fun Club (After Camp Care)

On field trip days, schedules will vary.



## WEE Y CAMP



**Ages 3-5**

**9:00 am - 12:30 pm**

**Offered throughout the entire summer** Wee Y Camp is the perfect place for your little one to learn the importance of our YMCA core values; Caring, Honesty, Respect and Responsibility. Our trained counselors will guide campers through crafts, weekly swimming, games and other fun activities. Your child will leave camp with memories that last a lifetime. All campers must be toilet trained.

### Wee Y Camp Themes:

- Week 1: Fairy Tale
- Week 2: Safari
- Week 3: STEM
- Week 4: MAD Science
- Week 5: Dinosaur
- Week 6: Circus
- Week 7: Building Blocks
- Week 8: Christmas in July
- Week 9: Pirate Week
- Week 10: Super Heroes
- Week 11: Cooking

Days Attending	Member	Non-Member
Tue/Thur	\$40	\$55
Mon/Wed/Fri	\$50	\$65
Mon-Fri	\$65	\$80

Register early and save | 5

## SPORTS CAMPS



**9am – 4pm**

Sports camps will take weekly field trips on Wednesdays. Destinations to be announced in Spring 2017.

Sports Camp Fee: \$160/week  
Members Pay Only: \$130/week  
(except where noted otherwise)

### Gymnastics

**Week 2: June 5-9 • Grades 1-3**

Campers will utilize drills, games, and teamwork to build gymnastics skills and increase self-confidence. Campers should wear comfortable clothing and tennis shoes.

### Cheer

**Week 2: June 5-9 • Grades 4-8**

**Week 8: July 17-21 • Grades 1-3**

**Week 10: July 31-August 4 • Grades 1-3**

This camp is a great way for girls and boys to learn the basics of cheerleading in a positive atmosphere. Campers will learn motions, cheers, chants, jumps, stunts, tumbling and dance. Please have campers wear comfortable clothing and tennis shoes.

### Basketball

**Week 3: June 12-16 • Grades 1-3**

**Week 11: August 7-11 • Grades 4-8**

Campers will learn and practice ball handling, dribbling, and shooting skills. While learning to improve their game, they will also learn about self-esteem, teamwork, and the value of hard work.

### Backyard Games

**Week 3: June 12-16 • Grades 4-8**

**Week 7: July 10-14 • Grades 1-3**

Campers will enjoy typical backyard games at the Y. From corn hole to frisbee games, they will have fun playing all types of family fun sports.

## Tee it Up

**Week 3: June 12-16 • Grades 4-8**

**Week 4: June 19-23 • Grades 4-8**

Campers will be introduced to the fundamentals and techniques of golf. Each child will work on both simple and advanced skills to help improve their overall game. The first part of the day will be spent at the O'Fallon Family YMCA practicing strokes, putting and chipping. The second half of the day will be spent at the Family Golf Plex, working with a certified golf pro to fine tune and perfect their skills. Campers will play on the full golf course on Friday.

**Tee It Up Camp Fee: \$180/week  
Members Pay Only: \$150/week**

## Dance/Hip Hop

**Week 4: June 19-23 • Grades 4-8**

**Week 9: July 24-28 • Grades 1-3**

Dance can provide a number of physical, developmental and artistic benefits to help build a healthy spirit, mind and body for children. Campers will develop their creativity and self-expression through age-appropriate dance. Campers are encouraged to wear comfortable clothing and ballet or hip hop shoes.

## Volleyball

**Week 5: June 26-30 • Grades 4-8**

The focus of this camp will be on fundamental skills such as bumping, setting, and serving. Campers will learn the basics and how to improve the skills they already have. Group drills and scrimmages will encourage teamwork and self-confidence.

## Multisport

**Week 5: June 26-30 • Grades 1-3**

Campers will enjoy playing a variety of traditional and non-traditional sports during this action packed week. Young athletes will walk away with knowledge of new sports along with vital life lessons such as respect, teamwork & self discipline.

## Sporty Girls

**Week 6: July 3-7 • Grades 1-3**

This camp will bring out the athletic side of every girl. Learn about what it takes to be a great athlete in today's world. We will play softball, basketball, soccer, and more. Campers will get instructions and encouragement as they explore their talents and abilities.

# GROWING GREAT KIDS

## Overnight Summer Camp YMCA CAMP LAKEWOOD

Riflery & Archery

Waterfront & Boating

Nature Center



Kids ages 6-17 • International Staff

Sports

Crafts

Horseback Riding



Making Friends • Accomplishing Goals

Games

Climbing Tower

Zip Line



This is "My Camp" and can be yours too!

