



the

FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

SUMMER UNPLUGGED



SUMMER
CAMP
2017



SOUTH CITY FAMILY YMCA

www.gwryymca.org

CONTENT

Important Information.....	3,7,15,16,23
Traditional	4-6,8
Special Interest	9, 10
Sports.....	11, 12
Counselors in Training.....	20
Fun Club Extended Care.....	7
Aquatics.....	18
Camp Schedule.....	12-13

CAMP CONTACTS

OUR CAMP STAFF:

Cheryl Roe
District Director of Child Care
314.644.3100 x237
cheryl.roe@gwrymca.org

Billie Thurmond
YClub, Teen & Camp Director
314.644.3100 x238
billie.thurmond@gwrymca.org

Jon Grush, Youth Sports Director
314.644.3100 x249
jon.grush@gwrymca.org

Taryn Perkins, Aquatics Director
314.644.3100
taryn.perkins@gwrymca.org

Stephanie Hood, Camp Registrar
314.644.3100 x243
stephanie.hood@gwrymca.org

YMCA MISSION: To put Christian principles into practice through programs that build healthy spirit, mind and body for all.



WELCOME TO CAMP

SOUTH CITY FAMILY YMCA

3150 Sublette Ave
St Louis, MO 63139
phone: 314.644.3100
email: southcity@gwrymca.org
website: www.gwrymca.org/southcity

Camp Hours

Full Day Camps run Monday-Friday
9am-3:45 pm
No campers signed in after 10am.
9:15am on field trip days.

***Freeze Time:** 8:45-9am, 3:45-4pm
See page 7 for more information about Freeze Time policy.

Fun Club Extended Care (before & after camp care) is available for all full-day camps only: 6:30-8:30am and 4:15-6 pm for \$5/AM and \$10/PM per week. Held outside, weather permitting.

We ask that no campers be picked up before 4pm, to ensure all participants get to enjoy all camp activities.

SAVE ON CAMP!

Did you know that Y members receive the lowest rates for camp? Ask us about membership today!

Camp Counselor Meet n' Greet

May 18

SOUTH CITY FAMILY YMCA

6:30 pm - 8pm

Parents of new and returning campers are highly encouraged to attend our Meet n' Greet. Important information will be shared to ensure your camper will be prepared and have a positive first experience. Parents will also have the opportunity to meet the camp staff and ask specific questions. We encourage you to bring the family for a BBQ and an evening of family fun. The pool and slide will be open.

**Register Early!
Space is Limited!**

Welcome Families & Campers

At the SOUTH CITY FAMILY Y, we have an action-packed program planned this summer, where young people can make new friends while having a whole lot of fun! The trained and dedicated staff, age-appropriate activities, new camps, field trips, team building, sports and crafts come together to make an unforgettable summer. Our focus is on developing the potential of every camper, while creating a warm and nurturing environment where all campers can play, challenge themselves, and make friends. We strive to engage our campers with values-driven, mentally and physically rewarding activities.

-Billie Thurmond, Camp Director

WHAT YOU NEED TO KNOW

First Day to Register

Summer Camp registration will begin on Monday, December 26.

All required enrollment forms must be completed in full & received prior to attending camp.

How to Register

In person, online or fax. Download enrollment packets at www.gwrymca.org/southcity. More details are also available in the back of this brochure.

Financial Assistance Policy

As a charitable nonprofit organization, the Gateway Region YMCA makes financial assistance available to help ensure that all have the opportunity to learn, grow and thrive through programs like summer day camp. For more information or to help send another child to camp by making a donation to the Y's Annual Campaign, call (314) 644-3100.



TRADITIONAL

Camp Hillside: Ages 5 - 10
Camp Hilltop: Ages 11 - 13
9 am - 4 pm



Offered through the entire summer for ages 5-13, Traditional Camp is designed for a wide variety of conventional interests that include arts & crafts, group games, nature exploration, swimming, field trips and more. Camps are themed weekly. Campers are typically grouped by ages they are at the time of the camp. Most camp activities will be held outdoors with indoor activities provided based on the day and theme.

Camp Fee: \$120/week
Members Pay Only: \$100/week

HILLSIDE WEEKLY THEMES Ages 5 - 10

Superheroes

Week 1: May 30-June 2

It's a bird, it's a plane, it's a Superhero!!! This week we will focus on safety and helping others. Campers will be creating their own superhero capes, playing superhero games, and finding their own super power. Activities may include a visit from a SWAT team doing a demonstration, STLFD Safe house presentation, a trip to the fire house, and a superhero party on Thursday. Children are invited to dress up as their favorite Superhero for our Superhero bash.

Field Trip: None

Let's Go Green

Week 2: June 5-9

Campers will learn about and begin to implement ways we can protect our environment while creating art projects using recycled materials. Campers will make a groovy tie dye shirt for camp.

Field Trip: TBA

CAMP KEY



SUN = held outside



BUS = weekly field trip



WAVE = swimming

TYPICAL DAY

6:30-8:30 Fun Club if registered

8:30-9:00 Drop Off

9:10-9:30 Freeze Time & Opening Ceremonies

9:45-10:30 Individual Group Activity

10:45-11:30 One group takes swim lessons while the other does camp activity.

11:45-12:30 Lunch

12:30-1:15 Individual Group Activity

1:15-3:30 M-TH Swimming & Group Activity

3:45-4:00 Freeze Time

4:15-6:00 Fun Club if registered

Timeless Travels

Week 3: June 12-16

Have you ever wondered what it would be like to travel back in time? Find out this week, starting all the way back to the age of the dinosaurs moving forward to the present day. Time travelers will go on a scavenger hunt to find dinosaurs. They will build a time machine where they will travel to different eras in history. Only time will tell what new adventures await this summer.

Field Trip: Science Center

Up, Up and Away

Week 4: June 19-23

Campers will learn about other planets and their uniqueness. Campers will design and create their own planets and what inhabits them. We will create foods from different countries and explore and experience different cultures.

Field Trip: James S. McDonnell Planetarium

The Great Outdoors Escape!

Week 5: June 26-30

Lace up those hiking boots as we get ready to tackle nature. Come spend time learning about the treasures of nature and explore the great outdoors. This week will be packed full of exciting sports, back yard games, and nature activities. You are sure to gain an appreciation of the outside world and be thoroughly entertained. Campers this week will experience seedling planting, trail mix creation (nut free), and scavenger hunts.

Field Trip: Queeny Park

Register at www.gwrymca.org

GROWING GREAT KIDS

Overnight Summer Camp YMCA CAMP LAKEWOOD

Riflery & Archery

Waterfront & Boating

Nature Center



Kids ages 6-17 • International Staff

Sports

Crafts

Horseback Riding



Making Friends • Accomplishing Goals

Games

Climbing Tower

Zip Line



This is "My Camp" and can be yours too!

\$45-\$100
Y Member
Special

5200 acres

Private Lake

2017 CAMP LAKEWOOD
OPEN HOUSES

Sun., March 26 1-4 pm

Sun., April 9 1-4 pm

Sun., April 30 1-4 pm

Sun., May 21 1-4 pm

888-FUN-YMCA
camplakewood.org



HILLSIDE CONT. Ages 5 - 10

Party in the USA

Week 6: July 3-7

Campers will celebrate our country while focusing on Independence Day. We will make "fireworks", sing song. Campers will explore how freedom is essential to be able to live out loud. We will focus on the men and women who serve in our armed forces. Field Trip: Waterpark

Box Office Blast

Week 7: July 10-14

The Hunger Games, Jurassic Park, Star Wars, and The Avengers are just some of the great movies our kids love. We have a camp for the movie lover in your family! Our activities will be based on and related to current and past blockbusters, including trivia and games, arts and crafts and treats. Field Trip: Movie Theater

Movin' and Groovin'

Through the Times

Week 8: July 17-21

Campers will learn about different dance styles from around the world and through the years. Campers will pick their favorite style and present their favorite to the rest of the campers at the end of the week. Everyone's a musician this week as we explore the science of sound and make beautiful music together! Field Trip: Skating Trip

Ultimate Challenges

Week 9: July 24-28

Campers will have fun with team challenges. They will explore and try new and crazy foods, make their way blindfolded through obstacle courses and be challenged with daring games and activities. Field Trip: TBA

Wacky Spirit Week

Week 10: July 31-Aug 4

Join us for a fun-filled week with different daily themes, such as Backwards Day, Inside Out Day, Wacky Wednesday, Freaky Friday. This week will also include our Annual Talent Show and Pie a Counselor Contest. Field Trip: None

REGISTER EARLY AND SAVE!