**\$45-\$100  
Y Member  
Special**

**5200 acres**

**Private Lake**

**2017 CAMP LAKEWOOD  
OPEN HOUSES**

Sun., March 26 1-4 pm

Sun., April 9 1-4 pm

Sun., April 30 1-4 pm

Sun., May 21 1-4 pm

**888-FUN-YMCA  
camplakewood.org**



## SPORTS CAMPS Cont.

### Rockwall

**Week 6: July 3-7 • Grades 4-8**

**Week 10: July 31-August 4 • Grades 4-8**

Boulder with the best and climb with zest! Campers will learn to climb multiple routes, while learning new techniques to improve strength and coordination. Campers will be taught safety techniques and how to use the equipment appropriately. Participants must wear tennis shoes every day.

### Soccer

**Week 4: June 19-23 • Grades 1-3**

**Week 8: July 17-21 • Grades 4-8**

This is a great beginner level camp that will introduce your campers to the game of soccer. Campers will focus on dribbling, passing, trapping, as well as learn speed moves and defensive skills. Campers will be divided into groups based on skill level, and scrimmages will be held daily.

### Fitness

**Week 7: July 10-14 • Grades 4-8**

Counselors will guide campers through age-appropriate fitness exercises and techniques. Campers will be given the opportunity to participate in both land and water-based aerobic activities. Nutrition will be discussed and healthy lunch tips will be shared and encouraged.

### Summerball

**Week 9: July 24-28 • Grades 1-3**

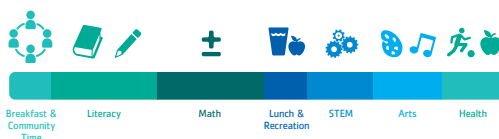
Campers will learn and practice pitching, hitting, catching, and throwing. While learning to improve their game, they will also learn about self-esteem, teamwork, and the value of hard work.

Please note that occasionally camp scheduling and content are subject to change. Parents/guardians will be notified of any changes prior to the beginning of camp.

## FIND THE GENIUS WITHIN

### Power Scholars Academy™

a six-week needs-based summer program, serving students entering fourth through eighth grade, designed to not only tackle summer learning loss in math and reading, but to also foster physical and emotional growth. Program held in St. Louis City.



For registration and eligibility requirements for **Power Scholars Academy™** contact:

Jeff Hood  
YMCA COMMUNITY DEVELOPMENT  
jeff.hood@gwrymca.org or  
314.776.7102



# SPECIAL INTEREST CAMPS

are designed to offer activities focused on a particular interest, learning or progressive opportunity while incorporating overall traditional Y camp principles. Examples include art, science, cooking and other activities. Camp size may be smaller in nature and may be offered either indoors or outdoors based on the specified interest.



## 9am-4pm

Special Interest camps will take weekly field trips on Wednesdays. Destinations to be determined Spring 2017. These camps will take place at City Light Baptist Church, located adjacent to the O'Fallon Family YMCA.

## Cooking

**Week 2: June 5-9 • Grades 1-3**

**Week 4: July 19-23 • Grades 4-8**

**Week 10: July 31-August 4 • Grades 1-3**

**Week 11: August 7-11 • Grades 1-3**

Soups on! Cooking campers will learn to make appetizer dishes, discover new cooking techniques, and of course sample the dishes they create. This camp will give children the opportunity to learn about traditional recipes and perhaps introduce a few they have never tried before.

Camp Fee: \$180/week

**Members Pay Only: \$150/week**

## Gardening

**Week 2: June 5-9 • Grades 4-8**

**Week 5: June 26-30 • Grades 1-3**

Use your green thumb as we explore the garden! Campers can look forward to planting food, flowers, and more in our community garden and beyond. They will focus on the tools of the trade and crafts that include whimsical decorations and projects that will encourage all kinds of wildlife.

Camp Fee: \$170/week

**Members Pay Only: \$140/week**

## Game On!

**Week 3: June 12-16 • Grades 4-8**

Be strategic and challenge your skills in classic board games like chess, checkers, mancala, and more! They will learn defensive and offensive moves on the game board.

Camp Fee: \$170

**Members Pay Only: \$140**

## Young Scientist

**Week 3: June 12-16 • Grades 1-3**

**Week 9: July 24-28 • Grades 1-3**

**Week 10: July 31-August 4 • Grades 1-3**

Bugs, tornados, and inventions. Get ready to mix up some fun at our science camp!

Campers will study the environment, weather, physics, astronomy, bugs, and wildlife - the possibilities are endless this summer!

Camp Fee: \$180/week

**Members Pay Only: \$150/week**

## For Girls Only

**Week 4: June 19-23 • Grades 4-8**

Girls will learn necessary skills to exude confidence, while making new friends and memories that will last a lifetime. Campers will learn self-defense, basic gymnastics, scrapbooking, jewelry-making and slumber party games. (And don't forget the ever-so-popular "Makeover Day!")

Camp Fee: \$170

**Members Pay Only: \$140**

## Build It!

**Week 4: June 19-23 • Grades 1-3**

Campers will have the opportunity to build to their heart's content. Using different materials, campers will learn the basics in construction and design to create amazing projects.

Camp Fee: \$170

**Members Pay Only: \$140**

## Artrageous

**Week 5: June 26-June 30 • Grades 4-8**

**Week 6: July 3-7 • Grades 1-3**

**Week 8: July 17-21 • Grades 1-3**

We have stocked up on all the crafting necessities, so come join us for some artsy fun. Campers will be staying busy, creating a full week's worth of arts and crafts that are sure to amaze.

Camp Fee: \$180/week

**Members Pay Only: \$150/week**

# SPECIAL INTEREST CAMPS

## Wizard Academy

**Week 6: July 3-7 • Grades 4-8**

Attention all witches and wizards! The week awaits where you will be sorted into your house, choose a wand, learn potions, practice wizarding sports, and more. Campers will be immersed in the world of wizards and explore student life at the School of Witchcraft and Wizardry.

**Camp Fee: \$170**

**Members Pay Only: \$140**

## Jedi Training

**Week 6: July 3-7 • Grades 1-3**

**Week 8: July 17-21 • Grades 1-3**

Whether campers take the easy path with the dark side or the more heroic light side, everyone will have a blast creating the perfect Jedi outfit and learning the difference between good and evil. This is a camp filled with futuristic fantasy, crafts and plenty of fun. May the fun be with you!

**Camp Fee: \$170/week**

**Members Pay Only: \$140/week**

## For Boys Only

**Week 7: July 10-14 • Grades 1-3**

Boys will be boys and will enjoy playing in the dirt while building friendships that last a lifetime. Campers will also learn about different bugs and animals along with some survival skills.

**Camp Fee: \$170**

**Members Pay Only: \$140**

## Sci-Fi Experience

**Week 7: July 10-14 • Grades 4-8**

Let's journey through space and time as we learn, create, and play. This camp will explore science, space, and engineering for the real world and fantasy world. Imaginations will soar through the twilight zone in this curious camp.

**Camp Fee: \$170**

**Members Pay Only: \$140**

## Pretty Princess

**Week 7: July 10-14 • Grades 1-3**

This camp features enchanting and fun-filled activities with our Princesses. We'll take care of the Princess essentials: self-esteem and confidence. We'll cover what every princess needs to know, from kissing frogs to sleeping on a pea, through interactive stories, puppet play, dress-up play, arts & crafts and music.

**Camp Fee: \$170**

**Members Pay Only: \$140**

## Take the Stage

**Week 8: July 17-21 • Grades 4-8**

This camp will introduce boys and girls to the fundamentals of acting and theatre production. Campers will learn movement on the stage, costuming and stage make-up. Campers will be given the opportunity to participate in one-act plays and vocal demonstrations.

**Camp Fee: \$170**

**Members Pay Only: \$140**

## Mystery

**Week 9: July 24-28 • Grades 4-8**

Solve a mystery each day! Use detective skills to find clues and answer the question, "who dun-it?" From missing camp supplies to missing camp directors, kids will have a blast working together to problem solve and make decisions in order to discover the true answer to the mysteries.

**Camp Fee: \$170**

**Members Pay Only: \$140**

## Messy Mania

**Week 9: July 24-28 • Grades 4-8**

Wear those messy clothes because we are going to get dirty! We will enjoy muddy, messy games and activities.

**Camp Fee: \$170**

**Members Pay Only: \$140**

## STEM

**Week 11: August 7-11 • Grades 4-8**

Learning has never been as fun as you'll find in our wide array of Science, Technology, Engineering & Math (STEM)! Our STEM Camp combines summer day camp activities with fun, hands-on activities that will stimulate your Campers mind and help him/her explore the endless possibilities offered by these important disciplines.

**Camp Fee: \$180**

**Members Pay Only: \$150**

## Ooey Gooyey

**Week 11: August 7-11 • Grades 1-3**

Wear those messy clothes because we are going to get dirty! We will enjoy muddy, messy games and activities.

**Camp Fee: \$170**

**Members Pay Only: \$140**

# REGISTER EARLY AND SAVE!

Early Bird Special - Time to Sign Up: December 26 to January 31

- 20% OFF up to three weeks of camp

Summer Blast - Time to Sign Up: February 1 to February 28

- 15% OFF up to three weeks of camp

Summer is Right Around the Corner: March 1 to March 31

- 10% OFF up to three weeks of camp

Register online at [www.gwrymca.org/ofallonmo](http://www.gwrymca.org/ofallonmo)

Discount will be applied in person at the branch, or if registering online, the Camp Registrar will notify you through confirmation email the discount has been applied. Not all camps are eligible for discount. Camp deposit required upon registration. Cannot be combined with any other offer. Does not apply to Camp Lakewood, C.I.T. (Counselor in Training) or Fun Club extended care.