Early Bird Special

Time to Sign Up: December 26 to January 31

- 20% OFF up to three weeks of camp

Summer Blast

Time to Sign Up: February 1 to February 28

- 15% OFF up to three weeks of camp

Summer is Right Around the Corner

Time to Sign Up: March 1 to March 31

- 10% OFF up to three weeks of camp

Register online at www.gwrymca.org/monsanto

Discount will be applied in person at the branch, or if registering online, the Camp Registrar will notify you through confirmation email the discount has been applied. Not all camps are eligible for discount. Camp deposit required upon registration. Cannot be combined with any other offer. Does not apply to Camp Lakewood, C.I.T. (Counselor in Training) or Fun Club extended care.



SPECIAL PRICING

FUN CLUB

Before & After Camp Extended Care

Before Care: 6:30-8:30 am

After Care: 4:15-6 pm

Extended Care is a program which runs before and after normal camp hours. This program helps meet the needs of working parents/guardians. Children may select activities from four different interest areas, such as a sports activity, creative arts activity, table games or small group games.

A light snack will be provided in After Care.

Cost: \$5/week for before care only

\$10/week for after care only

FREEZE TIME

Sign in & Out Policy

8:45-9:00 am, 3:45-4 pm

For the safety of all of our campers and to ensure an organized, secure and easy sign-in process, we have created a "Freeze Time" policy. No child can be signed in or out at the above times to ensure all children are accounted for and where they belong.



Camp Impressions

Week 1: May 30–June 2

Campers will work together with fun and hands-on team building activities to create a friendly and bully-free summer camp experience. Campers will dialogue on how we perceive ourselves and how others sometimes see us differently, and how it is OK to be “YOU”!

Field Trip: None

Brick Building Wars

Week 2: June 5–9

Brick Building tasks will be presented each day with an emphasis on collaboration, teamwork, and creativity. Strategic Planning and thinking in 3-D are just a few of the skills participants will work on in this camp

Field Trip: TBA

Secret Agent

Week 3: June 12–16

With a different mystery each day, campers will work together to solve riddles and break codes to find out who the guilty culprit is. We will observe fingerprints, teeth impressions, writing samples, etc. We will also be making our own secret codes and invisible ink.

Field Trip: Science Center

Astronomy Camp

Week 4: June 19–23

This camp will allow campers to explore the world beyond their imaginations. We will cover planets, comets, black holes, shooting stars, the Milky Way, and other galaxies millions of light years away. Campers will use their creativity to design and present their thoughts about space and the unknown.

Field Trip: James S. McDonnell Planetarium

Ready, Set, Race!

Week 5: June 26–30

Have a camper that loves to compete and loves challenges. This is the week for just that, your camper will be partnered up with another camper/s to do daily challenges, based off of the hit game show the Amazing Race. No worries no team will be eliminated from our camp but instead will build trust, teamwork, and patience.

Field Trip: Queeny Park

Party in the USA

Week 6: July 3–7

Campers will celebrate our country while focusing on Independence Day. We will make “fireworks”, sing song. Campers will explore how freedom is essential to be able to live out loud. We will focus on the men and women who serve in our armed forces.

Field Trip: Water Park

Box Office Blast

Week 7: July 10–14

The Hunger Games, Jurassic Park, Star Wars, and The Avengers are just some of the great movies our kids love. We have a camp for the movie lover in your family! Our activities will be based on and related to current and past blockbusters, including trivia and games, arts and crafts and treats.

Field Trip: Movie Theater

Movin’ and Groovin’ Through the Times

Week 8: July 17–21

Campers will learn about different dance styles from around the world and through the years. Campers will pick their favorite style and present their favorite to the rest of the campers at the end of the week. Everyone’s a musician this week as we explore the science of sound and make beautiful music together!