## FUN CLUB

Before & After Camp Extended Care

**Ages 5-13**

Before Care: 6:30 am – 9 am

After Care: 4 pm – 6 pm

Extended Care is a program which runs before and after normal camp hours. This program helps meet the needs of working parents/guardians. Children may select activities from four different interest areas, such as a sports activity, creative arts activity, table games or small group games.

A light snack will be provided in After Care. Fun Club fees include both before and after care.

**Cost: \$40/week**



# SUMMER CAMP SCHEDULE

CAMPS	WEEK 1 May 30-June 2	WEEK 2 June 5-9	WEEK 3 June 12-16	WEEK 4 June 19-23	WEEK 5 June 26-30
<b>PRESENCE</b>					
Wee Y Camp (3-5 Yrs) Half Day	•	•	•	•	•
<b>TRADITIONAL</b>					
Camp Fun in the Sun (5-13 Yrs) Full Day	•	•	•	•	•
<b>SPORTS</b>					
Backyard Games			Grades 4-8		
Basketball			Grades 1-3		
Cheer		Grades 4-8			
Dance/HipHop				Grades 4-8	
Fitness					
Gymnastics		Grades 1-3			
Multisport					Grades 1-3
Rock Wall Camp					
Soccer				Grades 1-3	
Sporty Girl					
Summerball					
Tee It Up			Grades 4-8	Grades 4-8	
Volleyball					Grades 4-8
<b>SPECIAL INTEREST</b>					
Artrageous					Grades 4-8
Build It!				Grades 1-3	
Cooking		Grades 1-3		Grades 4-8	
For Boys Only					
For Girls Only				Grades 4-8	
Game On!			Grades 4-8		
Gardening		Grades 4-8			Grades 1-3
Jedi Training					
Messy Mania					
Mystery					
Ooey Gooney					
Pretty Princess					
Sci-Fi Experience					
STEM					
Take the Stage					
Wizard Academy					
Young Scientist			Grades 1-3		
<b>TRAVEL</b>					
Traveling Camps Grades 4-8 (Except where noted)			Water Park Hop Playground Hop Grades 1-3		Great Outdoor
<b>AQUATIC</b>					
Aquatic Camps		Take the Plunge Grades 1-3		Drip, Drip, Drench Grades 1-3	
FAST Ages 13-17	FAST				

	WEEK 6 July 3-7	WEEK 7 July 10-14	WEEK 8 July 17-21	WEEK 9 July 24-28	WEEK 10 July 31-August 4	WEEK 11 August 7-11
<b>SCHOOL</b>	•	•	•	•	•	•
<b>OPTIONAL</b>	•	•	•	•	•	•
<b>SPORTS</b>		Grades 1-3				Grades 4-8
			Grades 1-3		Grades 1-3	
		Grades 4-8		Grades 1-3		
3	Grades 4-8				Grades 4-8	
	Grades 1-3		Grades 4-8			
				Grades 1-3		
8						
<b>INTEREST</b>						
8	Grades 1-3		Grades 1-3			
					Grades 1-3	Grades 1-3
		Grades 1-3				
3	Grades 1-3		Grades 1-3			
				Grades 4-8		
				Grades 4-8		
		Grades 1-3 Grades 4-8				Grades 1-3
			Grades 4-8			Grades 4-8
	Grades 4-8					
				Grades 1-3	Grades 1-3	
<b>TRAVELING</b>						
ors		Water Park Hop	Summer Vacation	Water Park Hop	All Around Town	Water Park Hop
<b>ACTIVITIES</b>						
	Sharks & Minnows Grades 4-8				Hawaiian Luau Grades 1-3	

**SUMMER CAMP SCHEDULE**

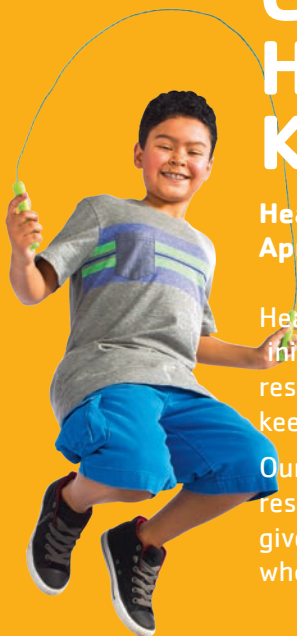
\*These Special Interest camps are available for limited financial assistance but not for special pricing.

# CELEBRATE HEALTHY KIDS!

Healthy Kids Day  
April 29, 2017

Healthy Kids Day is a national YMCA initiative to provide families with resources, activities and programs to keep your kids healthy, active and inspired!