Field Trip: Skating Trip

Incredible Edible Camp

Week 9: July 24–28

The best fun is edible while campers learn and experiment with the basics of cooking and baking. Each day campers will spend some time in our kitchen cooking and baking. They will create some specialties and share them with each other.

Field Trip: TBA

Wacky Spirit Week

Week 10: July 31–Aug 4

Join us for a fun-filled week with different daily themes, such as Backwards Day, Inside Out Day, Wacky Wednesday, Freaky Friday. This week will also include our Annual Talent Show and Pie a Counselor Contest.

Field Trip: None

SPECIAL INTEREST CAMPS



are designed to offer activities focused on a particular interest, learning or progressive opportunity while incorporating overall traditional Y camp principles. Examples include waterpark hop, science, cooking and other activities. Camp size may be smaller in nature and may be offered either indoors or outdoors based on the specified interest. Ages 8 and up unless noted otherwise.

Camp Fee: \$145/week

Members Pay Only: \$125/week

9am–4pm

Sweet Treats

Week 2: June 5–9

Campers will have a blast this week in our baking camp. They will learn to read recipes, proper measuring, and mixing techniques. At the end of the week the camp will have their annual cupcake wars which will be based on taste, appearance, and presentation. If your camper loves to bake, this is the camp for them.

Field Trip: TBA

Artistic Expression

Week 3: June 12–16

Art camp has been around for years at the South City Family YMCA and this same will be no different than years past. Freedom of expression through the form of paint, sculpture, and words will be the focal point this year. With activities such as picture and word collages, sculpting our favorite things, making Picasso’s, and creating our own Starry Night. There won’t just be self-expression but self-discovery as well. What could be more beautiful than that?

Field Trip: None

Robotics Camp

Week 4: June 19–23

Mechanization is a way of life and the field of robotics is booming. Campers will start the week out using and defining simple machines. They then will work their way up to constructing a variety of robotics. Does your child like to build or take things apart to see how they work? Then this is the camp for them.

Field Trip: James S. McDonnell Planetarium

The City through a Lens

Week 5: June 26–30

Does your child love taking pictures or having their picture taken? This week campers will learn to take fantastic picture with a digital camera. They will learn about filters, image manipulation, and their subjects. The world of digital photography awaits those with an artistic eye.

Field Trip: Queeny Park

Adventures with a GoPRO!

Week 6: July 3–7

Have you ever wanted to show someone what you see when you are playing a game of kickball, biking or swimming? Come enjoy a week of adventures as you partner up with friends and use a GoPRO to record every fun moment.

Field Trip: Water Park

Music Video Maker

Week 7: July 10–14

Are you an aspiring music video star? Campers will divide into groups to rehearse, perform and re-shoot a music video doing your favorite dance moves, some acting and special effects!

Field Trip: Movie Theater

Biking through the City

Week 8: July 17–21

Campers will learn about navigation, help to pick destinations, eat healthy snacks, and have a great time exploring our local city parks by bike! We will provide bikes and helmets, to anyone who may need it. Must bring water bottle and back pack.

*Campers must know how to ride a bike on 2 wheels, ages 10 and up.

Field Trip: TBA



FIND THE GENIUS WITHIN

Power Scholars Academy™

a six-week needs-based summer program, serving students entering fourth through eighth grade, designed to not only tackle summer learning loss in math and reading, but to also foster physical and emotional growth. Program held in St. Louis City.



Breakfast & Community Time Literacy Math Lunch & Recreation STEM Arts Health

For registration and eligibility requirements for **Power Scholars Academy™** contact:

Jeff Hood
YMCA COMMUNITY DEVELOPMENT
jeff.hood@gwrymca.org or
314.776.7102

SPECIAL INTEREST CONT.

Cooking with the Sun Week 9: July 24–28

Have you ever heard the phrase, “it’s so hot outside I can fry an egg”? Campers will make a solar oven using recycled and new materials to fry that egg and make a cake. There is something magical about harnessing the power of our local star, the Sun.
Field Trip: TBA

Ultimate Warrior Week Week 10: July 31–Aug 4

Sweat, mud and fun! Come test your determination and strength with a week of fun team building challenges, minute games, warrior fun and more.
Field Trip: None

Please note that occasionally, camp scheduling and content are subject to change. Parents/guardians will be notified of any changes prior to the beginning of camp.



SPORTS CAMPS



Sports camps are full day camps that focus on a different sport each week, while also including traditional camp activities. Fun includes practicing drills, improving skills and playing ball in an environment that encourages teamwork and fosters good sportsmanship! All sports camps require tennis shoes, SPF, swimsuits and plenty of water! Ages 8–13

Camp Fee: \$145/week
Members Pay Only: \$125/week

9:00 am – 4:00 pm

Sports Sampler Camp Week 2: June 5–9

This camp’s got it all! Your camper will get to preview all that we have to offer this summer. Each day will feature a variety of different activities sure to excite all campers, including traditional and non-traditional sports.

Baseball/Softball Camp Week 3: June 12–16

Get ready to PLAY BALL! This camp is designed to develop and improve the skills of all players from rookies to veterans. Campers are encouraged to bring their own gloves, but we will have some on hand. Instruction on hitting, catching and fielding will be provided.

Soccer Camp Week 4: June 19–23 Week 11: Aug 7–11

Spend a week playing the most popular sport in the world! Campers will learn different techniques for striking a ball, dribbling, passing and, of course, how to score goals. Shinguards are recommended for all campers.

SUMMER CAMP SCHEDULE

WEEK 1
May 30-
June 2

WEEK 2
June 5-9

WEEK 3
June 12-16

WEEK 4
June 19-23

WEEK 5
June 26-30

WEEK 6
July 3-7

WEEK 7
July 10-14

WEEK 8
July 17-21

WEEK 9
July 24-28

WEEK 10
July 31-
August 4

WEEK 11
August
7-11

TRADITIONAL

Hillside
Ages 5
1/2-10

Superheroes

Let's Go
Green

Timeless
Travels

Up, Up and
Away

The Great
Outdoors
Escape!

Party in the
USA

Box Office
Blast

Movin' and
Groovin'
Through the
Times

Ultimate
Challenges

Wacky
Spirit Week

Hilltop
Ages
11-13

Camp
Impressions

Brick
Building
Wars

Secret
Agent

Astronomy
Camp

Ready, Set,
Race!

Party in the
USA

Box Office
Blast

Movin' and
Groovin'
Through the
Times

Incredible
Edible Camp

Wacky
Spirit Week

SPECIAL INTEREST

Sweet Treats

Artistic
Expression

Robotics
Camp

The City
Through a
Lens

Adventures
with
a GoPro!

Music Video
Maker

Biking
through the
City

Cooking
with the
Sun

Ultimate
Warrior
Week

SPORTS

Ages 8-13

Sports
Sampler

Baseball/
Softball
Camp

Soccer
Camp

Basketball
Camp

Gridiron
Camp

Sports of all
Sorts

Volleyball
Camp

Basketball
Camp

Soccer
Camp

AQUATICS

Ages 7-13

Artful Antics

Junior
Lifeguard

Waterpark
Hop

All Star
Swim

Water Fun

Waterpark
Hop

OUTDOOR RANGERS

River
Rangers
Ages 5-13

Rock
Rangers
Ages 5-13

Bike
Rangers
Ages 7-13

Nature
Rangers
Ages 5-13

Survival
Rangers
Ages 7-13

COUNSELOR IN TRAINING



SPORTS CONT.

Basketball Camp

Week 5: June 26–30

Week 10: July 31–Aug 4

What better place for your camper to learn the finer points of the game than where the sport originated? The YMCA invented basketball and is ready to help kids learn to defend, dribble, pass and shoot and score!

Gridiron Camp

Week 7: July 10–14

This camp is sure to be a touchdown with all football lovers! Campers will learn the fundamentals of the game in a safe environment without all the contact. Your camper will be playing under the lights in no time!

Sports of all Sorts

Week 8: July 17–21

There's something for everyone in this camp! Campers will enjoy playing a variety of non-traditional sports during this action packed week. Activities will include kickball, capture the flag, ultimate Frisbee and more.