Our event is packed with community resources and active games, and it also gives parents a chance to meet Y staff who will be with your kids all summer long!



**HEALTHY  
KIDS DAY**<sup>®</sup>  
A YMCA Initiative

## TRAVELING CAMPS



**9am-4pm**

Campers will enjoy a new field trip every day.

### Water Park Hop

Grades 4-8

Week 3: June 12-16

Week 7: July 10-14

Week 9: July 24-28

Week 11: August 7-11

Whether you love water slides or relaxing in a lazy river, this camp will meet all of your water park adventure dreams. Campers will explore a variety of water parks in the area, attending a new park each day of the week. In the case of inclement weather alternate field trips will be planned.

Camp Fee: \$280/week

**Members Pay Only: \$250/week**

### Playground Hop

Week 3: June 12-16 • Grades 1-3

Each day we will explore a new playground! We will learn a variety of playground games, and activities. In case of inclement weather, other activities will be planned.

Camp Fee: \$260

**Members Pay Only: \$230**

### The Great Outdoors

Week 5: June 26-30 • Grades 4-8

Love the outdoors? This camp will be filled with outdoor activities to bring you a little closer to nature. Learn basic outdoor survival skills and experience great adventures in the great outdoors. The majority of this camp will take place in August A. Busch Memorial Conservation Area in Weldon Spring.

Camp Fee: \$260

**Members Pay Only: \$230**

### Summer Vacation

**Week 8: July 17-21 • Grades 4-8**

Campers will enjoy an exciting week of Summer Vacation while visiting various attractions and adventures around St. Louis. All adventures will be related to water including visiting local water parks, and taking a Riverboat Cruise, etc. We hope to make this week the best week of summer vacation ever!

**Camp Fee: \$260**

**Members Pay Only: \$230**

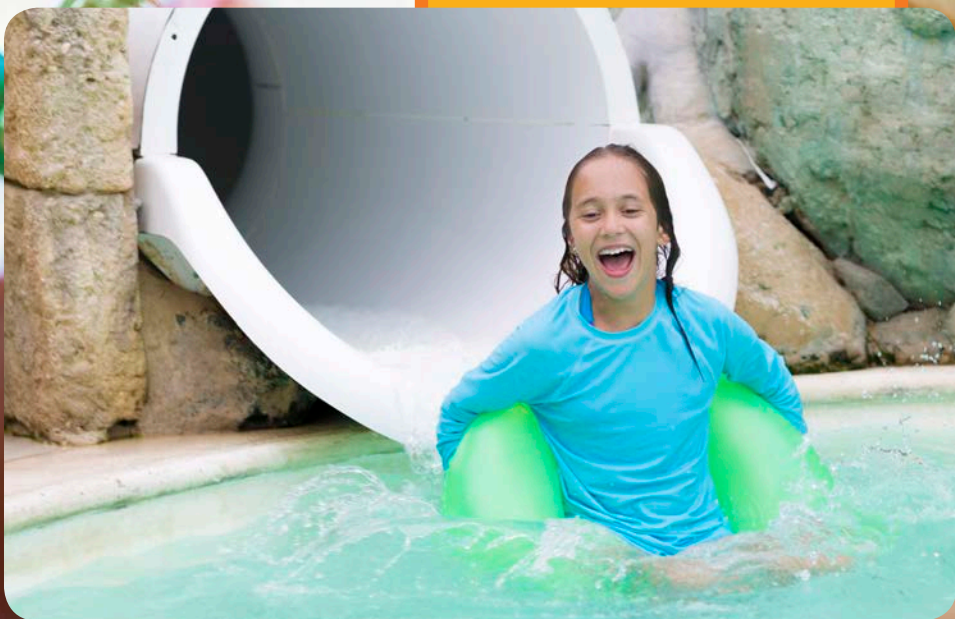
### All Around Town

**Week 10: July 31-August 4  
Grades 4-8**

Campers will tour the city and journey to the best places the St. Louis area has to offer as they travel each day to a new destination and discover thrills and adventures. They will visit places like the City Museum, Busch Stadium, etc.

**Camp Fee: \$260**

**Members Pay Only: \$230**



\*These Special Interest camps are available for limited financial assistance but not for special pricing.

# REGISTRATION CHECKLIST

**When registering, remember to complete the following:**

- Completely fill out enrollment packet, which includes:
  - Camp Registration Information
  - Enrollment forms
- EFT form
- Supply Immunization records for Preschool Campers only
- Supply IEP, BMP, or 504 Plan including Inclusion Services forms (if applicable)
- Supply Chronic Health paperwork (if applicable)
- Supply DFS Foster Child approval letter (if applicable)
- Supply Financial Assistance approval letter (if applicable)
- Read the Family Handbook
- Pay \$15 deposits for each week registered for camp

All forms necessary for registration can be downloaded from our website, [www.gwrymca.org/ofallonmo](http://www.gwrymca.org/ofallonmo) or picked up at the O'Fallon Family YMCA. Online registration for camp is available. Please note: registrations made online do not complete your child's registration process and additional forms are required. These forms are available on our branch website or can be picked up at the Welcome Center. Completed forms must be turned in to the branch no later than 2 weeks prior to your child's first day of camp.