Volleyball Camp

Week 9: July 24–28

Bump, set and spike your way into a fun-filled week! Your child will learn volleyball strategy through a variety of fun games and scrimmages. Campers will have the opportunity to tie dye their own volleyball 'jersey' at the end of the week.

LUNCH & SNACKS

Breakfast is served 7–8am and lunch 11am–noon. Lunch is available through the Summer Food Program. Our meals are not nut free. Campers may bring their own breakfast, lunch and afternoon snack. Refrigeration is not available. During Week One of camp all campers should bring their lunch, the St. Louis Summer Food Program should begin by Week Two of Camp. Parents will have access to the menu.

Afternoon snacks are included in After Care.



REGISTRATION CHECKLIST

When registering, please remember to complete all applicable forms.

- Completely fill out enrollment packet, which includes:
 - Camp Registration Information
 - Enrollment forms
 - EFT form
- Supply Immunization records for Preschool Campers only
- Supply IEP, BMP, or 504 Plan including Inclusion Services forms (if applicable)
- Supply Chronic Health paperwork (if applicable)
- Supply DFS/Foster Child approval letter (if applicable)
- Supply Financial Assistance approval letter (if applicable)
- Read the Family Handbook
- Pay \$15 deposits for each week registered for camp. \$2 AM Fun Club and \$3 PM Fun Club deposits due at registration time.

All forms necessary for registration can be downloaded from our website, www.gwrymca.org/southcity or picked up at the SOUTH CITY FAMILY YMCA. Online registration for camp is available. Please note: registrations made online do not complete your child's registration process and additional forms are required. These forms are available on our branch website or can be picked up at the Welcome Center. Completed forms must be turned in to the branch no later than 2 weeks prior to your child's first day of camp.

Autodraft is the preferred method of payment. You can pay for each week of camp by the specified deadlines as stated in your Family Handbook. Payment options include; online or at the Welcome Center. Methods of payment accepted are cash, check, credit, debit, or money order.

INCLUSION SERVICES

The YMCA provides inclusive programming and reasonable accommodations for all of our program participants. Completed forms must be submitted to the YMCA branch a minimum of two weeks prior to your child's expected camp start date. Factors affecting your child's start date include: late enrollment, submission of incomplete or out-of-date paperwork, and availability of appropriate staff to help facilitate your child's successful participation in the program. Paperwork is processed in the order received.





AQUATICS CAMP



Campers jump in the pool everyday! Focus is on instructional, recreational and educational pursuits around swimming. Campers must have appropriate swimming suits each day or they will be sent home. Ages 7-13

Camp Fee: \$145/week
Members Pay Only: \$125/week
Unless indicated

9:00 am - 4:00 pm

Artful Antics

Week 2: June 5-9

Games and crafts are all art inspired. Campers will be energized with a wide range of interesting art projects, enjoy spending time outdoors playing games that awaken the artist in all of us. At the end of the day, campers will be spending the afternoon swimming in the pool. Bring your creativity and come spend the week with us!

Junior Lifeguard

Week 4: June 19-23

Staff will lead campers in age-appropriate activities and games, emphasizing basic lifesaving and water rescue skills in a fun and interactive manner. Campers will learn basics of first aid and lifeguarding skills, this is not a certification course.

Waterpark Hop ages 6-13

Week 5: June 26-30

Week 9: July 24-28

Campers will explore different water parks throughout the St. Louis area. Each day we will start out with a traditional camp schedule with activities and then head out to the chosen water park for some splashing fun! Campers must be at least 48 inches tall.

Camp Fee: \$190/week
Members Pay Only: \$150/week

All Star Swim

Week 7: July 10-14

Take swimming to the next level with stroke clinics, dry land training, and expert advice from experienced instructors. Every morning will start with one hours of swim practice, followed by a critiquing session of informational videos.

Water Fun

Week 8: July 17-21

Campers will splash around in the pool while learning how to make water fitness FUN!





Y MEMBER SPECIALS
 \$100 off sessions 1-3
 \$45 off sessions 4-10

GROWING GREAT KIDS

Overnight Summer Camp
YMCA CAMP LAKEWOOD

888-FUN-YMCA camplakewood.org

- Archery & Riflery
- Arts & Crafts
- Climbing Tower
- Zip Line & Tennis
- Nature Center
- Windsurfing
- Canoes & Kayaks
- Swimming
- Horseback Riding
- Basketball
- Fishing & Caving
- Rugby & Soccer
- Football & Hockey
- Volleyball
- Cabin Activities
- All-Camp Games
- 5,200 acres
- 360-acre lake
- and MUCH more!

Kids ages 6-17 love Camp Lakewood for the fun activities, new friends and counselors who come from the world over. Parents love Camp Lakewood for the lessons in respect, accomplishments and broadening horizons. This is why campers and parents alike call Camp Lakewood "My Camp." Visit us at camplakewood.org for all of the details.

2017 Open House Dates

Visit the property, talk with our staff and try some of the activities. Make a day of it!

Sun., Mar. 26 1-4 pm Sun., Apr. 9 1-4 pm
Sun., Apr. 30 1-4 pm Sun., May 21 1-4 pm

13528 Highway AA, Potosi, MO 63664 888-FUN-YMCA

CELEBRATE HEALTHY KIDS!

Healthy Kids Day
April 29, 2017

Healthy Kids Day is a national YMCA initiative to provide families with resources, activities and programs to keep your kids healthy, active and inspired!

Our event is packed with community resources and active games, and it also gives parents a chance to meet Y staff and camp counselors who will be with your kids all summer long!



**HEALTHY
KIDS DAY®**
A YMCA Initiative



Counselor In Training (CIT)

CITs will be provided with a hands-on experience working with young campers and the opportunity to cultivate their skills and knowledge in the day camp setting. CIT application, interview, training and a 4-week commitment required. Weeks 5 - 8, June 26-July 21.

\$150 Fee (CIT must commit to a minimum of 4 Weeks)

Applications available at YMCA service center for ages 14-17.

APPLICATIONS ARE DUE BY APRIL 17, 2016

Contact Billie Thurmond, 314.644.3100 or billie.thurmond@gwrymca.org



JANUARY

2 - Winter Classes Begin
31 - Last Day for 20%
Early Bird Savings*

FEBRUARY

20 - Spring I Classes Begin
28 - Last Day for 15%
Savings*

MARCH

31 - Last Day for 10%
Savings*

APRIL

10 - Spring II Classes Begin
29 - Healthy Kids Day

MAY

18 - Camp Counselor
Meet n' Greet
29 - Memorial Day (No
Camp)
29 - Summer I Classes Begin
30 - Camp Begins

JUNE

JULY

4 - July 4th (No Camp)
10 - Summer II Classes
Begin

AUGUST

11 - Last day of camp

*See page 7 for details

IMPORTANT DATES



COME TO LEARN RETURN TO SERVE

YMCA Central Leaders School

Illinois College in Jacksonville, IL

July 16-22, 2017

www.leaders-school.org

YMCA Central Leaders School is an exciting, supportive atmosphere for teens to learn about themselves and others.

For teens completing grades 6-12 who are active in a Leaders Club or other service opportunities at their local YMCA or community. Contact Billie, Teen Director billie.thurmond@gwrymca.org for more information.

**Register by May 15 for
discounted rates.**

Camp Out**

Thursday, July 20

Our Survival Rangers will enjoy an overnight adventure in the great outdoors.

More details about this overnight camp out will be available late spring 2017.



Camp Costs:

Members: \$130;
Non-Members: \$150;
Includes Fun Club

Outdoor Rangers Camps

Play, Learn, Serve, Work Outdoors

Formally known as Y-NPS

The Gateway Region Y, in continued partnership with the US National Park Service, Missouri State Parks, Army Corps of Engineers and US Fish and Wild Life Service, is excited to continue to offer 5 weeks of fun and educational camp opportunities. Campers will enjoy nature at its best exploring the outdoors of Missouri.

River Rangers

Meander the flood plain during this unique camp that combines outdoor adventure, river navigation and environmental education. Activities may include canoeing, archery, geocache hiking and more. Ages 5-13.