Autodraft is the preferred method of payment. You can pay for each week of camp by the specified deadlines as stated in your Family Handbook. Payment options include; online or at the Welcome Center. Methods of payment accepted are cash, check, credit, debit, or money order.

## INCLUSION SERVICES

The YMCA provides inclusive programming and reasonable accommodations for all of our program participants. Completed forms must be submitted to the YMCA branch a minimum of two weeks prior to your child's expected camp start date. Factors affecting your child's start date include: late enrollment, submission of incomplete or out-of-date paperwork, and availability of appropriate staff to help facilitate your child's successful participation in the program. Paperwork is processed in the order received.







## FAST

**Week 1: May 30 – June 2 • Ages 13-17**  
 Future Aquatics Staff Training, or FAST, is a chance for teens to learn some of the basic life-saving skills one would need to know to become a certified lifeguard. Campers will learn basic first aid and CPR, water rescues, and safety around water tips. In addition, campers will practice skills such as creating a resume and how to interview for a job. This camp will come with the opportunity to serve as a CIT for the rest of the summer  
 Camp Fee: \$165  
**Members Pay Only: \$135**

# AQUATICS CAMP



**9 am-4 pm**

Aquatics camps will take weekly field trips to be announced in Spring 2017.

## Take the Plunge

**Week 2: June 5-9 • Grades 1-3**  
 Campers will be introduced to new and exciting water games and activities that will help to boost self-confidence while in the water. Campers will receive mini swim lessons and have free swim time every day of camp! They will also participate in various land-based water games that aim to develop teamwork and sportsmanship while having fun!  
 Camp Fee: \$165  
**Members Pay Only: \$135**

### Y MEMBER SPECIALS

\$100 off sessions 1-3  
 \$45 off sessions 4-10

# GROWING GREAT KIDS

Overnight Summer Camp  
**YMCA CAMP LAKEWOOD**

**888-FUN-YMCA**      **camplakewood.org**

- Archery & Riflery
- Arts & Crafts
- Climbing Tower
- Zip Line & Tennis
- Nature Center
- Windsurfing
- Canoes & Kayaks
- Swimming
- Horseback Riding
- Basketball
- Fishing & Caving
- Rugby & Soccer
- Football & Hockey
- Volleyball
- Cabin Activities
- All-Camp Games
- 5,200 acres
- 360-acre lake
- and MUCH more!

Kids ages 6-17 love Camp Lakewood for the fun activities, new friends and counselors who come from the world over. Parents love Camp Lakewood for the lessons in respect, accomplishments and broadening horizons. This is why campers and parents alike call Camp Lakewood "My Camp." Visit us at [camplakewood.org](http://camplakewood.org) for all of the details.

### 2017 Open House Dates

Visit the property, talk with our staff and try some of the activities. Make a day of it!

Sun., Mar. 26 1-4 pm    Sun., Apr. 9 1-4 pm  
 Sun., Apr. 30 1-4 pm    Sun., May 21 1-4 pm

13528 Highway AA, Potosi, MO 63664 888-FUN-YMCA

**Drip, Drip, Drench**

**Week 4: June 19-23 • Grades 1-3**

This water filled camp is no work and all play, all day. A variety of water activity games will be played each day in the pool and on land.

**Camp Fee: \$165**

**Members Pay Only: \$135**

**Sharks & Minnows**

**Week 6: July 3-7 • Grades 4-8**

Learn about different plants and animals that live in the water. Discover ways we can have fun in the water and learn about water safety.

**Camp Fee: \$165**

**Members Pay Only: \$135**

**Hawaiian Luau**

**Week 10: July 31-August 4**

**Grades 1-3**

Summer is the perfect time for laying out on the beach. "Hawaiian Luau" is a week full of local beach activities right in our very own pool. Between "swimming with the fishes" and hand made lei's, kids may never want to leave their Y-Camp vacation.

**Camp Fee: \$165**

**Members Pay Only: \$135**

**CAMP KEY**



**SUN** = held outside

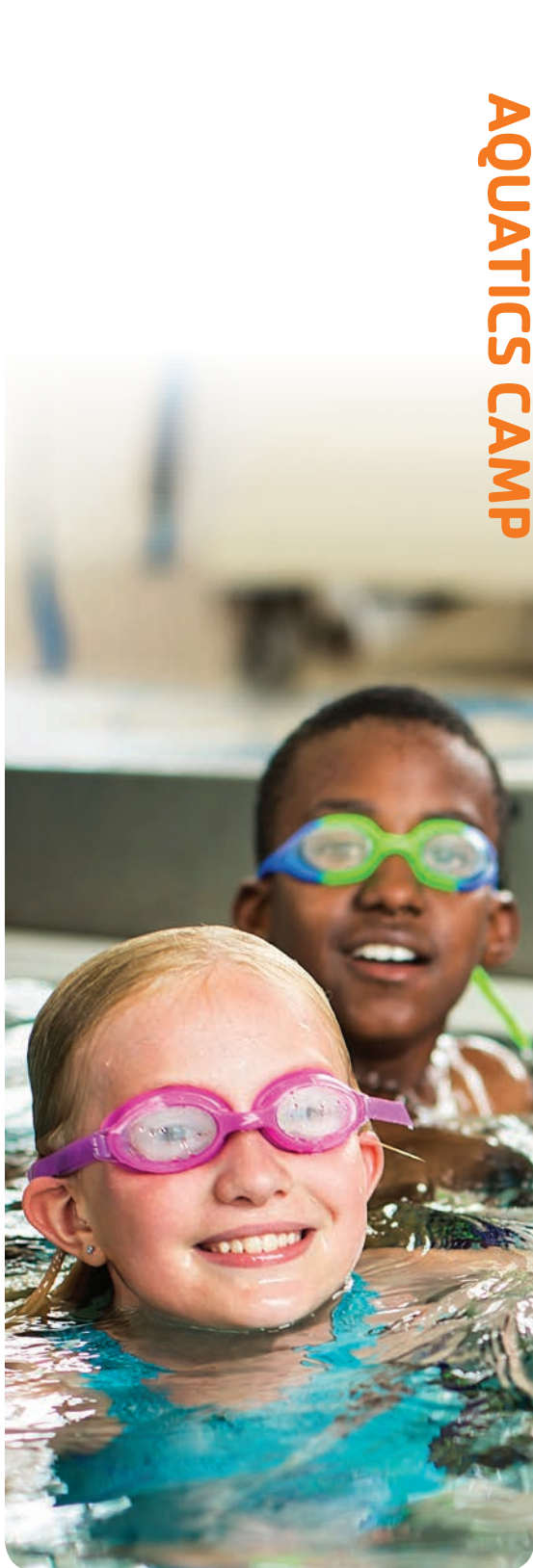


**BUS** = weekly field trip



**WAVE** = swimming

Please note that occasionally camp scheduling and content are subject to change. Parents/guardians will be notified of any changes prior to the beginning of camp.





## Counselor In Training (CIT)

CITs will be provided with a hands-on experience working with young campers and the opportunity to cultivate their skills and knowledge in the day camp setting. CIT application, interview, training and a 4-week commitment required.

\$150 Fee (CIT must commit to a minimum of 4 Weeks)

Applications available at YMCA service center for ages 14-17.

APPLICATIONS ARE DUE BY APRIL 14, 2017

Contact Brandi Horton (636) 379-0092  
brandi.horton@gwymca.org



**JANUARY**

- 2 - Winter Classes Begin
- 31 - Last Day for 20% Early Bird Savings\*

**FEBRUARY**

- 20 - Spring I Classes Begin
- 28 - Last Day for 15% Savings\*

**MARCH**

- 31 - Last Day for 10% Savings\*

**APRIL**

- 10 - Spring II Classes Begin
- 29 - Healthy Kids Day

**MAY**

- 25 - Camp Counselor Meet n' Greet
- 29 - Memorial Day (No Camp)
- 29 - Summer I Classes Begin
- 30 - Camp Begins

**JUNE**

**JULY**

- 4 - July 4th (No Camp)
- 10 - Summer II Classes Begin

**AUGUST**

- 11 - Last day of camp

\*See page 11 for details

**COME TO LEARN  
RETURN TO SERVE**

**YMCA Central Leaders School**  
Illinois College in Jacksonville, IL  
**July 16-22, 2017**  
[www.leaders-school.org](http://www.leaders-school.org)

YMCA Central Leaders School is an exciting, supportive atmosphere for teens to learn about themselves and others.

For teens completing grades 6-12 who are active in a Leaders Club or other service opportunities at their local YMCA or community. For more information contact: Danny Manselle, Teen Director [danny.manselle@gwymca.org](mailto:danny.manselle@gwymca.org)

**Register by May 15 for discounted rates.**



## Camp Out\*\*

Thursday, July 20

Our Survival Rangers will enjoy an overnight adventure in the great outdoors.

More details about this overnight camp out will be available late spring 2017.