June 12-16

Rock Rangers

What does Southern MO have in common with Yosemite? Come climb, crawl and carve your way through the rocks of Missouri to find out. Activities may include caving in Fisher Cave, exploring the history of mining and the rocks of Washington State Park and more. Ages 5-13

June 19-23

Bike Rangers

Pedal your way through the parks and trails around St. Louis and learn basic skills, maintenance, etiquette and bike safety. 24 bikes available for campers without their own bike. Campers must have some bicycling experience. Ages 7-13

June 26-30

Nature Rangers

Visit a National Wildlife Refuge and get into nature this week. Real park rangers will teach you how to catch bugs, fish, watch for birds and be a wildlife detective. Ages 5-13

July 10-14

Survival Rangers

Put your outdoor skills to the test in our Survival Rangers camp. Explore camping and survival techniques in a week of adventure. Activities may include fishing, shelter building and outdoor cooking.

**Campers will participate in an overnight on July 20. Ages 7-13

July 17-21

For more information about the Outdoor Rangers Camp contact, Cheryl at 314.644.3100 or cheryl.roe@gwrymca.org

*Camps will be based at the South City YMCA with transportation to and from base camp provided from the Carondelet Park Rec Complex. Fun Club participation is located at the branch of camp registration.

WHAT YOU NEED TO KNOW

Deposits

A \$15 per week/per child deposit is due at the time of registration. A \$2 for AM and \$3 for PM deposit for Fun Club is due at time of registration. Deposit is non-refundable and non-transferable.

Transfers

A \$20 fee per camper/per session will be charged for all changes. No changes accepted after the Monday prior to the start of camp week.

Balance

The full balance of a camp session must be paid by the Wednesday prior to the start of each camp session.

Late Payments

If you do not make the deadline for a session's payment, you will incur a \$10 per day late fee.

Dropped from Camp

Your child will be dropped from the program if full payment including the late fee is not received by Friday noon prior to start of camp. Deposit will be forfeited.

Refunds

Refunds/credits issued if the Y cancels the program except in the case of inclement weather.

Withdrawals

If you withdraw from a program, a refund/credit minus deposit will be issued if requested in writing and received by the camp registrar one week prior to camp starting.

Cancellations

All camps are subject to cancellation due to low enrollment. Camp cancellation is determined by Wednesday prior to camp starting. For all policies/procedures, see Camp Family Handbook.



Age 5 Campers

All children age 5+ may attend a full day camp program provided they have completed a full day educational environment for at least one year prior to enrollment in day camp programs. No naps provided. 5 year-old attendance will be evaluated on an ongoing basis to ensure positive camp experience and child's readiness for full day activities. Camp is based upon chronological age, not developmental age. We may request that a birth certificate be presented for age 5 campers if needed.

Please note

Occasionally camp scheduling and content are subject to change. Parents will be notified of any changes.

Camp Wait List

No charge to be placed on a waiting list. We will contact you if a spot opens. Payment is due at that time.

Freeze Time:

8:45-9am, 3:45-4pm

See page 7 for more information about Freeze Time policy.

Fun Club Extended Care (before & after camp care)

is available for all full-day camps only: 6:30-8:30am and 4:15-6 pm for \$5/AM and \$10/PM per week. Held outside, weather permitting.

We ask that no campers be picked up before 4pm, to ensure all participants get to enjoy all camp activities.

Register at gwrymca.org | 23



SOUTH CITY FAMILY YMCA
3150 Sublette Ave
St Louis, MO 63139
314.644.3100
www.gwryymca.org/southcity



SUMMER UNPLUGGED

REGISTER EARLY AND SAVE!

Early Bird Special - Time to Sign Up: December 26 to January 31

- 20% OFF up to three weeks of camp

Summer Blast - Time to Sign Up: February 1 to February 28

- 15% OFF up to three weeks of camp

Summer is Right Around the Corner: March 1 to March 31

- 10% OFF up to three weeks of camp

Discount will be applied in person or at the branch or if registering online the Camp Registrar will notify you through confirmation email the discount has been applied. Not all camps are eligible for discount. Camp deposit required upon registration. Cannot be combined with any other offer. Does not apply to Camp Lakewood, C.I.T. or Fun Club.