## Camp Costs:

Members: \$130;

Non-Members: \$150;

Includes Fun Club

# Outdoor Rangers Camps

Formally known as Y-NPS Play, Learn, Serve, Work Outdoors

The Gateway Region Y, in continued partnership with the US National Park Service, Missouri State Parks, Army Corps of Engineers and US Fish and Wild Life Service, is excited to continue to offer 5 weeks of fun and educational camp opportunities. Campers will enjoy nature at its best exploring the outdoors of Missouri.

## River Rangers

Meander the flood plain during this unique camp that combines outdoor adventure, river navigation and environmental education. Activities may include canoeing, archery, geocache hiking and more. Ages 5-13.

June 12-16

## Rock Rangers

What does Southern MO have in common with Yosemite? Come climb, crawl and carve your way through the rocks of Missouri to find out. Activities may include caving in Fisher Cave, exploring the history of mining and the rocks of Washington State Park and more. Ages 5-13

June 19-23

## Bike Rangers

Pedal your way through the parks and trails around St. Louis and learn basic skills, maintenance, etiquette and bike safety. 24 bikes available for campers without their own bike. Campers must have some bicycling experience. Ages 7-13

June 26-30

## Nature Rangers

Visit a National Wildlife Refuge and get into nature this week. Real park rangers will teach you how to catch bugs, fish, watch for birds and be a wildlife detective. Ages 5-13

July 10-14

## Survival Rangers

Put your outdoor skills to the test in our Survival Rangers camp. Explore camping and survival techniques in a week of adventure. Activities may include fishing, shelter building and outdoor cooking.

\*\*Campers will participate in an overnight on July 20. Ages 7-13

July 17-21

For more information about the Outdoor Rangers Camp contact, Cheryl at 314.644.3100 or [cheryl.roe@gwrymca.org](mailto:cheryl.roe@gwrymca.org)

\*Camps will be based at the South City YMCA with transportation to and from base camp provided from the Carondelet Park Rec Complex. Fun Club participation is located at the branch of camp registration.

# WHAT YOU NEED TO KNOW

## Deposits

A \$15 per week/per child deposit is due at the time of registration. Deposit is non-refundable and non-transferable.

## Transfers

Deposits are not transferable. No changes accepted after the Monday prior to the start of camp week. More details available in the Family Handbook.

## Balance

The full balance of a camp session must be paid by the Wednesday prior to the start of each camp session.

## Late Payments

If you do not make the deadline for a session's payment, you will incur a \$25 late fee.

## Dropped from Camp

Your child will be dropped from the program if full payment including the late fee is not received by Friday noon prior to start of camp. Deposit will be forfeited.

## Refunds

Refunds/credits issued if the Y cancels the program except in the case of inclement weather.

## Withdrawals

If you withdraw from a program, a refund/credit minus deposit will be issued if requested in writing and received by the camp registrar one week prior to camp starting.

## Cancellations

All camps are subject to cancellation due to low enrollment. Camp cancellation is determined by Wednesday prior to camp starting. For all policies/procedures, see Camp Family Handbook.



## Age 5 Campers

All children age 5+ may attend a full day camp program provided they have completed a full day educational environment for at least one year prior to enrollment in day camp programs. No naps provided. 5 year-old attendance will be evaluated on an ongoing basis to ensure positive camp experience and child's readiness for full day activities. Camp is based upon chronological age, not developmental age. We may request that a birth certificate be presented for age 5 campers if needed.

## Please note

Occasionally camp scheduling and content are subject to change. Parents will be notified of any changes.

## Camp Wait List

No charge to be placed on a waiting list. We will contact you if a spot opens. Payment is due at that time.

## Camp Drop Off & Pick Up

No need to get out of your car! Beginning at 8:50 am, we will greet you at your car window for you to sign your child into our care. 4pm curbside pickup is available for camp only. Children in after care Fun Club must be signed out with Fun Club staff by 6pm.



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

**O'Fallon Family YMCA**  
3451 Pheasant Meadow Drive  
O'Fallon, MO 63368  
(636) 379.0092  
[www.gwryymca.org/ofallonmo](http://www.gwryymca.org/ofallonmo)



# SUMMER UNPLUGGED

## REGISTER EARLY AND SAVE!

Early Bird Special - Time to Sign Up: December 26 to January 31

- 20% OFF up to three weeks of camp

Summer Blast - Time to Sign Up: February 1 to February 28

- 15% OFF up to three weeks of camp

Summer is Right Around the Corner: March 1 to March 31

- 10% OFF up to three weeks of camp

Discount will be applied in person or at the branch or if registering online the Camp Registrar will notify you through confirmation email the discount has been applied. Not all camps are eligible for discount. Camp deposit required upon registration. Cannot be combined with any other offer. Does not apply to Camp Lakewood, C.I.T. or Fun Club.